Athos Othonos M.D.

HOMEOPATHY
MATERIA MEDICA vol. 2

HOLISTIC MEDICINE

Athos Othonos
Homeopathic Medical Doctor

HOMEOPATHY:
MATERIA MEDICA VOL. 2

Constitutional Pictures of Lachesis,
Lycopodium and Sulphur

HOLISTIC MEDICINE

Find the author's books on the website www.homeomed.gr

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TRANSLATED BOOKS OF THE AUTHOR

Medical

Introduction to the Homeopathic Medicine
Homeopathic Case Taking
Homeopathic Materia Medica, 4 volumes
The Classical Miasmatic Constitutional Homeopathy
The Theory of Miasms
Acute Illnesses: Diagnosis and Treatment
Materia Medica of Acute Illnesses
Repertory of Acute Illnesses
E-Learning on Classical Homeopathy
Homeopathic Treatment
Homeopathy: Live Clinical Cases

BOOKS NOT YET TRANSLATED

Philosophy

Holistic Philosophy
Universal Laws
The Structure and Function of Man and Universe
Sexuality, Affairs and Family
Sex, Amor and Love: A Guide for Teens and Parents
The function of Thinking
Emotions
Behavior
A Thousand and One Social Illusions
From the Path of Ego to the Path of the Others
Discussing with Hermes the Great

Literature:

Oh, traveler Seagull, I am searching for the Truth
The Human Odyssey
Castaways in Heaven
Hurt Souls in the Island of Hope
Absurd things

ABOUT THE AUTHOR

Dr. Athos Othonos was born in Cyprus, in 1959. He studied Medicine and Homeopathy in Athens, both of which he practices since 1985. He is founding member, head of the Teaching Center and president of the "Homeopathic Academy". The latter, is a non-profit, medical, scientific Association, member of the Liga Medicorum Homeopathica Internationalis (LMHI). The Academy is also member and accredited Teaching Center of the European Committee for Homeopathy (ECH).

From an early age, his passion for knowledge led him to the study of various philosophical, religious, political and scientific Ideological Systems. Gradually, he stopped considering himself as fan of any of the above. Instead, he has chosen to focus on their Common Truth, leaving aside any superficial differences. Common Truth, finally, drove him to the formulation of the content and principles of the ***Holistic Philosophy*** which is based on the Holistic Way of Thinking and on the Universal Laws.

Accordingly, his passion for Medicine, led him to the study of various Therapeutic Systems, once again, focusing on their Common Truth and on the cooperation of medical doctors of all Therapeutic Systems. The outcome of this study is the establishment of the School of ***Classical Miasmatic Constitutional Homeopathy***, which is based on the Holistic Philosophy.

He has written over fifty medical, philosophical and literature books, many of which he has translated in the English language. Most of his videotaped lectures are uploaded in his web page. He teaches the Classical Miasmatic Constitutional Homeopathy for free, since decades, at the Greek lessons of the Homeopathic Academy, as well as, at the English lessons of the ***Athens Four Season's School*** and of the ***International E-Learning Project***.

During the last years, he enjoys the loves of his life: his daughters, Philosophy, Medicine, teaching, writing books and his ecological farm in Marathon, Athens.

- Founding Member and President of the Homeopathic Academy
- Member of the Liga Medicorum Homeopathica Internationalis (LMHI)
- Member of the European Committee for Homeopathy (ECH)
- Member of the Athens Medical Association

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HOMEOPATHIC ACADEMY

Scientific Non-Profit Medical Association
Classical Miasmatic Constitutional Homeopathy
Accredited Teaching Center of the ECHH

Homeopathic Academy is a non-profit, scientific, medical association established in 2013 (Legal Nr.2380/2013) uniting medical doctors, dentists, veterinarians and pharmacists. Its goal is the promotion of Classical Homeopathic Medicine to the medical community and to the public, in Greece and worldwide.

It's founded on the following principles: respect of all scientific opinions, holistic therapeutic attitude, scientific adequacy and cooperation among doctors of all therapeutic systems.

Homeopathic Academy is a member of the Liga Medicorum Homeopathica Internationalis (LMHI) and of the European Committee for Homeopathy (ECH). Its Teaching Center is accredited by the ECH, which grants to the graduates (medical doctors, dentists, veterinarians) the European Diploma for Homeopathy after completion of a three years free course.

The Academy has founded the non-profit, electronic, Classical Homeopathy Databank which gives free and full access to scientists and to the public. In addition, in the web page of the Association, one can have access to articles, books, videotaped lessons, etc.

Homeopathic Academy promotes the Classical Miasmatic Constitutional Homeopathy, a method that respects Homeopathic Laws, therefore, being at the same time, scientific and effective. It, also, strives for the integration of the Homeopathic Medicine to the National Health System.

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INTERNATIONAL E-LEARNING ON CLASSICAL HOMEOPATHY

e-learning

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Classical Miasmatic Constitutional Homeopathy

An International E-Learning Course in English, on the ***Classical Miasmatic Constitutional Homeopathy***, a new method developed by Dr. Othonos Athos, president of the Homeopathic Academy, Greece. For medical doctors, dentists and veterinarians. Based on 14 books and 40 videotaped lessons. It includes answered questions and tasks for self-evaluation. Post training, including *live case* taking and *case analysis*, can be done at the *Four Seasons School on Classical Homeopathy* in Athens, four times per year.

The Classical Miasmatic Constitutional Homeopathy is based on the Holistic Thinking and on the Universal/Homeopathic Laws. Being holistic, it focuses not on isolated symptoms and parts (like the Mechanical Methods of Repertorising, Key-Note Prescribing and Computer Expert Systems) but on the whole picture and especially on the *miasmatic and psychological profile* of the individual *during the State of Clinical Health*. Instead of memorizing and using Repertories it is based on the identification in the doctor's mind and heart, of the Miasmatic Constitutional Pictures of the Remedies/Constitutions.

For further information go to the English web page of Dr. Othonos: www.homeomed.gr

INTERNATIONAL FOUR SEASONS SCHOOL ON CLASSICAL HOMEOPATHY

4 Seasons
Athens School
Classical Miasmatic
Constitutional Homeopathy
in English language

Four times per year, in Athens, Dr. Othonos Athos, president of the Homeopathic Academy, introduces homeopathic doctors, dentists and veterinarians in the clinical application of the **Classical Miasmatic Constitutional Homeopathy**. The latter new method is based on the Holistic Thinking and on the Universal/Homeopathic Laws. It focuses not on memorizing symptoms or on using Repertories but on the identification of the miasmatic psychological profile of Remedies/Constitutions at the State of Clinical Health.

The Four Seasons School includes Live Case Taking and Case Analysis, in English. The participation is for free and all videotaped seminars are uploaded at Dr. Othonos web page www.homeomed.gr *where one can, also, find further information on the subject.*

IMPORTANT CLARIFICATIONS

Regarding the practice of Homeopathic Medicine:

It's my firm belief that medical knowledge should be released to the general public, and that's the case, nowadays, with the existing broad information on health matters through books, newspaper articles, television interviews, internet releases, etc.

Nevertheless, I feel obliged to point out that the administration of homeopathic drugs is an act of medical diagnosis and treatment bearing legal responsibility. Therefore, homeopathic treatment should be practiced not only by medical doctors, but, in addition, by medical doctors well trained in Homeopathy.

The homeopathic drugs aren't herbs, vitamins or food supplements. They may lack any material side effects, yet, being energy drugs, if not administered according to strict scientific laws, may cause an energy disorder to the patient.

The mere reading, even of all homeopathic books, without prior complete medical education and, in addition, without adequate homeopathic clinical training, doesn't make any reader capable of medical practice to himself or others.

I, therefore, warn the reader, that no experimentation is allowed in matters of health and life and advise him, if he wishes to be treated homeopathically, to address a qualified homeopathic medical doctor.

Regarding the right of any scientist to philosophize:

Man, according to Holistic Thinking, is a supreme multilevel being. Contrary to animals, he has the ability not only to think, but, in addition, to ponder and to philosophize.

The prevailing Mechanical Materialistic Thinking considers Science as something contrary to Philosophy/Religion. On the other hand, the Holistic Thinking supports that any believer of any philosophical/religious system has the right to discuss scientific ideas, in the same way that any scientist has the right to ponder and philosophize on matters like God, Ethics and the creation of the

Universe.

Nowadays, it's quite a common thing, scientists and especially astrophysics, to propose *Functional Hypotheses* on the existence or not of God, on the Creation of the Universe and on other such philosophical/religious matters. Most people, consider such philosophical activities, as something quite natural. Moreover, they don't believe that these philosophical ideas affect the authority of the scientist or the authority of the Science that he practices.

Any medical doctor, during his everyday clinical practice, faces life and death; infants born blind, severely ill or mentally retarded; people who live an unhealthy life, yet, rarely get sick; people who live healthy, yet, end up with a severe disease.

The latter facts, force the doctor to ponder and to philosophize; to adopt *Functional Hypotheses* on the origin and deep causes of Illness, on the nature of Man, on the meaning of life, on the existence of God, etc.

This philosophical activity doesn't affect the doctor's scientific authority at all, if, of course, he isn't such a fanatic believer of a philosophical/religious system that he violates scientific methodology in the practice of his science. Nor, does that affect the authority of the Therapeutic System that he practices.

The author, although has studied most philosophical and religious Ideological Systems, does not consider himself as fan of any of them. He insists on focusing on the Common Truth that lies beneath them. Therefore, he doesn't hesitate making references to most of them, only to emphasize on the Common Truth that they all bear, apart from their superficial differences. This philosophical activity of the author, doesn't affect the least his scientific practice of Homeopathic Medicine.

On the contrary, he adopts the Holistic Thinking and Universal Laws in his homeopathic practice, for the very reason of securing its scientific practice. After all, Homeopathy is a Holistic Therapeutic System.

Moreover, whenever the author presents his personal *Functional Hypotheses*, for example, for the explanation of the origin of Illness, that doesn't mean, that these are the opinions of Homeopathic Medicine, as a Science and as a Therapeutic System. If a cardiologist adopts the Christian or the Platonic point of view when philosophizing, that doesn't mean that Cardiology has something to do with Christianity or Platonism. Accordingly, when the author philosophizes, that doesn't have anything to do with Homeopathic Medicine. It's the firm belief of the author that "Anyone who thinks freely, thinks in the right way!" The more

one thinks in a holistic way and the more one examines things without prejudice and fanaticism, the closer to Truth he is. Plutarch, the Ancient Greek philosopher, said: “Truth, was a mirror in the Sky. It fell to Earth and broke into a thousand pieces. From that time on, anyone who finds a part of the mirror, believes that he has found the whole Truth!”

CHAPTER 5

LACHESIS

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A. HIERARCHICAL DESCRIPTION

5.1 Attachment to her close ones with the sole aim of domination

The Lachesis constitutional picture is the typical representative of the Syphilitic Miasm. She is a rare combination of syphilitic qualities like overprotective domination, intentional malice, hypocrisy, jealousy, envy and cruelty; this combination is, in fact, her very essence.

Her strongest Basic Passion is her attachment to her close ones; an attachment with main quality the tendency for domination. Her second, in intensity, Basic Passion, is vanity. The Syphilitic Miasm dominates and is very strong, while the Sycotic Miasm comes second. Her intellectual content is very syphilitic while her expression is firstly syphilitic and secondarily sycotic. All the above characteristics make her a very difficult person for her close ones either relatives, friends or colleagues.

As already mentioned, she has this strong tendency for attachment to her close ones, especially to her family, with the sole aim of domination; others must do things her own way; wants to run the whole family. In the past we had the "padre padrone", nowadays we have the "madre madrone", if such an expression is correct; she wants to be the exclusive head of the family. She is not attached only to her close ones but also to little everyday things, in the sense that she wants to have control and decision about every little matter.

Pulsatilla also has an attachment to her close ones and to little everyday matters and things. However, her attachment aims not to domination; it's an emotional, a sentimental attachment because she is psoric regarding her ideas and her

intention. Pulsatilla has a sincere and less purposeful, sentimental attachment; she doesn't do it for domination; she is really and truly sensitive; she is not faking; she loves her husband and children and is fond of emotional exchanging among them; she is romantic and sensitive while Lachesis can be a dictator or a cruel person whenever she is not faking to be "extremely sensitive".

Her domination can usually be found in three types. The first one has to do with her Primary Behavior while the other two have to do with her most frequent Secondary Behaviors. Her primary intention and Primary Behavior is that of the unconcealed domination. The other two Secondary Behaviors are: first the hypocritical "oversensitive" and "extremely kind" woman and mother "that adores her husband and children" and second the domination of the "modern, ambitious and successful working woman and mother".

5.2 The Primary Behavior of the Unconcealed Domination

This Primary Behavior of the Unconcealed Domination is not frequent, nowadays, because it causes a lot of reaction from the environment. It's easier to dominate in a concealed way than in a straight one. Due to the latter reason and being a flexible person and a capable one, Lachesis tends to dominate in a concealed way, by adopting a Secondary Behavior. Furthermore, it is dominantly, a female constitutional picture and by nature, it has the ability to perform indirect actions – and that has nothing to do with antifeminism; it has to do with the natural differences of genders.

At her undisguised, Primary Behavior, Lachesis tends to be domineering, despotic, malice and even cruel. Her tongue is full of poison; she is talkative, quick, grumbling, muttering, accusing, jealous, envying and full of malice. As I've said before, you don't often see that as a permanent behavior because it is an extreme behavior.

But you can see it often happen when a seemingly "sensitive good lady" is unmasked; when her lies and true intentions are revealed and she just can't deny it; when she is losing control over the persons of her environment, that is, when a suppressed relative tries to gain his freedom; when somebody refuses to do things her own way. Then, she may unmask herself and present her real self, raging, yelling, cursing and saying malice things.

5.3 The Secondary Behavior of the "good and sensitive" woman/mother

Now, we come to the Secondary Behavior of the "good and sensitive"

woman/mother, at which she disguises herself as if being a psoric Pulsatilla woman. She pretends to be the sensitive, kind mother that sacrifices all her life and energy for the sake of her beloved children and husband. She appears to satisfy their every little whim and need. She appears to care for every little thing that has to do with their life: “Johnnie, my baby, don’t forget to put on your jacket so as not to catch a cold”, “Eat your food and drink your milk; you don’t eat well lately; you’ve lost weight; you are going to get sick”. All the time she follows her children where ever they go, either by foot or “by mind”; she keeps thinking of them all the time; why are they late? Did anything happen to them? She often, admits and is proud of, that she cares extremely about them; that she has a “pathological” love for her children.

This seeming picture of “pathological” love and “innocent” overprotection is but the camouflage of her tendency for domination. Her real intention is to control everything – and I mean everything- regarding their lives; from birth to death; their death or her death. For a Lachesis mother “children are always children”, that is, “they don’t know” or “she knows better”. She “loves them pathologically”, so *she* must decide for everything or else “she will get hurt”.

“Everything” means from important decisions up to non-important little everyday things: what to eat, what to wear, what friends to hang out with, where to go, what to do, what to study, what profession suits them better, whom to marry, how to raise their children, etc. A Medorrhinum son may say: “My mother is such a pain in the ass!”

She is very oppressive, tyrannical and domineering; no wonder why there’s that beautiful expression “smother love”, meaning any oppressive kind of “love”. She interferes in all matters because “she knows best what’s good for her children”.

Be careful! This “pathological love” is a syphilitic emotion; an *inferior intellectual* emotion; This has nothing to do with the *Spiritual Love* or even with the *Conscience Love*; it also has nothing to do with the mere Intellectual Love as in the case of a psoric-sycotic Pulsatilla; it is but a camouflaged domination; a deliberate attachment!

Somebody could say: “Aren’t you exaggerating? How can you be so sure of her deepest intentions?” There are two important criteria that reveal a syphilitic intention: exaggeration in behavior and expediency. She is, all the time, exaggerating about her sacrifices that she does for her children; about how much she “adores” her children. Whenever she wants them to follow her way of doing things in their life she always tries to put forward a psychological blackmail; she

applies to their emotional bond; she applies to her sacrifices for them; she applies to her good intentions proven through the years.

There's a relevant phrase: "My child, you are free to do anything you please… but if you do so then you are stubbing my heart with a knife!" (laughs) There's also another relevant phrase that is not told, of course, by a Lachesis woman, nevertheless, it reveals her true intentions: "You are free to do whatever *I* want!" (more laughs)

Similar blackmailing expressions are: "Why, on Earth, do you insist on upsetting me/worry me/grieve me/trouble me/distress me? Do you want to drive me sick?" "You'll drive me crazy" "You'll drive me to death" "Oh God, what have I done to deserve such a behavior from my son, from my flesh and blood?" "Why do you torture me so much? What have I done to you?" "Why don't you listen to your mother? Don't you love me?"

"I am your mother and I love you; Please, listen to me, I know what's best for you" "Go and do whatever your stubborn head wants; but know one thing; *I* am the one who is going to suffer in the end" "People are bad; they don't love you as your mother does; they will only hurt you; *I* am the only one you can trust".

Other similar expressions are: "May God bless you my child; may help you see the truth, that what your mother says is right and for your own good!" "OK, you don't give a dime about your mother! But don't you care about your sick father or about your brothers and sisters? You are killing them!" "Don't you care about your good name to society? Don't you care if you humiliate your family?"

In all these phrases, the "script" is more or less, the same: "We – that is, me, your mother - offer you a great deal, but you are ungrateful; we love you and you don't love us; we care about you and you don't care about us; you don't know what you want; *we* know best; so you must feel bad for your ungratefulness and for the fact that you will harm us".

Another usual "script" is scaremongering: «Be careful or else this or that bad thing will happen to you; you are in danger!" If you keep saying to someone that something bad will happen to him, then one day, most probably, something will happen and then Lachesis will say to him: "See! I told you so! From now on, you will listen to me!" It's a very cunning trap! It's a "Roi mat" movement in a chess game! (laughs) I was right, so now shut the fuck up and listen to me and do only what I tell you!

5.4 Usual options of the children of a Lachesis mother: the "emasculated",

the “rebellion” and the “dominant”

If you have such a dominant, oppressive mother you have mainly three options according to your miasmatic and constitutional background. If you are a psoric person with weak background then due to oppression and guilt you become emasculated, “castrated”. You become coward, dependent, submissive and yielding; you develop lack of self-confidence; you have lack of will and almost no personality of your own; you are full of guilt and taboos.

That’s the outcome of the smother love: you become a mother’s boy not so much in the sense of a spoilt child but in the sense of the castrated, dependent, coward boy. If you are a girl things are not so bad. If you are a boy then you’ve certainly won the lottery! You never grow to be a man; an independent, masculine human being; no wonder why many such boys become effeminate or even homosexuals of the passive type.

However, when a Lachesis mother gives birth to a sycotic or Medorrhinum boy, then both of them have won the lottery; nobody yields; she faces a child that is wild and independent by nature; one that rarely falls to the traps of guilt and emotional blackmail; he wants to enjoy life his own way and will fight to the end for his freedom, no matter what. As soon as he grows older, the war begins and nobody steps back; a civil war; a family war.

The mother cries out: “This kid will drive me to the grave” and presses her husband, her other kids and all other relatives, even the teacher and the priest, in an alliance under her leadership against this wild sycotic child. The rebellion child, on the other side, shouts and yells: “Get off my back, all of you! I’m not going to do things your own way! You are a crazy old woman and I am not going to be your slave! Do whatever you want! I’d rather die than yield!”

It’s obvious that they both have hit the jack pot! The mother suffers from not being able to dominate and the child suffers because he may not yield to oppression but due to reaction he becomes unbalanced; his sycotic characteristics become exaggerated and he goes to the extremes; his mother instead of balancing his sycotic characteristics, contributes towards their exaggeration.

Therefore, out of reaction, the boy will surrender to the unlimited enjoyment of life; he will yield to all kinds of excesses; drinking, smoking, bad companies, spending the night in fun; he will also abandon studying and create all kinds of misbehavior at school; that is, he will do just the opposite of what his mother tells him with her never ending grumbling. Such youngsters have so much anger inside them that they lose control and may end up in drugs or in illegal actions;

they may become members of a gang or even create their own gang to which they are the leaders.

That's the usual reaction of a sycotic child. *You see how important are miasms in order to understand everyday life?* Moreover, how critical is, such knowledge in homeopathic prescribing?

On the other hand, how, will, a syphilitic child react? In a syphilitic way, of course! Just like his syphilitic mother! As soon as he or she, starts understanding what's going on with his/her mother, he/she will also start manipulating her; most of the times we have to do with a Lachesis daughter that pays back her mother; at times she will torture her with her indirect behavior and at times she will attack in a straight way.

For example, she knows the weak points of her mother; she cares about her hypocritical image to the neighborhood and to the society; so if she wants to irritate her, to pay back, then she will tell her mother at the presence of her friends, that is, other gossiping female neighbors: "Mum, I'm hungry… are you going to let us without any cooked food like yesterday!"

She does this deliberately; her mother will either change subject or yell at her: "What are these stupid things you are saying? Silly girl! Go play with your dolls". She will turn to her company and say: "What a girl; she so much likes lying or saying jokes!" Then, when all neighbors have left the house, she will go raging after her daughter. Her syphilitic daughter, when the neighbors have left may answer in two ways: you see, syphilitic subjects have the ability to be very flexible; she may pretend that she doesn't understand what she did or she may cut to the chase and say: "Look here, mum; whenever you hurt me, I will hurt you too in the same way! Don't you ever think that I don't know what you are doing! Don't forget that I am *your* daughter!" It is a usual thing for the daughter Lachesis to revenge her Lachesis mother, when the last one becomes old and dependent on her; then she may even become cruel, cynical and even violent.

5.5 The dominant, oppressive wife

The same hypocritical and dominant Secondary Behavior stands also bold towards her husband. If her husband is a submissive person, then she totally manipulates him and tends to present to others a perfect image about him, about their relation and about their family; he is "made of gold", he "spoils her", he "satisfies every whim of hers", she is "his queen", he is "a family man", he "adores her", he "hasn't got eyes for any other woman", he is "the perfect

husband and father", they "talk about everything and have no secrets among them", they "decide together about everything". However, when she says that "they decide together" she means that *she* is the one to give all orders.

You see once again, the syphilitic quality of exaggerating, manipulating and hypocrisy. In reality, *she* orders and *he* and *the kids* do as ordered. Many times she uses her husband as an obedient ally, or more precisely, as an "officer of the law" against any rebel kid.

If her husband is not a yielding psoric subject but instead if he is an indifferent sycotic one, then fighting starts early, from the beginning of their relation and gradually it becomes a loveless marriage. The husband just brings money in the house and all day he is at his job, then at the pub, at football games and at his mistress. The Lachesis wife takes control of all the family matters. To the local society, he is presented by his wife as "indifferent", "full of nerves", "looser", "womanizer", "useless" and "good-for-nothing".

On the other hand, *she* is so worthy of praise; despite her "disastrous marriage" and her "good-for-nothing husband" she is loyal to her husband and to her family "for the sake of the kids" for whom she "sacrifices" her personal life. She is a master in filling her children's mind with this hypocritical and exaggerated picture; as soon as they start realizing things, she uses them as allies with no will and judgment of their own, against her husband so as to enslave him or at least revenge him.

I wouldn't be surprised if what I've just described seems exaggerated or simply extreme cases. However, believe me, these are everyday usual stories that I experience in my office. I believe that anyone who has freed himself from the idealized picture of a "beautiful" or even "normal" human society agrees with me, because he has often experienced such insane human stories either personally or to his relatives or close ones.

Nowadays, it is a very common thing for any adult to suffer from a severe disease like cancer, heart disease, diabetes, depression or psychosis or simply to have relatives with such diseases. Accordingly, it is a common thing that *we* or some close ones, suffer from affair or family problems. In the end, what we usually call "normal", is indeed, a rare thing to find! Half the people are divorced and most of those who are still together face severe problems in their relations with their parents, children, relatives and companions. Normal is, indeed, a rare thing, nowadays. Moreover, happiness has become a distant dream for most people. No wonder why quite often we say that "common sense is not so common".

5.6 The “successful modern businesswoman”

We have already said that a Lachesis individual may adopt the Secondary Behavior of the “good and sensitive” woman, imitating the psoric-sycotic Pulsatilla. This Secondary Behavior was a common thing in past times when we had to do with a “Man’s World” because she could not be directly dominant and have control over others. Nowadays, that we tend to a “Woman’s World”, it is easier for a domineering Lachesis to act differently and more straight.

She is no longer the housewife-mother sexual object of the dominant male. In fact, in our western societies, she is no longer a housewife. Often, she even feels ashamed if you call her a housewife; she wants to have a great carrier and is very ambitious to do the same mistakes that men did in the past and still do; she wants to gain money, position, success and fame; she wants to smoke, to drink, to use men as conquests or as sexual objects and to be workaholic. Often, when becoming an adult she doesn’t want to be a mother as this is an obstacle to her career and when she becomes a successful businesswoman then she may give birth to one or two children and pass them over to the cheap foreign maid, to grandparents or even to her husband. That’s the “successful modern businesswoman” picture of Lachesis, Platina or Valerian nowadays.

They are ashamed to be housewives and, most of the times, they don’t know how to be; they don’t want to be mothers when the time is right. When they do, they want to have a caesarian operation so as not to feel any pain. Then, they avoid breastfeeding so as not to spoil their perky, good-looking breasts!

A modern successful business woman Lachesis in the same way that she wants to have full control over her family, in the same way she wants to have total control at work, especially if she is the boss; even little things must be checked by her; nothing goes out if not seen or signed by her, personally. In the same way that “she knows best” at family, in the same way “she knows best” at work.

Often, a successful businesswoman Lachesis adopts the same primary behaviors of Platina: she takes care a lot of her appearance; she thinks she is very pretty, fatal and sexy; she is extremely ambitious and thinks she is extremely smart.

5.7 The vanity of “the cunning fox”

Apart from her domineering attachment to her close ones, another basic passion of Lachesis is her vanity. As already mentioned above, if she is a modern successful businesswoman, then her vanity resembles the vanity of Platina. But if she is a low class housewife or a low class worker then her vanity usually

takes the form of “the cunning fox”. She totally convinced that nobody can fool her. Moreover, she is confident that she can manipulate anyone around her if she wants to; and she does want it! She is so good at faking, in hypocrisy, in flexibility, in exaggeration; she knows out of experience from her family and job that, indeed, she has this ability.

Furthermore, “she knows best” since she is such a cunning fox. She’s got her own opinion about everything, which, of course, is the correct one; she “has managed so many things in her life”, so “life taught her a great many” about everything; what if she hasn’t gone to any University “due to her parent’s financial condition”; she has graduated with excellence from the “University of Life”, because, undoubtedly, she is “a cunning fox”; she’s got brains.

5.8 Intentional malice and envy

Another syphilitic quality of hers is the intentional malice. Valerian will become malice out of revenge, only if she is hurt. Platina will become malice if underestimated or not recognized as the first one; if another one becomes “Queen” sitting at her throne. Pulsatilla will not be malice even when deeply and deliberately hurt. Lachesis may become intentionally malicious out of jealousy or envy or when she fails to domineer; when she fails to do things her way; she just can’t stand seeing other couples being happy, rich or famous. She will also be extremely malicious if someone unmasks her hypocritical behavior and exposes her wicked intentions. If a low class woman, she will often be the typical gossiping woman of the neighborhood; she wants to know everything about everyone; she pretends to be friends with one woman so as to know all her personals; then if she envies her, she goes to her closest friend and puts bad words on her mouth so as to have them quarrel; you see, she may become so spiteful and full of jealousy and envy.

She is so capable of organizing intrigues; Rasputin, as described in history, must have been a Lachesis priest; the malice witch that gave the poisoned apple to Snow White, was definitely a Lachesis woman. Lachesis likes having others fighting and may push to that direction through lies, intrigues, gossiping and wicked plans.

Even when her intrigues are revealed she is so capable of denying it; she shouts, she rages, she faints hypocritically, she threatens, she curses; she may even swear to God or to her own children that she is innocent; she has the nerve to do anything required to defend herself and her malicious and domineering plans.

5.9 Syphilitic, intentional hypocrisy and jealousy

We have already mentioned her hypocritical abilities when we've referred to her secondary behavior of "the good and sensitive woman/mother". Another secondary behavior is "the religious, pious, God-fearing, moral woman". She pretends to be moral, honest, sincere, living "according to the will of God"; she says she "loves all people", "the whole world"; she is "full of love" although many people have "hurt" her. She visits the church regularly and attends all religious rituals and ceremonies; she is showing off and is proud of her religious faith. Pharisees were definitely Lachesis individuals. Not only she shows off but she is also commenting and criticizing "unfaithful people", "dishonest women" or "bad behaving children".

There are dozens of hypocritical phrases that she so often uses: "As God is my witness", "For God's sake", "Oh my God", "may God help us", "Praise the Lord", "God sees everything and will judge you", "God is great", "May God/Mother Mary be with you", "God is my shepherd", "God, forbid", "God willing", "Good God", "The Lord will provide", "There's a God above, watching us".

In the same line of hypocrisy you will encounter the loud sighing of this "troubled from life" and "sensitive" woman. She will also grasp any chance to say how proud she is about her need and clean house, about her cooking abilities and about her devotion to her family contrary to her "good-for-nothing" neighbors. If she is a teacher she will focus on her typical duties, preaching all the time about morals and principles instead of setting an example of love, understanding and forgiveness; she will be strict and sometimes cruel and the excuse is always that she does all these "for their own good" or because "it's her duty".

If she is a Mother Superior in an abbey she will be so strict and oppressive always "in the name of the love of Jesus" and for the sole purpose of their psychological evolution; she will always find the chance for preaching and talking endlessly about love and morality. In all cases, she will use many powerful weapons like her hypocritical tears, her talkativeness, her persistency, her grumbling and her ability for intrigues; in addition, her preaching and her religious or moral hypocrisy.

She will sigh entering the examination room with her husband or children, aiming for the doctors sympathy; she will even burst to tears so as to force the doctor to help her at her show; the show of the good, sensitive and troubled woman; the aim is not always so profound. She, simply, wants her children or

husband to do things her way “so as not to trouble her any more”.

If she wants to control her rebellion children or free spirit husband so as to stay home she will usually pretend that she is so worried about them and afraid that something bad may happen to them while outside; if they don’t listen to her, she will beg for phone calls at regular periods “so as to be sure that nothing happened to them”.

If you are a hypocrite and malicious, it is expected to think that others are like that too; so you will be mistrustful and jealous. Lachesis is not only jealous of her husband that he may be cheating on her; she is also jealous and even envy of the wealth of others and even of their happiness; sometimes she may set up an intrigue so as to spoil their happiness.

When jealous of her husband she has no problem to start secretly listening to his phone calls; she may check his jacket or pants for proofs of cheating; she may seek for odors of female perfumes or female hair on his clothes; she may even follow him secretly to see where he is going and with whom he is; most women that pay a detective to stock on their husband are indeed Lachesis women or sometimes Valerian. If he finds him cheating on her then “God mercy on his soul”!

She may play “the game of the cat and the mouse” with him; she will start asking indirectly about the whole thing; she won’t cut to the chase; she will be going round and round around the subject: “So, where did you say that you’ve been?” “Who else was there?” “So, you’ve spent so many hours there; it must have been a lot of fun” “So, you had a very good time! I am glad for you!” She keeps pushing and pushing until she forces him to confess his crime!

Then she reveals her real self; she is raging, yelling, crying and cursing; she even becomes hysterical or violent. She will yell so as their children, her relatives and all neighbors listen to her; she wants to ridicule him. On the other hand she may choose to react in a different, more controlled way: she may not say anything to her children or relatives or others so as to blackmail him: “If you don’t do this and that, if from now on all things are not done my way, then I will tell them what an unfaithful husband you are”.

The syphilitic element is the use of any weak point of the other for her dominance. Lachesis, and especially Valerian, are usually those wives that tend after the divorce to destroy their husband and take from him as much as possible; they want to revenge even if this means the ruining of their lives or the ruining of their children’s lives.

5.10 Uncontrolled and biting loquacity

Her loquacity is characteristically syphilitic-sycotic; uncontrolled, hasty and endless; jumps from one subject to another, even to irrelevant ones; in between, she throws out a hint or a malice comment about her interlocutor or about a common acquaintance of them; her usual tactic is “to blow hot and cold” or “half in jest, half in earnest”; while talking on an irrelevant subject she will throw a malice hint and then immediately change subject so as not to give the other person the chance to reply.

Or she may consciously lie about some common acquaintance. She may say that he accuses her interlocutor only to set up an intrigue or make him feel bad and then immediately say: “Of course, I didn’t believe anything from what he said about you”.

The profound aim of these tactics is to make her interlocutor adopt *the apology attitude*; to make him submit; to put him at a difficult or even inferior position; and she is so good at it!

Her loquacity is uncontrolled, biting and syphilitic. Grumbling, and especially nagging and curtain lecture as expressed in literature is most of the times, a Lachesis loquacity. Pulsatilla may also be loquacious but it is a sycotic loquacity regarding the expression and a psoric loquacity regarding the content. Her loquacity is charming, harmless, amusing and with good intentions. Can you see the great differences from the miasmatic point of view? Can you see the importance of the application of the Miasmatic Theory in homeopathic prescribing?

Lachesis is easily angry, easily offended and usually expresses her anger; at least whenever she has the chance to do so. She doesn’t forget easily and whenever she has the chance will pay back. She’s got such a nerve; she likes exposing in public her enemies or those that she is jealous of. She is so good at it; she is so able to make a fool of someone or humiliate him in public.

She is usually a hot organism; but not as hot as Sulphur; she is so troubled in a hot room; wants to open the windows for fresh, cool air. Nevertheless, she may be annoyed by cold weather. During menopause she is trouble for years by flashes and hot sweat even preventing her from work or sleep. Most Lachesis individuals have a troubling menopause. Sometimes she feels palpitation at the cardiac area and may avoid to lie down on her left side “so as not to press the heart” but without the characteristic fear of heart disease as in the case of the psoric-sycotic Phosphor.

She has such an aversion for anything tight; anything that squeezes her; she is so troubled by tight clothing especially at the area of the neck, breasts and belly; she certainly avoids polo neck sweaters or even neck jewels; on entering the house she often takes off her bra even if it's not a tight one; she slips into large, comfortable clothing.

5.11 The Constitutional Diagram of Lachesis

Raw Material:

The poison of the snake Lachesis Trigonocephalus; it is diluted hundreds and thousands of times so as to become a harmless, energy homeopathic medicine.

Miasms:

She is the typical representative of the Syphilitic Miasm. Deep syphilitic characteristics like overprotective domineering, intentional malice, hypocrisy, jealousy, envy and cruelty. Her intellectual content is intensely syphilitic and her expression is intensely syphilitic and sycotic.

Basic Passions:

Her main Basic Passion is her domineering attachment to her close ones and to the control of every little, everyday matters. A secondary Basic Passion is her "cunning fox" vanity.

Essence, Main idea:

Syphilitic, malicious, domineering and jealous woman expressed either as primarily dominant or more frequently by the secondary hypocritical behavior of the "good and sensitive" woman/mother.

Thinking:

a. Evolutionary Level:

Due to the intense syphilitic miasm her relation with the Conscience Soul and with the Internal Will are almost absent. Intense relation with the Intellectual Soul and with the External Will. The above qualities make it very difficult for any subject influenced by Lachesis, to evolve psychologically and detach from earthly attachments. Intense violation of the Universal Laws not only regarding behavior but also regarding thinking and intentions.

b. Influences:

Intense influence from the Syphilitic Miasm regarding intellectual content and expression. Most frequent Thinking Stimuli are the External and Symbolic ones; rare Conscience Thinking Stimuli; intense Negative Energy Tuning.

c. Stressful Conditions:

Tight clothing; the possibility of independence of persons that are under her control (children, husband, colleagues); her children's rebellion puberty; her husband's cheating on her; her children's love affairs; her children's "bad" companies; a domineering person like her among her close ones (fighting for who is going to be the boss); when she is trying to dominate on someone close one who is sycotic and indifferent and she just can't manipulate him.

Also when publically exposed as to her syphilitic intentions and hypocrisy; when others around her are more happy or rich or better than her; when others are more cunning than her and fool her in any way; women more beautiful than her; women that enjoy sex while she doesn't; when her manipulating plans and intrigues fail.

d. General characteristics of the Intellectual Functions:

Fast, intentional and perverted thinking with intensely syphilitic content

e. Intellectual Patterns:

She believes that people can be divided into two groups; stupid and smart, slaves and bosses; undoubtedly, she is smart, cunning and able to control and manipulate others so she must be the boss at family, work and generally in all fields. Platina also believes that she is the first among others but she is the "Queen" that others should recognize and yield to her glory and beauty while Lachesis is the oppressive Prime Minister or the Rasputin that wants to control every little thing of her subjects.

Lachesis is full of malice and envy; she has no moral restrains; she is so flexible at her behavior and can be very hypocritical while Platina is rigid and stable regarding her beliefs and attitude. Lachesis is so good in adopting hypocritical secondary behaviors that are well accepted by the society: i.e. "the good and sensitive woman", "the faithful religious woman", "the good mother", etc.

Frequency:

The most common constitutional picture, nowadays, among men and women;

the prevailing one among women, especially after the age of 45. The version with the secondary behavior of “the good and sensitive woman/mother” is more frequent among older women of the past generation and in low classes. The version of “the modern, successful woman” is more frequent in modern women and high classes. Lachesis is predominantly a female constitutional picture.

Emotions:

She is always steaming; always in action; very energetic; Thinking and emotion are always active and so is her General Mood; Intense Negative Intellectual Emotional Charges; Intellectual Emotions prevail while Conscious Emotions are rare; Her main Intellectual Emotions are hate, intellectual love, anger, sorrow and vanity. Her emotions are deep, extreme, changing, negative, intentional, hypocritical, excessive and at times hysterical.

Behavior:

Since her Primary Behavior is very negative, malicious and domineering she tends to adopt Secondary Behaviors that are well accepted by the society; she is the typical representative of hypocritical and intentional Secondary Behaviors; she adopts such behaviors while she knows that it’s against her intentions and beliefs.

That’s why her behavior is characterized as hypocritical and that is a pure syphilitic quality; for example a psoric Lycopodium adopts the secondary behavior of the “cultured, spiritual and kind man” because he is so coward when it comes to conflicts. Nevertheless, he believes in the principles and attitude adopted; Lachesis, on the contrary, knows that she is not the “religious, sensitive mother” but if this suits her in controlling her husband and family she has no problem in acting so.

I must clarify, at this point, that when I say she “knows” that doesn’t mean that she has full awareness and consciousness in the sense of higher knowledge, that is, at the level of Conscience Soul; she simply functions at the Intellectual Level and adopts an intentional mask. That’s the reason why when exposed, then she easily throws away this mask and may adopt another mask or may behave primarily with malice and cruelty; the one minute she is “the good and sensitive person” and when unmasked she is “that bad, raging bitch”.

Her Primary Behavior is characterized by malice, domineering attitude, jealousy, envy, immorality, negativity, cruelty, perversion and vanity. When adopting Secondary Behaviors these qualities are hidden and what prevails is saying lies, hypocrisy, excesses in expression and above all intentional behavior.

Usual Roles:

The good housewife; the "oversensitive" woman; the mother that "adores" her children and "sacrifices her whole life" for them; the "poor unlucky wife" that married a "cruel, indifferent husband" but still is faithful to him and her family; the "God-fearing" religious woman; the "defender of morality"; the "faithful believer in Esoteric Philosophy" that has evolved psychologically and lives a spiritual life; the "defender of tradition and moral values"; the "patriot" that adores her country and does not like foreigners; the ambitious and capable politician; the woman that offers to the society; the "merciful" woman; the able and strict teacher; the modern successful businesswoman; the lawful citizen.

Other roles are: the defender of sexual self-control; the opponent of sexual immorality; the one that "loves all people" but the only thing she gets is bitterness and ingratitude; the wife or mother that worries excessively about her husband and children; the sensitive, complaining and tearful woman; the "cunning fox" that nobody can fool; the beautiful "femme fatal"; the sexually hot woman, etc.

Body:

Look, External Appearance: (Non Verbal Characteristics)

"Swollen" trunk compared to normal/thin hands and feet; "swollen" face and cheeks; the typical "cortisone" face and body; staring you directly in the eyes as if wanting to mesmerize you; staring straight at you with head a little low and eyes turned up to you as if watching over her glasses; her eyes are fixed to you even if her head moves; plethoric, kitsch clothing or "God-fearing", conservative look.

Usual Physical Predispositions:

Colitis, retching, distention abdomen, flashes and sweat at menopause, hypertension, obesity, phlebitis

Usual Psychological Predispositions:

"Family Problems" with husband and children, Depression, Anxious Neurosis, Jealousy

Relative Constitutional Pictures:

Naja, Platina, Syphillinum, Nux Vomica, Anacardium, Valeriana

B. LECTURE 2007

5.12 The typical Representative of the Syphilitic Miasm

Good Evening! Today we will analyze the constitutional picture of Lachesis. In our first lecture we have described Natrum Muriaticum as the typical representative of the Psoric Miasm. During the second lecture we have analyzed Medorrhinum as the typical representative of the Sycotic Miasm. As you might have already guessed, Lachesis is the typical syphilitic constitutional picture.

What is Lachesis? It's a constitutional picture that corresponds to the homeopathic medicine Lachesis Trigonocephalus which is prepared from the poison of the homonymous snake. Needless to say, that this poison is diluted hundreds of times so as to exclude even the tiniest side effect.

In order to analyze Lachesis we must first talk about the characteristics of the Syphilitic Miasm. Even before doing this, we must say a few things about the Psoric and the Sycotic Miasm so as to be able to have in mind the whole picture.

What are the characteristics of the Psoric Miasm or Yin tendency? They are: cold, stability, earthly, weakness, weak and slow function, atrophy, lack or deficiency, introversion and tendency for more thinking and less action. The sycotic or Yang characteristics are the opposite: heat, instability, strength but not stamina, over function, hypertrophy, excess, extroversion and tendency for more physical action than thinking. Regarding morality, the psoric person tends to be idealist; he truly and strongly believes in principles, values and morality and tries to live accordingly. However, be careful, we are not talking about a normal and balanced state. All qualities and characteristics of the Miasms or Constitutional Pictures are imbalanced, negative traits. Let's skip it for the present being; we will talk about it later, extensively.

On the contrary, the sycotic person tends not to care much about principles and morality; not in the sense that he is immoral or perverted, but in the sense that he cares more about having fun and avoiding any rule that would spoil his enjoyment; he focuses on satisfying his needs and physical urges so he has an aversion for any kind of self-control.

5.13 Money, glory, belongings and domination

The syphilitic or perverted person has, in fact, no principles. Although he may even declare emphatically that he is a loyal defender of principles and morality,

nevertheless that's a hypocritical state; in reality he doesn't care about principles or he may even use them as a tool so as to serve his egoistic intentions; he wants money, belongings, glory and above all, domination; he wants to rule!

There is a saying: "Many have hated money, yet, nobody has hated glory!" That is true only for a psoric person; he wants to have a good fame, he wants to be remembered as "a good man", as someone who has "offered to the society"; there's an egoistic shade to it, of course, but it's a light one and a psoric one; he likes to have a good picture of himself, to be loved by other people, by the society or by God. On the contrary, the syphilitic person is thirsty for glory by any means, moral or immoral.

Let me remind you of the attitude of the old idealist communists; they used to say: "we will fight for our ideals; we will even die for it so as to have a better society for generations to come". You mustn't think that there aren't any selfish motives in such a seemingly idealistic attitude. They were still, proud of themselves that *they* were such heroes and proud to others or to the generations to come. A similar thing was true for the first Christians that became martyrs for their religious beliefs. Nowadays, fanatic Muslims dying for their faith are in the same state of psoric egoism.

However, there is another kind of egoism, the syphilitic one. If I want to be a Kamikaze or a Muslim martyr for no purpose, just out of hatred, envy and tendency for destruction then this is a syphilitic tendency for glory; I want to be remembered as the smartest, the most mean, the most destructive, the most powerful destroyer of our enemies.

5.14 Perversion on the Psychological Level, destruction on the Physical Level

Regarding the Physical Level, the Syphilitic Miasm has the tendency for destruction of cells and tissues, deformation of organs and malfunction or even perverted function of the organic systems and of the organism as a whole. A cancer of the pancreas that spreads rapidly destroying the anatomy and the physiology of organs causing much bleeding, pain and symptoms is a syphilitic disease.

A skin cancer that develops very slowly due to aging that causes no metastasis and has no symptoms is a psoric disease. An ovarian tumor that grows rapidly in size without doing much harm to the organ, is slow in giving metastasis is a sycotic cancer.

You see, there are diseases and symptoms that are psoric, sycotic or syphilitic. Is that information of any use? Of course, it is! Psoric persons tend to develop psoric diseases, sycotic persons tend to develop sycotic diseases and syphilitic persons tend to develop syphilitic diseases. Therefore, from the kind of symptoms and diseases a patient has now or had in the past, we can diagnose his prevailing miasm and his prevailing constitutional influences. Never forget, though, that all people have all three miasmatic influences and therefore, some have a clear prevalence of the one miasmatic influence while others present a rather mixed and balanced influence from all three miasms.

5.15 Uncontrolled, syphilitic loquacity

It is of great use to describe a constitutional picture clinically, that is, in the way it appears during the procedure of an appointment with the doctor. The very first information from a patient is the way he fixes his appointment with his doctor. A Lachesis patient will telephone to the doctor saying: “Hello doctor! I am Misses Brown; I’ve heard that you are a very good doctor… so said Misses Grey. Do you remember Misses Grey? (not waiting for an answer) She told me that you will take a good care of me and that she will telephone to you about me, later… did she do that? (not waiting for an answer). You see I went to many other doctors and they have done so harm to me… now I want to come to you as soon as possible… do I have to pay too much? How much do you charge? (again, not waiting for an answer) Sorry to ask, but you see I don’t get by so well lately due to this financial crisis but I am a proud person so I don’t want to come for free… now let me tell you my problem…”

She is usually so talkative! Uncontrolled and intense loquacity; she jumps from one subject to an irrelevant another one; many times she doesn’t even wait for you to answer what she has just asked and goes straight to another subject. For example, let me give you a dialogue of hers and the doctor:

-Let me tell you details about my problem

-Don’t worry; we will talk in details when I examine you

-But I must tell you that I have it for so long! Is my case incurable? Misses Gray says that you do miracles but I don’t know… I have suffered so much for so long

-I am afraid I can’t answer to your question unless I see you and have a thorough examination

-Does this mean that there is a chance I will be cured? Oh thank you doctor,

thank you so much!

She is such a roaring stream; she usually has an intense sycotic expression; overactive, restless, cannot sit still, cannot stop talking. It is a stream that wants to become a roaring river! She is Attila the Hun! (laughs)

5.16 A homeopathic doctor shouldn't be a constitutional racist

Please, be careful! We should always try not to confuse the person with the constitution that affects him at the present. Our Inner Self consists of our Conscience Soul and our Individual Spirit. Any given constitution can only affect part of our External Self only; it can affect only partly our Intellectual Soul, part of our Sensual Soul and part of our Etheric and Physical Body. So you see, constitutions resemble to the clothing we wear and can affect us only partly and mostly externally.

Any human creature is born with certain miasmatic and constitutional tendencies. In the course of his life he tends to be influenced by, let's say five to ten, relative constitutions. I say relative and I mean it! We just can't be today Dr. Jekyll and tomorrow Mister Hyde! Most of the times, we move along relative constitutional influences.

However, severe incidents in a person's life may turn him to other directions than usual, nevertheless, changes are not so great because there is a certain inherited background; when I say "inherited" I don't just mean genes and the physical level. I also refer to the psychological inheritance of his actions in past lives. I know that I have just said something that will raise a lot of questions and opposing opinions, yet, please just let it there and let's go on; we will talk about it in due time.

What I want to stress, for the moment, is that, *we*, homeopathic doctors, should never be constitutional racists; we should not judge a man from his present constitutional influence; we should take it in consideration because all things have a certain meaning and are not accidental, yet, we should not be prejudiced regarding our behavior to any given patient or to any given person.

5.17 All constitutional influences are "bad" since they are illusions

We must never say "this is a good constitution, so this is a good man" or "that is a bad constitution, so that is a bad man". We should always bear in mind that any given constitutional influence, by nature, is an illusion that causes imbalance

and Illness. Nevertheless, there are great differences among constitutions; some cause much imbalance and some less but there are many other factors that contribute to the final outcome. It is also true that syphilitic constitutions tend to affect our psychological evolution more than sycotic ones and even more than psoric ones.

However, this is a general statement and only one factor in “the game of life”. Sometimes, psoric persons, due to their psoric influence tend to become victims of syphilitic persons and hit the bottom regarding “the ladder of psychological and moral evolution”.

Let me remind you the example of the psoric lady Natrum Muriaticum in our first lecture; although she had moral principles and a fine education, due to her psoric unbalanced feelings, she fell in love with a good-for-nothing, sycotic junky who never stopped faking that he was “so much in love with her” and took advantage of her. Despite her relatively “good” background, she may end at the bottom of the “moral ladder” due to her psoric attachment to principles and morality that makes her the perfect victim of syphilitic people.

Let me give you another example. There is a psoric guy who is eager to evolve psychologically and aspires to become a real saint. So he starts living a life full of praying, yoga, meditation, reading holly books, etc. However, due to his psoric trustfulness and sincerity he may become the victim of syphilitic priests and “gurus”; in the end he is even lower than before regarding moral evolution.

Therefore, what matters, is not only from what level one begins but also what do you do in the course. As doctors, *we should never be constitutional racists*. Never forget, that although we are homeopathic doctors and may have read tons of books about constitutions, *we are influenced by constitutions, as well*. Moreover, let me remind you that “it is easy to see a splinter in the eyes of others and very difficult to see the log in our eyes”, as Jesus said.

-Can I ask something that I didn’t understand?

-Please, do!

-Does, a certain person, change constitutional influences during his lifetime?

-Yes, he does. We are living creatures facing everyday changing conditions. According to the conditions we face and moreover according to our will, our aims and our attitude, different constitutions can affect us at any time. If I turn my boat towards the island of Santorini it will of course take me to Santorini; if the wind and the waves change my course, then I may find myself to the island

of Mykonos, instead.

5.18 Man is endowed with limited freedom of choice

-Isn't it true that anyone of us is strongly influenced by his basic constitution?

-It is true to say that there are some constitutions that could be called basic to each one of us, in the sense that are very relative to our present existence. Such a present basic constitution does influence us a great deal, but still, there is a considerable amount of freedom of choice. For example, I may have a car of certain specifications; furthermore, in front of me there is a certain road with certain specifications; still, I am the driver of this car. I may choose to get off the road and drive to the open fields as if my car was a jeep. It is more than certain that I will have some consequences according to my decision, but I do have a certain amount of freedom of choice.

So, we are indeed, endowed by God and Nature, with a certain degree of freedom of choice; the choice to go upwards towards the Creator or downwards, away from him; to live according to Universal Laws or to violate these Laws. It's a small degree of choice, but still, it does exist. We are not animals! We are humans! If we were animals consisting only of Sensual and Intellectual Soul then, by Nature, we wouldn't have any freedom of choice; we would be guided completely by our powerful animal instincts.

However, we are humans and consist also of Conscience Soul and Individual Spirit. Thus, our Intellectual Soul, being the manager of our existence, can choose to be inspired by our Individual Spirit and live according to Universal Laws and the word of God or to follow only our egoistic will, and the needs and urges of our body. It's a two-edged knife! You can cut bread with it or you can cut your hand!

We *do* own a limited freedom of choice; if we do wrong actions it gets even more limited; if we do correct actions, that is, moral actions, then we acquire more freedom of choice. It's like a chess game; the more mistakes you make, the more limited are your options until you have one option: to face "Roi Mat"! The more we free ourselves from our miasmatic and constitutional illusions, the more free we are! The more we live with respect to Universal Laws and the word of God, the more options we have and the wiser we get!

5.19 Enlightenment, is the overcoming of our miasmatic and constitutional influences

Let me show you how close is the philosophical and religious knowledge to the scientific knowledge and experience of a true Science like Homeopathy. What, actually, is "enlightenment" of Christian saints/Buddhist saints/true philosophers? It's but the overcoming of their miasmatic and constitutional influences! A true saint is freed from the chains of miasms and constitutions! He is no longer influenced by the "earthly demons". Hermes the Great said that according to our destiny (karma) of past lives, at the time of birth, an Individual Soul enters a certain physical body together with those certain demons that habituate at certain planets of our solar system and can produce to the influenced person certain specific illusions (miasmatic and constitutional tendencies/characteristics). Our Individual Soul is reincarnated at a certain time where the position of the planets at the sky matches those demons that will accompany us through our certain earthly life *according to our past destiny (karma)*. That's the real basis of Astrology!

So you see, our Miasmatic and Constitutional influences are but the "earthly demons" that live inside us through our entire earthly life. As Christian religion says, we can reach enlightenment at this present earthly life only through our moral actions and only "by the grace of God". Then, true saints are freed from any miasmatic and constitutional influence and thus are freed from any illusion and Illness. Then, saints, enter the World of Uniqueness and are freed from the World of Dualism/Diversity. How many humans can reach such a high level during this earthly lifetime? Only a few ones!

It is more than certain, that what I have just said seem very "metaphysical", extremely peculiar, even nonsense or crazy and schizophrenic. Nevertheless, what is schizophrenia, after all, etymologically? It's the splitting of one's mind. We are living in a schizophrenic era because we have split in our minds Philosophy-Religion from Science; Physical from "Metaphysical"; Theory from Practice; Morality from Technology.

Usually, if we are scientists we don't accept religion and philosophy. If we are philosophers we refuse to think in a scientific way. For me, *that's* schizophrenic and not what I have previously said, adopting a functional, working hypothesis! For me, anything that can help us understand reality, be it philosophy, religion, science or even "metaphysics" is a useful tool. We shouldn't be fanatical and narrow minded.

My 25 years of clinical experience in Homeopathy and philosophical research lead me to the conclusion that Philosophy-Religion and Science are the two faces of the same coin; *Miasmatic and Constitutional influences are but our*

karmic chains and that is the reason why they are the main cause of Illness and Sorrow.

How can I teach you true Homeopathy if I don't relate it to the whole of human knowledge? For me, Homeopathy is closely related to life; and life is not only physical symptoms and blood examinations; life is also psychology, philosophy, religion, Universal Laws, Destiny, Nature and God; life is related to all these and if you want to restore life to normal as a true doctor you have to know life and act according to the Laws of Life, that is, according to the Universal Laws.

How can you employ Homeopathy if you don't realize as a doctor that *all the symptoms described in our Materia Medica and Repertories are but miasmatic and constitutional influences, imbalances and illusions*? How can you drive all these away if you don't know what Miasms and Constitutions really are? How can you act, if you don't know your limitations as a doctor? How can you deal with a patient if you don't realize that he is an Individual Soul having past, present and future along the ladder of moral evolution?

5.20 Balancing the miasmatic and constitutional influences by the homeopathic treatment

-You mean that whenever we give a homeopathic medicine, we aim to drive away his constitutional influences?

-You can't drive away completely all the miasmatic and constitutional influences by any homeopathic medicine. If we could do that then we would be God and homeopathic medicine would be "the grace of God". We simply provide Etheric Energy to the patient, balance the flow of his Individual Etheric Body and thus *lessen* the miasmatic and constitutional influences. This, in turn, balances his Physical Body downwards and his Intellectual Soul upwards.

You must start thinking holistically. You must ask yourself: "To what level of the human existence, does homeopathic medicine act?" A homeopathic drug is not material; not of lower energy like electromagnetism; nor psychological or spiritual; it is etheric! It is an "injection" of etheric energy that restores the flow of the Etheric Energy in our Physical Body.

The homeopathic medicine charges our "batteries" and mobilizes our physical and psychological defense mechanisms; this action enables our defense mechanisms to function in a better way so as to overcome, at a certain degree, our passions, illusions and intellectual confusion; thus our Intellectual Soul is

more free to choose again in a more correct way; to function according to the Universal Laws; to go upwards.

That's the reason why you give a good hearted person a homeopathic remedy and he has a tremendous uprising and in a few months he is better and off he goes while another person, an egoistic and malice one, is being treated for months and he has ups and downs all the time; he is gradually better but he has ups and downs because he insists in living in the same egoistic way; we push him up and by his actions he falls down again and again. The remedy acts, charges his batteries, but he insists on spoiling all this energy in negative intentions, thoughts, emotions and behavior.

Can you see now the need for Philosophy so as to explain things? If we didn't have any free will and we resembled like batteries then after some homeopathic drugs they would be fully charged and we would be totally healthy. Yet, when it comes to living creatures that have the freedom of spending energy at will, we have to do with a balance sheet that has incomes and expenses.

There are, of course, some syphilitic domineering mothers that after homeopathic treatment, relax and rethink of their wrong attitude towards their children or husband and change behavior and get a lot better. But it is difficult for a syphilitic person to overcome his strong miasmatic and constitutional influences. For a psoric person, such a thing is easier. He is not so egoistic and is more able to do self-criticism and change his behavior.

5.21 Plethoric, kitsch look

After such a large dosage of Philosophy, let's get back to tangible things so as to balance theory and practice. Let us examine the look of a Lachesis person. As we have already said, a psoric Natrum Muriaticum is dressed conservatively; she is neat, clean and conservative as to her fashion choices; she is never vulgar, extreme, plethoric or provocative. A sycotic Medorrhinum is more free and cool as to his clothing; he can be either indifferent or will take much care of his sportive and in fashion clothing so as to be an able womanizer.

A syphilitic Platina will be dressed like a Queen or like a princess or like a "femme fatale": expensive clothing, in fashion, fancy clothing and sexy clothing; she wants quality and uniqueness; she usually has such a good and expensive taste; she is chic!

On the other hand, the syphilitic and secondarily sycotic Lachesis is greatly imbalanced as to her look; she is so plethoric that she ends up to be kitsch. Have

you ever seen those elderly women with dark red lips, tons of fancy make up, provocative see-through blouses, a very low, vulgar neckline, many kitsch heavy golden jewels, snake shoes, leopard blouse, super mini skirts that don't match their short, fat legs full of cellulitis? How is it possible not to say "Oh my God!" (laughs)

She may also adopt a very God-fearing conservative look with long dress, high neckline and conservative hair look. However, you may also see a huge golden cross hanging out on her chest so as to cry out to all, proudly and hypocritically: "I am a defender of the faith of Christ!" On the other hand she may have huge thighs and will wear very small tights with fancy colors or leopard lines or zebra lines! She may have huge breasts and despite this, she will have a very low, vulgar neckline. She may adopt a look that does not suit her age or her body form. It is an extreme combination of vulgar, plethoric and kitsch style. (laughs)

Be careful! Please, be careful! I am describing all these without any judgment or negativity towards the person that is influence by this or that constitution. I am not a judge and I am not a preaching priest; I am a doctor, a scientist and my main care is to have a clear and unprejudiced picture of my patient so as to give him the correct homeopathic medicine. My job ends there. I am but a tool of Nature and I have to be a good tool and the only thing I have to do to be a good tool is to be a precise tool. An unprejudiced, well calibrated device.

What happened before or what will happen after my treatment is not my job. Each Individual Soul that comes to me has a cross to carry up to Golgotha hill; as a doctor, I am but the fellow man whom he looks in the eyes when tired; I respond and help him carry his cross a little further; I am not his Messiah, I am not the rebellion that will drive away the Romans and free him; I have my own cross to carry too and I can be compassionate for this very reason, but still, each one of us can only carry his own cross.

When describing constitutional pictures and especially syphilitic ones, I may drive things a little to the extremes or make things a little picturesque so as to help you form a picture and grab the essence of it. But you must always remember that there is a whole spectrum of constitutional pictures that corresponds to every constitutional influence. The primary influence, the constitution, is the same but since it affects people with different cultural and moral level and background, the final outcome consists of a whole spectrum of different shades, even seemingly contrary ones.

For example, I have already described the low class vulgar appearance of Lachesis that seems very different from the high class, modern successful

businesswoman Lachesis and from the conservative God-fearing religious woman Lachesis. They all have the same syphilitic qualities although the final Secondary Behavior differs a lot. It's the same thing that happens with the one genotype that may create many, seemingly different phenotypes.

Let me describe, in details, some of these Secondary Behaviors. Let's take the case of the appearance of the conservative, God-fearing, religious woman. She has her hair done in a conservative bun look, buttoned shirt up to the neck, a very long conservative skirt, conservative colors like grey, black or dark blue, a strict face, no makeup, no fancy jewels, yet, still, this seemingly psoric look has a syphilitic tint: a large, heavy golden cross that protrudes out of the shirt so as to shout out proudly: "I am a defender of Jesus Christ, I am a moral religious woman, I have a strict face and be careful, I judge anyone who is immoral and a non-believer!" (laughs)

Let's see another Secondary Behavior of the same constitutional influence: the "fruitcake", the "freak", boorish woman who wants to imitate the modern, classy, city women. She tends to exaggerate and ends up in kitsch dressing and kitsch general look; she will wear fancy extreme clothes, extreme accessories, snake shoes, leopard clothes, golden or silver clothes, lame, rhinestones, shiny accessories, etc.

We must always seek for the primary tendency, the primary behavior that lies beneath all these numerous Secondary Behaviors. What are the common elements behind all these seemingly different behaviors? They are: exaggeration, kitsch taste, hypocritical conservatism, vulgarity, provocation, domineering tendency and perversion.

Take for example the woman that is proudly showing off that she is a fanatic God-fearing Jehovah witness or Mormon or Muslim and is dressed as plain and conservative as possible. Somebody could say: "You may have mistaken her; she could just be a psoric, humble person, a true believer that dresses accordingly, that is, plain and humbly". I say to him that she is definitely syphilitic because she exaggerates in trying to be *very* plain and *very* humble; *she is provocatively humble just like a Pharisee!* Whether I am provocatively conservative or provocatively vulgar the common thing is provocation and exaggeration and, of course, the syphilitic intention.

5.22 The "Cortisone face": swollen face and trunk, thin extremities

Lachesis body type is very much like the "cortisone face" caused by the long use

of high dosages of cortisone, that is, swollen face and trunk while extremities are normal or thin. In our first lecture we have talked about Natrum Muriaticum's body type, which takes the form of a pear. Medorrhinum has a quite yang body type, that is, strong, large and wide bones and developed muscular system.

That doesn't mean that all constitutional influences have the ability to create a certain characteristic body type. Moreover not all persons influenced by a certain constitution have the characteristic body type of this constitution. We should bear in mind that in order to have the body of a person shaped according to his constitutional influence he must be influenced strongly by this constitution for years and years and, especially, at the age during which the body is growing and maturing, i.e. during childhood and puberty.

Therefore, whenever a person is influenced temporarily by a certain constitution, we shouldn't expect him to develop its characteristic body type. It's a matter of procedure; a certain constitutional influence changes our Etheric Body to a certain pattern; this pattern in turn affects the function of our Physical Body and gradually after many years it also shapes our body accordingly.

5.23 Lachesis characteristic gaze

It may seem strange for most of you, yet, Lachesis, quite often, develops a certain characteristic gaze; she looks as if she is wearing glasses and lowers the head so as to look over her glasses; her gaze at you is fixed; you are the target and she does not stop looking straight in your eyes, as if looking like a snake straight to her victim; she may turn her head sideways but she keeps her eyes fixed on you; this is in accordance with her soul; don't forget that "the eyes are the mirror of the soul".

If you are suspicious and your aim is to dominate, then you are alert all the time; you are a cunning fox or a snake hunting for pray or you stay alert, in order to face hostile attacks; you never turn your eyes and attention away from your target or from your enemy; you observe and note down every little motion of your opponent; you keep asking yourself if you are a Lachesis person: "What's the matter with this guy? Who is he, really? What are his intentions? Am I in danger? How can I manipulate him?" Can you see now how our Physical Body expresses the content of our Soul?

Other constitutional pictures also have a characteristic gaze; for instance we could talk about the vanity glance of Platina; she is so vain, so royalty, so sure of herself; she has that air of royalty; it's as if she is looking you from high above and for seconds she does a favor to you to bother look at you; you see, she can

be very snob, at times. Enough with the psychological characteristics; let's talk about some important physical characteristics, as well: she is usually hot; quite hot, but not as much as Sulphur, unless apart from Lachesis there is a strong Sulphur influence in the background, ready to pop up. She may not be hot or may even be a little cold but even then, she cannot bear a hot room, a room not ventilated with fresh, cool air; she will open the windows.

During menopause and even years after the end of menses she is usually suffering from hot flashes and sweat; it's the main constitution responsible for menopause problems. That doesn't mean, of course, that whenever you find this symptom you should prescribe Lachesis! It's so wrong to be based only on one symptom or to a few ones, even if they are "key notes", that is, very characteristic. *The whole is always more important than parts*, and that's a Universal and Homeopathic Law not to be forgotten or violated.

Now, let me remind you of a picture already described: of those elderly ladies with the extreme make up, the kitsch clothing, who are loquacious, hypocritical, syphilitic and domineering; add the hot flashes and see them fanning themselves and you can only think of Lachesis to prescribe. See, how the *Miasmatic Constitutional Diagnosis* works? It is a matter of familiarizing yourself with the correct pictures and acting according to homeopathic laws.

5.24 She just can't bear anything tight

Another, very important and easy to trace, characteristic is that she just can't bear anything tight; anything that tightens her body and especially her neck, chest, breasts and belly. There are, of course, other constitutional pictures that have this characteristic, yet, for Lachesis it's a capital one; if combined with a syphilitic temperament it guides you strongly towards Lachesis. Once again, I urge you not to yield to the habit of Key-Note Prescribing. Key-Notes can only be reminders. Nothing more, nothing less.

She, usually, can't wear a polo-neck sweater; it's not a matter of heat; she can't bear it even in a cold winter; it's a matter of tightening; she may even dislike having a necklace for the same reason; heavy clothing or heavy blankets may also produce a tightening and make her feel bad. So, you see, she wears low necked dresses or blouses not only to provoke attention but also because she can't stand tightening in the area of the neck and chest.

If anything obstructs her breathing she is so distressed; that's why she will not cover her head or nose even with light sheets; she feels suffocated. The minute

she enters her house, she throws away any bra even if it is a loose one. In fact, she often purchases a bigger size of bra so as to feel it loose. For the same reason, as soon as she enters her house she changes into loose outfit or she may walk about with her underwear. She may not wear bra at all, unless she has enormous breast; she may also wear bra only when going out to church or to the doctor, that is, at places where she must appear to be descend; she does it for social reasons.

-Did you say esthetic reasons?

-No. I said social reasons; esthetics and good taste is definitely not her field! (laughs) She is so kitsch, most of the times, and not only regarding her clothing but even regarding furniture, house decoration, etc. She also avoids body stockings, tights, corsets and anything tight. But you may even find a Lachesis that wears tight clothing; it's usually the case of a young lady that wants to show off her beautiful body and in the fight of beauty versus comfort, beauty usually wins!

Don't confuse "aversion tight clothes" with "aversion woolen clothes". Some people, and especially Sulphur people, can't stand woolen for two reasons: heat and itching. Lachesis may have an aversion for heat but usually has no itching.

-Oh God! I had such a case in my dental clinic! She sat on the dental chair and told me: "Doctor, can I remove my bra?" "For God sake, why?", I told her full of surprise. And she told me: "I am suffocating, I don't feel comfortable". And she removed it at once!

-You see how true is what I've been telling you that true Homeopathy is born out of life? It is born out of clinical and every day observation. So you see, when a patient comes to the homeopathic doctor, he even looks at her bra! (laughs). Please, don't take it the wrong way! I was just joking! I, really, don't want to see my name in the headlines of the newspapers tomorrow! (more laughs)

So, to conclude, nothing is accidental. Nor our look, nor our expression, nor our speech, nothing at all! But we must never be absolute, prejudiced and rigid and say: "she doesn't like tight clothing… give her Lachesis". That's so wrong and has driven to failure so many homeopathic doctors and, consequently, it has driven to disappointment many homeopathic patients! (laughs)

5.25 Aggravation from sleep

She is aggravated from sleep; she may wake up during the first hours after sleep

from a chocking feeling in her throat; she wants to rise up and even open the windows for fresh air. She is so active and full of energy that she usually wakes up early in the morning; she just can't stay in bed; if she is a housewife she will immediately start taking care of the house; old Lachesis housewives could wake up at 6pm and start preparing food for noon, then clean the house, etc.

If she happens to sleep one or two hours more than usual, either in the morning or at noon she will wake up worse than before sleep; she will feel so heavy, even tired and often with a headache or a heavy head; she will say to herself: "What's the matter with me? Others are so much better after sleep and the more they sleep the better they are".

5.26 A homeopathic doctor should never prescribe according to the patient's phenotype

Regarding irritability, we will usually find Lachesis having two kinds of behavior; the one corresponds to her genotype or primary behavior and the other to her phenotype or secondary behavior. You must always discriminate between primary and secondary behavior; the genotype or primary behavior is the most important of all; the phenotype is useful only to guide us to the genotype and it may even be seemingly opposite to it. This is in accordance to the Universal Law of Uniqueness and Diversity. There is one genotype or primary behavior but from it, can origin many phenotypes or secondary behaviors.

Her genotype or primary behavior is that she gets easily angry; easily irritable and usually expresses her anger no matter what; but then you may often find her adopting a phenotype or secondary behavior that is quite the opposite: she is "Misses Calm". How on earth can you not be confused? A very useful criteria is her syphilitic exaggeration and, of course, her syphilitic intentions.

There comes to an inexperienced homeopathic doctor a seemingly "God-fearing" old lady who seems very calm: "Hello doctor. How are you? How's your wife and children? Good? I do hope so! May God bless you" Then the doctor proceeds to the homeopathic history and asks her: "Are you easily angry?", "For God sake, doctor, no! Not at all! Why should I? I believe so much in God and I have worked so much with myself. I always forgive people, even when I should be angry I say my prayers and forgive others; that's how we should all be, peaceful and forgiving and full of love for all people!"

Next thing, the inexperienced homeopathic doctor notes down on his paper or computer: "Very calm, loving and with high moral principles; a psoric person". I

say: “Shame on you doctor! You are awarded the medal of the open palm!” (laughs) It’s a great rule in true Homeopathy: *Never judge by appearances! Never judge by behavior!* You must always unmask your patient! You must always seek for his genotype, for his primary behavior, for his intentions.

At times, a patient of mine may say to me: “Oh doctor, I must have mislead you last time you saw me, because I answered totally wrongly to your questions about my personality and you may have given me the wrong remedy although I am feeling better”. And I say to him: “Who told you that I note down whatever *you* tell me, just as *you* have said it?” (laughs)

If I believe anything they say to me then we are both lost, patient and doctor; they will lose the chance to get well and I will lose most of my patients and especially the syphilitic ones who are indeed, nowadays, the majority of patients. *Never take for granted what a patient says to you! Never, ever!* The more he exaggerates the more you must doubt! The more he seems to know himself and the more he is proud about this, the more you should doubt.

Therefore, when a Lachesis patient says that she is “extremely calm” and that she “loves all people”, the more you should doubt about it. My granny, God rest her soul, was a very loquacious and syphilitic person, a typical Lachesis. No matter what she was talking about, after two or three sentences she used to say like a cassette player: “God bless my children and grandchildren and all people!” Then she used to gossip all people in the neighborhood and even her children and grandchildren; she used to put words in others mouth and had them quarrel among them; she couldn’t leave anyone at rest!

Exaggeration, hypocrisy and syphilitic intentions: these are three very important criteria that help you discriminate a secondary behavior from a primary one, the phenotype from the genotype.

5.27 Mean and domineering or hypocritically “good and sensitive”

So you must realize that Lachesis can be found in two versions: As mean, domineering and irritable which is the primary behavior version and as hypocritically “good and sensitive” which is the secondary behavior version. The first version is not so frequently found nowadays because any person having such a behavior encounters so much social reaction that he will have to change expression, in the end. So, it is expected that, many syphilitic persons tend not to show their primary behavior and intentions and tend to adopt several socially accepted secondary behaviors.

In conclusion, Lachesis is primarily an irritable person. What irritates her? Anything that is contrary to her domineering attachment. If her husband does anything not her way she gets angry; if her children do anything not her way she gets angry; Attachment leads to anger. Anger is a lower Intellectual Emotion that originates from attachment; the more the attachment the more the anger.

So, why does Lachesis get angry? What are the usual causes that make her angry? She gets angry whenever things are not done her way; whenever she is not the dominant person in a love affair, in family, in work, in society… anywhere! She gets even angrier when anyone under her dominance tries to free himself and disputes her authority. However, if you ask her about her irritability she may mask things: usually she won't say "my kids/husband makes me angry"; instead she will often say: "my kids/husband distress me/hurt me/sadden me/make me suffer!"

5.28 Cutting comments, mordancy

Usually she expresses her anger either by shouting if she is a low class woman or if she is a "modern" woman she will do biting comments, mordant remarks. Moreover, she will blow hot and cold: she will stub you first and then will nurse the wound with cotton and iodine and then stub you again.

She may say: "Is this treatment going to last long? You don't expect me to come here every month and pay you all the time… not that you didn't help me a lot, but you see I live on a salary". She blows first cold and then hot and then may change subject without waiting even for a second. You see she doesn't want to give you the chance to answer! She is such a cunning fox when it comes to dominance, when it comes to do things her way.

When I was a trainee at my trainer's office, I happened to be present to the following biting remark from a Lachesis patient. She said to him: "What's the matter with you, doctor? I come here for some years now and I always find you wearing the same shoes. You are rich; you have so many patients; why don't you buy yourself new shoes?" (laughs) And then, immediately, she started saying how much good he has done to her and what a good doctor he is. This biting comment was not accidentally done. The doctor had recently raised his fee, she learned about it, and tried to prevent him from raising the fee for her also since "she has been coming for years" and since "she has referred to him hundreds of other patients". Do you remember what we have said about intentional actions? Anything she does has a goal: an egoistic, syphilitic goal.

Whenever you see a patient coming for the first time and immediately starting to

accuse other doctors and saying that she has heard so many good things about you, then start thinking of Lachesis or other syphilitic constitutional pictures. Whenever she says to you: “these medicines you gave me have caused many side effects to me… of course, I don’t mean that you did it on purpose, but they weren’t so good as the ones you gave me before”, then again think of Lachesis blowing hot and cold to you.

Whenever a patient praises you excessively, especially in front of others, think of Lachesis. Don’t let yourself be carried away by such tricks and syphilitic baits; *be relaxed, patient and objective “fishermen” of people*. Try to reach an objective diagnosis of their constitutional picture; that is the only way that you can help them; don’t let yourself be flattered; don’t let yourselves yield in public relation games. If you are trapped in such games, you will not be able to free them from their own jail of illusion because you will be hallucinating too!

5.29 Intentional and purposeful praise

Lachesis patients that were cured by the homeopathic doctor are, often, those that will recommend to him many other patients. Wherever she will go at the church, at the bus and in companies she will say to others: “I have a very good doctor; he has cured me; he saved me; you must go there and he will certainly cure you too; don’t forget to tell him that you are recommended by me, Misses Brown, so as to take a good care of you!”

Don’t, even for a minute, think that the motives for this praise are unintentional; you have to do with a syphilitic person; most of the times her motives are selfish; sometimes this is done so as to ask you to charge her less since she has recommended to you so many patients; other times, she wants you to feel in debt to her so as, anytime she needs you, to take a very good care of her; some other times, she uses your success and good name so as to praise herself for choosing such a good doctor; she says to other people: “I know this doctor so many years; we are very close; I have sent him hundreds of patients; if you go tell him that I’ve sent you to him and he will take very good care of you”.

On the contrary, a psoric Phosphor will recommend his doctor to others, only out of gratitude for the man that freed him from his fears and nervous complaints. A low class Lachesis may even expose herself revealing her intentions straight away: “Give me drugs for a longer period because I have financial problems… I have recommended so many people to you… did Misses Young came to you recently? Did she tell you that *I was the one* who recommended her to you? You have helped me so much… I worship you… I will place your picture next to that

of Mother Mary!" (laughs)

If you hear this last phrase, just think of Lachesis, seriously! (more laughs) And if she says that, in front of other people, then it is more than certain that she is a Lachesis person, indeed. Another popular phrase of Lachesis when praising you is "God first and then doctors!" However, if you don't succeed in curing her and if on top, she is dissatisfied from your behavior then "may God help you!" She is not capable only of great praise but she is more capable in defaming you, exposing you to others and ridiculing you.

5.30 The hypocritical image of the "good and sensitive mother/housewife"

Lachesis is usually very tidy, but not as tidy as Nux Vomica who is fastidious, that is, tidy to the third degree. Lachesis is tidy and neat as old housewives were proud to be. Nowadays, many modern women feel embarrassed or even ashamed or sometimes bored to be housewives; they are proud to declare that they employ a foreign maid to take care of the house and of the children.

That's not a male subjective comment; Men also, nowadays, have also changed to the worse. Whenever we function and think as homeopathic doctors we should try to forget our gender and try to be objective scientists so as to reach to a correct diagnosis of the patient's constitutional picture. Lachesis women, especially in old times, adopt the hypocritical image of the "good and sensitive mother/housewife"; it is of course, a secondary behavior, a phenotype. She is neat, tidy and clean; she is proud to declare herself "a capable housewife" that manages to take care of the house, the children and the whole family.

Her work is so important; she raises the children to become descent, good Christians, useful to the society and with moral principles; she is an excellent cook; her roast beef is the first; (laughs) she is honest and faithful, good, sensitive, moral and above all a wonderful wife and mother! That is the hypocritical secondary behavior in a few words.

Don't confuse her tidiness with the fastidiousness of Nux Vomica. Nux Vomica is extremely fastidious; it is something that comes naturally out of her; it's the way she functions; she doesn't do it *so as to* be proud about it to others; she just can't function otherwise; it's a neurosis, it's almost an obsessive behavior; she is the "Anal" personality of Freud.

Lachesis, on the other hand is tidy because she is so energetic and since she stays at home she has to do something to waste her energy. She will keep mobbing the floor every day until the marbles need replacement! (laughs) She also does this

for another reason: so as to show off to others and make her family feel in debt to her so as to domain.

5.31 Introversion due to fear of gossiping; intentional extroversion

Regarding introversion/extroversion you can find two phenotypes of Lachesis individuals. Usually she is introvert for fear of others gossiping her; you see, she judges from herself! She is such a gossiper that she always thinks that others do the same thing as she does; so she keeps her personal to herself or to very close ones, especially within the family. She may not confide even to her close ones because she wants to maintain a certain good image so as to manipulate her own people and others.

On the other hand she may adopt a different phenotype; she may appear to be extremely extrovert; she may even say that her husband is not good at sex and doesn't satisfy her even when first meeting you! Or she may burst to tears the very first moment she meets you and "confide" to you that her son uses drugs and that she is so suffering. If you are not acquainted with syphilitic secondary behaviors you may say to yourself: "Oh my God, what a sensitive, extrovert woman! She is so suffering that she has lost any measure of extrovert behavior and confides to anyone seeking for consolation; she definitely needs Pulsatilla!"

Well, you are so wrong! You have just eaten her bait like a freshman! It's a secondary behavior that has all the characteristics of Lachesis; intentional, syphilitic, hypocritical and exaggerated. She fakes being a good and sensitive Pulsatilla so as to get all the sympathy and good name. She does that in order to hide her real nature and use this image so as to manipulate her close ones and even use you in order to do that. The absurd thing is that most of the times, she is the one that has caused all these misfortunes for which she blames her husband or society!

5.32 Domineering parents drive their children to homosexuality or insanity

What do I mean by this declaration? Let me tell you what I mean. Whenever you find a psychotic or homosexual child, as a rule you will trace a Lachesis mother in the family, or at least another dominant person. I am fully aware that I may say things that drive you crazy or surprise you, but that's the way things are in reality. And reality is our field of action especially in true Homeopathy. Nowadays, it is a rare thing to trace a dominant father responsible for his child's insanity or homosexuality.

When I say a dominant father I don’t mean a Medorrhinum father. Medorrhinum is not usually a dominant and oppressive father, at least nowadays; more often he can be an indifferent father; he may, of course, be very irritable and bursting but he will not be systematically oppressive as a Nux Vomica or as an Arsenicum father. Nux Vomica is oppressive due to his obsession with tidiness, schedule and good manners. Arsenicum is oppressive for two things: he thinks he knows everything and that all must obey him and he is very fastidious in the sense that all things should be done scholastically and according to his way.

The usual case is an oppressive Lachesis mother with a father that is primarily indifferent or secondarily indifferent because he has been “neutralized” by his wife. Then the boy of this family is in great trouble; not only he is oppressed and “castrated”, that is, emasculated by his mother but he hasn’t got any normal masculine model to refer to; so it is so easy to turn to homosexual behavior or to become effeminate.

If he is a yielding and introvert boy, then he may end up to insanity. In both cases and especially in insanity, the mother has achieved full control, complete dominance, because she now has a “crippled” child fully depending on her; he will stay a dependent child for ever; a puppet in her hands forever!

But any coin has two sides in this World of Dualism; it is “a two edged knife” situation; on the one hand she has full control over her child but on the other hand she is fully occupied and enslaved; she is at the same time perpetrator and victim, hunter and prey. It’s the same thing that happens to a shepherd; He is being served by the weak-willed sheep but he is also obliged to serve the weak-willed and dependent from him sheep!

She is so hypocritical that although she has intentionally caused such a weak-willed and dependent child, she goes around or even to the doctor saying to all: “What can I do? He is so useless that *I have to do* everything for him! *I am the one* who suffers more, taking care of him! Oh God, I don’t deserve this!”

5.33 The overprotective “Greek mother”

Regarding fears, Lachesis in reality, has no fears; she is a very strong and confident person. Don’t be confused by what she calls “fears”. Her, so called, “fears” and “worries”, are usually very good excuses to manipulate others and especially her children. Most of the times she says she is “so afraid and worried” about her husband’s health condition but in reality she uses these fears so as to control his going out with his friends or mistresses.

If he is seriously ill or if the doctor says that he should take a considerable care of his way of life, then she takes the role of the strict nurse to control him and neutralize him; she finally found a very good way of neutralizing her rebellion husband; she starts treating him as if he were a small child.

She also uses her “fears and worries” so as to control her children, especially if they are not yielding: “Be careful! You will get ill! Drink your orangeade and your milk! Wear a jacket! Don’t drive a motorcycle! You will have an accident! Don’t hang out with bad companies! Stay safe at home! Be careful of broads! The only think they have in mind is to hook you and marry you!”

Isn’t that the typical picture of the overprotective “Greek mother”? It’s not a coincidence that many women when becoming mothers change constitutional influence and usually become Lachesis individuals. I say “women” because Lachesis is dominantly a female constitutional picture; this is because it matches female characteristics; rarely will you see a man Lachesis; on the other hand it is more usual to find a Medorrhinum man than a Medorrhinum woman.

It is an expected thing: genders differ; their nature is different. I don’t mean that the one is “better” than the other. I am a doctor; a scientist; I am not a politician; my care is not to convince anyone or to have more fans and votes. The nature of man is simply different from the nature of woman; this is a normal, natural and undeniable fact.

Now, since man and woman differ at the state of health and balance it is an expected thing to differ also at the state of imbalance. When a woman is perverted or simply imbalanced she tends to become hysterical, jealous, loquacious, gossiping, grumbling and mean. When a man is perverted or imbalanced he tends to become indifferent or violent or cruel.

It’s not a coincidence that when we want to curse someone then we say for a woman “she is such a bitch” while for a man we usually say “he is such a jerk”. An imbalanced man tends to develop different constitutional pictures than an imbalanced woman, simply because they are different. Lachesis is a very frequent constitutional picture in Greece. Just watch any Greek series on TV and you will be astonished how many mothers, women and grandmothers perform Lachesis roles. We are full of Lachesis! (laughs)

-Do you mean that Lachesis is a Greek constitutional picture?

-Not only Greek. It;s an international one! (more laughs) But you can, more frequently, find such secondary behaviors of Lachesis overprotective mothers in underdeveloped culturally countries like Greece or South Italy for example. The

secondary behavior of the “modern successful businesswoman” Lachesis can be more frequently found in advanced cultures and in large cities. Nevertheless, always bear in mind that the genotype is the same while phenotypes seem to differ.

5.34 A flexible “cunning fox”

She has such a great idea about herself! But she is not so vain like Platina. Platina thinks that she is “the Queen”, the undisputable top in beauty, culture, charm and brain. Lycopodium thinks that he is such a cultured and refined person, with so many great ideas in his mind. Sulphur likes reading about mysteries and strange things and believes he is a great philosopher; he thinks that he has captured the meaning of life.

On the other hand, Lachesis believes that she is such a cunning fox. She does not only believe it; she knows it; she is sure about it because for many years she manages to manipulate others around her; she does things her way and most of the times others don’t even realize it! She is so flexible and as we have said, so capable of adopting secondary behaviors.

She isn’t rigid like Platina who says straight to you: “I am the first one and whoever does not see this, he is stupid”. No! That’s not Lachesis! She can be so flexible; she can pretend to be anything that serves her interests. You may see her one minute praising others and the next minute cursing them.

She will go to the politician that she praises to others and say to him: “You did not find a job for my son although I have convinced so many people to vote for you… you’ll see! You’ll hear from me… I am going to make a ridicule of you… I am going to support your opponent and you will find yourself out of the game!” She will have no moral restraints, not even social ones. She will go to the ones she has convinced to vote for the present politician and will manage to manipulate them to vote for his opponent.

Some years ago, I used to buy vegetables from a Lachesis grocery man that was next to my house. Whenever I went there he started saying the same things doing public relation towards me: “Good morning, my good doctor! How are you! How is your lovely wife and beautiful children? What a nice family you have! What would you like, doctor? Tomatoes? No! No! No! Don’t take these. They are not so good. I have saved the good ones for you in the fridge. Exclusively for you! Let me give you the best!”

Not that he was fond of me or my family! Not at all! For him I was “the rich

doctor" from whom he would "steal" without any hesitation since I was also "stealing" from poor people. Not to say how much he was gossiping about me and my family!

A Lachesis man is even worse than a Lachesis woman. He is one of a kind! That's not accidental. If a man is perverted and develops a "female" constitutional picture then he is even worse than a woman because such a role is not a usual thing for his nature. A gossiping, loquacious or hysterical man is ten times worse than a woman; he is unbearable! A cruel and violent woman is ten times worse than a cruel and violent man!

5.35 A whole spectrum of secondary Lachesis behaviors

Let me give you some examples of the great many secondary behaviors that a Lachesis can easily adopt: The strict abbess that has full strict control over all nuns; she judges all around her and preaches about love and morality while at the same time may be immoral or even mean; the theologian or literature teacher who is the headmaster of the School and is being hypocritical, overactive, ambitious and preaches all the time about morality and obedience; the ungifted female poet who thinks that she is a great poet and does not miss any chance to read her "work" in public.

More roles: the overprotective mother as described before; the oppressive grandmother who says hypocritically: "a grandmother loves her grandchildren twice as much as a mother her children!"; she always says to her daughter: "You don't know how to raise a child! I know better!" the social worker who pretends to be very sensitive, compassionate and unintentional and at the same time her only intention is to dominate to those around her. It is not accidental that Lachesis tends to select professions or activities that give her the chance to manipulate others and dominate over them.

More Lachesis phenotypes: the vulgar horn or pimp that is proud for her sex "techniques" and her ability to seduce men and manipulate them; the gossiper of the neighborhood who is so capable of putting words into others' mouth so as to have them quarrel while she is nearby laughing at them; if they discover her intrigue she has the guts to answer back: "Who? Me? I swear to my children's soul that I never did such a thing! I swear to all mighty God that I am a victim of conspiracy; someone says lies deliberately to spoil our good relation. Don't believe these lies!"

If you try to unmask a Lachesis as to her syphilitic intentions she will be raging; she's going to eat you alive; she's going to say that you are crazy, a liar, an

insane guy, a lunatic or a conspirator. There is no way she's going to admit her true intentions.

More phenotypes: the mother who steps on her husband's love for drinking and calls him "an alcoholic good-for-nothing father" and accuses him to their children so as to neutralize him and take control over the family; the mother that goes from one TV production to another saying "my beloved child has got into drugs/religious groups/gangs… I try to save him… be careful about your own child… help me to my fight against drug-dealers/gurus/outlaws".

She is so good in accusing others, in ridiculing others or in playing the role of the "good and sensitive mother/wife" that is suffering from her "heartless children/husband". All these roles and many other that may seemingly be contrary to each other are, indeed, secondary behaviors of the same constitution. She may also be "the modern woman" who is ashamed to be called "a housewife"; she is proud to show off as "femme fatal" or as "successful business woman" or as "famous actress" or as "famous artist", etc.

-Can she be a great scientist?

-Of course, she can! Why not be, a great scientist? She is smart, ambitious and energetic. She can be anything she wants. It depends on what targets she sets for herself. But she can also be the vulgar merchant of the flea market who teases men saying shocking sexual jokes.

I rest my case, for now! Life is so diverse, so never ending! True Homeopathy can be so fascinating: both Science and Art; Art and Science; Science and Philosophy; Philosophy and Science! That's what true Homeopathy is for me!

CHAPTER 6

LYCOPODIUM

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A. HIERARCHICAL DESCRIPTION

6.1 The “intellectual” type

The Lycopodium constitution corresponds to the homeopathic medicine Lycopodium Clavatum that is prepared from the homonymous plant. He is an intellectual individual. What do I mean by that? That he does a lot of thinking. Not in the sense of Natrum Muriaticum. Natrum Muriaticum is easily offended or hurt and her thoughts have to do with emotions and relations; she is emotional, not intellectual. Lycopodium on the other hand is intensely intellectual although sometimes it may seem to be emotional regarding a certain secondary behavior.

He - and I say he, because it is mainly a male constitutional picture - functions mostly at the level of the Intellectual Soul. He does a lot of pure thinking and uses mostly his logic instead of his emotions. That doesn’t mean that he is cruel or mean. Not at all! He simply filters all things with his thinking; that’s the way he functions. For example, when he gets in touch with new things or persons his main care is not to “feel” but to “understand”. He wants to know the causes and the operating mechanisms for all things; he wants definitions for all things. From what parts are they composed of? How do they function? What’s its purpose and usefulness?

He has that great tendency to fill all those “little boxes” of his brain with

information, with data. His mind works like a computer which needs information hierarchically classified in order to function or else it is blocked. It is like the operating system of “Windows” in a computer. You open a “window”, then a file, then a document and so on; you also need software programs to deal with any given document, you need information. That’s the way pure human logic works and since Lycopodium is a purely logical person, he needs to fill his brain with information about anything in order to function even in areas like emotions, where logic is not always wanted.

Somebody could say: “If this is the normal procedure of any brain what is special about this individual?” The special thing is that there is an exaggeration of logic and pure thinking that dominates over his whole existence. Don’t forget that all constitutional characteristics are but normal functions or properties that are exaggerated and imbalanced.

Take, for example, Natrum Muriaticum. Any person keeps some things for himself, that is, he has some degree of introversion; but in Natrum Muriaticum this is exaggerated to the third degree and it becomes a constitutional characteristic, a specific imbalance of this individual. Quantitative change in introversion finally becomes a qualitative change; from normal introversion we move forward to pathological introversion. The same thing happens in all constitutional characteristics.

Let me give you another example. There is a certain normal degree regarding tidiness and programming. If this is exaggerated “downwards” it becomes the characteristic imbalance of Sulphur called “untidiness” and “sloppiness”. On the other hand, if it is exaggerated “upwards” then it becomes the characteristic imbalance of Nux Vomica called “fastidiousness” and “rigidity”. Lycopodium is so intellectual that in some rare times of self-introspection he wonders if he ever had any true emotions, any real deep emotions that were not the product of mere guidance by his thinking and ideas; he wonders if he had ever really “lived”. Has he ever really lived and felt instead of just thinking? This strange and extreme sensation is actually the result of the clear dominance of intellect/logic over emotions.

Being intellectual, of course, has also its advantages; He is very capable of classifying things and ideas; very good in finding the correlations among things and ideas; extremely capable of capturing “wild” ideas, original ones, fascinating and innovating; able to draw new programs or to create new, alternative and radical theories either scientific, philosophical, religious, social or political. That’s the reason why he can be a very good writer, scientist, teacher or philosopher. He can also be a very good advertiser or movie writer regarding

scripts and imagination.

Nevertheless, although he is so capable in producing and understanding new ideas, he lacks the ability to put these ideas into action. This has to do with his special kind of cowardice towards colleagues and opponents; to put an idea, a plan into action you need co-workers and you need to confront opponents; the thing is that he cannot manage other people and especially the syphilitic ones. This cowardice to confront others and especially the competitive ones marks his whole life.

6.2 The “good kid”

There are also other intellectual individuals like Sulphur and Nux Vomica, in the sense of the dominance of the intellect over the emotions. We will examine their differences from Lycopodium in due time. Now, it’s time to capture the essence of Lycopodium and a good way to do this is to take things as they develop in time; let’s see how a Lycopodium mind is formed into the brain of a boy or to be more precise, how the Lycopodium constitution affects the maturing Intellectual Soul of a boy.

Just think of a boy who, while growing, realizes that he has a very good ability for creative thinking; he is very good at thinking, at producing original and new ideas and at understanding and learning new things. It is so easy for him to be the “bright student”. At the same time he realizes that he is not as brave as others when it comes to contradiction with other kids of his age or with grownups. In fact, he is coward, although it is not so easy for him to admit it.

He is living a phase of his life where competition and self-reassurance are extremely strong, so he must find ways to be competitive; due to his cowardice, he can’t be the “wide boy” of his school or neighborhood; this is a role fit for Medorrhinum, as we have described so thoroughly. If he tries to do so they will kick his butt! He may even have a strong body type, he may even have learned karate, but he hasn’t got the braveness or nerve to stand up a fearful and competitive sycotic or syphilitic kid.

So, what’s left for him? He hasn’t got the body, or to be more precise, he hasn’t got the nerve, but he does have the brain! Therefore, it’s almost inevitable to culture his intellect so as to survive and to gain success and reassurance. Thus, he will have the tendency to become “the bright student”, the “good boy”, the “intellectual guy”, the “civilized and cultured young man” or the “sensitive cultured artist”, the “educated and refined soul”, the “nerd”, the “science boy” or the “church boy”.

That’s the easiest way to be acceptable and praised by his parents, teachers, colleagues and society. That’s his “weapons” towards girls since he is not coward only against competitive boys but he is also very shy towards girls. This is the easiest way to promote himself now and, of course, later on, professionally and socially.

This route of life of his is defined by his two main characteristics: he is intellectual on one hand and coward towards competition and contradiction on the other hand. If we want to give his essence in a phrase we would say that he is *coward, diplomatic, educated, ambitious and intellectual*. Let’s analyze thoroughly, one by one, these characteristics.

6.3 The psoric vanity of the “good, cultured and refined person”

His main Basic Passion is Vanity; it’s a psoric vanity because his main miasm is the Psoric one. Natrum Muriaticum, as said, is also psoric but her psoric vanity takes the form of “decency”. What form does it take in the case of Lycopodium? It takes the form of the “good image” or “respected public image”. You see, to wit, “Many have hated money, but nobody glory!”

He is very ambitious although he does not shout about it or even admit it, at times; you see, it’s indeed a psoric ambitiousness; how, on Earth, do you expect it to be, loud and clear? He is not interest in material things; he is not interest in satisfying physical urges and needs like the sycotic Medorrhinum; he is not interest to control others like a syphilitic Lachesis; he is not interest in being the “King” like a syphilitic Platina.

But, he is so much keen in gaining the fame or even posthumous reputation of the “spiritual” man; the educated; the refined; the deep philosopher; the avant-garde artist; the cultured thinker; the humanitarian pioneering scientist; the active ecologist; the respected academic; the pioneering researcher; the hard working scholar; the modern pedagogue.

In addition, he is fond of being the idealist alternative physician; the humble spiritual master; the humble believer in esoteric philosophy; the humble, faithful and educated Christian, Muslim, etc; the idealist, well-educated politician; the pioneering researcher psychologist; the inspired, theoretical, social reformer; the humble educated priest or monk; the famous, humble writer.

His psoric vanity has to do with his image towards himself and especially towards others and even more, towards females; not regarding his physical

image but regarding his intellectual image; the image of his refined, cultured intellect and “spirituality”. All his actions tend towards the promotion of this image either in family, girls, school, job or society. As said, it’s a low profile psoric promotion, but that doesn’t mean that it’s not a very strong one; he wants medals, praises, prizes, recognitions, praising articles, interviews, publications; and not only in this life, but even after death.

Even when he believes that he is worth the praise and even when he is really worth it, he will not easily shout it out himself; he wants others to do it for him. Therefore, quite often, he adopts the secondary behavior of the “humble, modest, shy, calm and worthy person”. A person that seems to avoid publicity but on the other hand is thirsty for it. However, be careful! It’s not that he is an empty barrel; most of the times he is, more or less, worthy of praise since he has read a lot, worked a lot, even dedicated his life to achieve these goals; he is qualified and has done much job.

However, in the syphilitic era that we live in, he just can’t face his syphilitic ambitious opponents because he is coward regarding contradiction; moreover, they will employ any immoral or unlawful means to achieve their goals. In such kind of battle he is as good as dead!

The Lycopodium individual may employ flattery so as to serve his ambition, though it’s a low profile, psoric flattery; he can also be a self-seeker, a calculating person; that is, he will do public relations, avoid judging those from which his ambitions depend on, even compromise with slightly immoral situations so as to promote himself. He hasn’t got the strict moral principles of Natrum Muriaticum and being so intellectual he has the ability to fool even himself, as to his true intentions, so as to serve his ambitions.

6.4 Theatrical behavior; playing roles instead of just being

He is so keen of his public image that he usually adopts a theatrical behavior, a role, throughout his whole life; it’s not a syphilitic, exaggerated and straightly intentional behavior; it’s a semiconscious behavior; he doesn’t have syphilitic intentions to rule others or manipulate them; he only wants good fame, to be loved and recognized by others; a psoric fame. In the end he becomes one with this adopted secondary behavior.

He doesn’t adopt this behavior only towards important persons; he seeks for recognition not only from a minister but even from the kiosk owner of his neighborhood or even from his house maid. He feels so great when other persons think: “What a good man! What an educated, refined man!” His theatrical

behavior is addressed not only to others but even to his very close ones; parents, kids, wife and friends and even to himself; he becomes one with it.

If someone unmasks this behavior, it's not an easy thing for him to accept; he may find a thousand excuses to reject it; he is so good in finding excuses, in arguing and covering himself to others and even to himself; he is so good in self-delusion; in blinding himself! And his main excuse seems so strong: "I try so hard to be a good man!"

6.5 Mistrustful and at the same time gullible!

Being, himself, theatrical, makes him mistrustful to others. If he is so theatrical to others, then others also may be theatrical to him. "Aren't we all actors playing roles!" he thinks. Another thing that makes him seem mistrustful is his natural tendency to want to know the causes and mechanisms about anything; his tendency to draw serious information to fill in the "boxes" inside his mind; he has this strong curiosity, by nature;

If he is a patient, before coming to you, he may read books about Homeopathy, surf in the web or read scientific articles about it; even then, when he comes to your office already informed, he will ask you to make a small lecture to him about Homeopathy.

His usual questions are: "How Homeopathy works?" "What are homeopathic medicines made of?", "Can you give me scientific data about the efficacy of Homeopathy in my specific disease?", "How can I be sure that it was homeopathic drugs that cured me and not something else, for example placebo effect?", "Why doesn't the Scientific Community accept Homeopathy?"

But if you convince him, that is, if you fill properly with information his brain "boxes", then he may become a great fan of your ideas or methods. He is, indeed, mistrustful and impatient as to the therapeutic results and is always asking himself and you if his improvement was indeed caused by the homeopathic cure but when finally convinced he becomes a fan.

This intellectuality of his, is a two-edged knife. It makes him both mistrustful and at the same time gullible! Isn't life and Homeopathy a fascinating thing? How, can such a thing happen? You see, a syphilitic person is very capable in filling his brain boxes with the "proper" information and "convince" him about his theories and good intentions.

A syphilitic Lachesis will say to herself: who is this? He is an intellectual

person. What does he need so as to be convinced? He wants “scientific” data, mechanisms, explaining and talking. I will give him whatever he wants. I will also flatter him that he is “so smart”, “so educated” and “so refined”. What else do I see? I see that he is very ambitious; he wants glory, idealistic theories, etc. I will give him the right baits! I will tell him that he can serve “our” ideals from an “important position” under my guidance, of course, and let him thing that he can be “Caliph in the place of the Caliph” later on.

His problem is that he judges others not according to their life and actions but according to their false image, according to their theoretical declarations. Someone could say: “If he is doing the same thing, if he is also projecting an image towards others, how come he doesn’t suspect that others do the same?” You see, the problem is that it’s not easy for a psoric person to beat the cunningness of a syphilitic one; he will find his weak points and using any kind of tricks and intrigues he will manipulate him.

His psoric vanity and psoric ambition is his most weak point; a syphilitic person sees that and puts the glory-bait in front of his eyes; his Conscience is shut down. If the syphilitic person is a woman and even more a beautiful one, then she triggers one more weak point of his: his lust.

6.6 He feels exceptional as to his psychological cultivation

We must talk more about his vanity and the best way to do it is to compare it to other individuals that also suffer from vanity. Platina has a “royal” syphilitic vanity; she is the “Queen” in all fields or in specific fields like beauty, brain, personality, art, star system, media, education or refinement; she is so attached to success; to be the first, the top and, never ever, the second one.

Sulphur has a psoric intellectual vanity; he considers himself a great thinker; he has those great ideas, those wild, original and philosophical ideas and those pioneering ideas. If he were the prime minister he would give also great solutions to all problems; you see he is philosophizing about all things and he has such good ideas; he could change the world if they just listened to him and his ideas.

But, he is just the theoretical type; he just can’t put himself on a long and strict program; his weak field is organizing things and bringing them to action. That is the reason why success is, most of the times, far away from him; the only fields that he may have some success, are theoretical fields and modern anarchic art. He is usually condemned to be considered as a great bubbler!

Lachesis has a syphilitic vanity; she considers herself a cunning fox and she is indeed; she is so confident that she can manage anything she undertakes and life has confirmed her efficacy many times; she has a firm opinion about everything because “she knows” while others don’t; nobody can fool her; she foresees thinks; she is a good judge of characters; furthermore she is such a great manipulator of other people around her because she is cunning, flexible, hypocritical and a sweet talker.

Medorrhinum has a sycotic vanity; his vanity has nothing to do with intellectuality or psychological culture; it has to do with his physical condition, great energy and fearfulness; he’s got a yang strong body which he keeps fit and dressed with manly accessories, always showing off his manly and sexy physical; he feels robust, sexy, energetic; he has no limits and no fear; he is such a womanizer; such a wide boy, such a hard guy; he can drink tons of alcohol, smoke dozens of cigarettes, not afraid to use drugs, not afraid of disease; he can please many women; he is the top regarding the ability to enjoy life to the maximum; he is *the* man! That’s what he thinks!

Lycopodium, usually has a psoric vanity; he considers himself a smart person; an intellectual person with great capacity in thinking; he considers his I.Q. above normal. Nevertheless, if you ask him about it, he may say that he is averagely smart so as not to consider him vain; this is in accordance, most of the times, with his secondary behavior of the humble, good, refined person who is not allowed to be vain. He doesn’t consider himself as a genius or the top as Platina; but, still, although he is not admitting it, he feels that there is something special about him regarding intellectuality, education, culture and refinement; many times he likes to think that, someday, now or even after his death, his unique personality and intellectual contribution to the society will be finally recognized; even if such a thing is not happening at the present, he feels good to know and realize that he is unique; yet, despite the above, there is a cowardice and a lack of self-confidence under his image for which we will say more later on.

6.7 Fields of vanity

What are his fields of interest to which his vanity finds fertile ground? He reads a lot of books systematically; he wants to know, to learn new things. He doesn’t just read romantic novels like Pulsatilla so as to dream about happiness; he reads other kind of books so as to acquire as more knowledge as possible in various fields; he is fond of global knowledge and intellectual cultivation.

Why so? Because he wants to show off, in a psoric way, the image of the

cultivated, refined and educated man; he expresses in all occasions what he has learned and even gives short lectures about it; he adopts sophisticated terms, analytic speech, wits from great authors or spirits or even quotes from public wit.

He is mainly interested in Philosophy, Psychology, Metaphysics, History, Politics, Religion, Science and the history of scientific thinking. If he chooses the artistic field he likes reading and discussing endlessly about pioneering artists and new "schools". The field of interest is not so important as the way he occupies himself in that field; he reads systematically and greatly; he likes research, teaching and writing; he is so keen to be considered "an expert" on his field; he is self-assured through discovering knew important knowledge and enjoys the glory that accompanies such "discoveries".

He is so fond of writing books, articles, thesis, studies, bibliographical studies, essays, poems, novels, theatrical plays, books and any kind of presentations. He is the greatest fan of seminars, conventions, lectures, debates, discussions and presentations trying to play an active role and present his image through them.

He likes to be "one of the few" fans of "Tradition" or "True Knowledge" either in the fields of Religion, Science, Philosophy or Ideologies. He is so pleased to consider himself "one of the few" pioneering thinkers that are introducing a new theory or a new ideology. It may seem strange that he may be fan at the same time of tradition and modern ideas but that's a secondary difference; the common thing that underlies both behaviors is the phrase "one of the few"; that's his psoric vanity.

6.8 A special relation with Nature

Lycopodium has a special relation with Nature; not only in the sense of natural environment but also as to its mysteries and laws. He is so fond of learning about natural phenomena, laws and mechanisms. We could say that he likes to be close to Nature but what he likes more is to talk to others about Nature or watching documentaries about it. That's not a strange thing, since as said, he is such an intellectual guy; most of the times he thinks, talks or writes about something instead of just living it, feeling it and enjoying it face to face.

In the same way, he may think, talk and write about love or sex instead of loving actually and having sex actually! He says he is full of love but it's not a feeling; it's rather a thinking procedure. He talks and reads much about sex but he is not the Medorrhinum "sex machine" and certainly not the great womanizer although he is flirting all the time. Yet, it's a psoric flirting with not much of results.

You may see him talking enthusiastically about Nature and at the same time he prefers the city life with its seminars, artistic happenings, cultural events and politics. Not that he is lying; it's a matter of intellectuality. Accordingly, he is so fond of travelling, especially to countries that differ a lot from his own country regarding environment and culture; once again, we come across his tendency to learn about new things and ideas instead of enjoying them physically and emotionally.

6.9 A well disguised cowardice under the mask of the gentle, mild and civilized person

Now, let's proceed to an extremely important characteristic of Lycopodium: his psoric cowardice. Although very characteristic and intense it's not easily noticed by the inexperienced eye; you see, he covers it with several excuses, not only to others but even to himself! Let's unveil it through examples from everyday life. He is disturbed and annoyed by several things, yet, most of the times, he rationalizes or philosophizes and gets over them; even when he is angry he doesn't often express his anger especially to strangers; that is the reason why usually he has the fame of the gentle or mild person. Nevertheless, this is just a misunderstanding from other's point of view or just a mask of his own. It's not that he is genuinely mild; it's that he is a coward; he is so much afraid of contradiction and especially physical contradiction.

For example, he has a controversy with someone, who is not his relative. If the other person is aggressive and determined not to yield and especially, if he is a robust man, then Lycopodium even if right will yield. However, he will find a nice way to do it, so as not to be called a "coward". He will definitely "play it safe", even if he is physically more robust than the other person.

The real reason for his yielding is his tremendous but masked fear that he will be punched and will have to go around with a bruised eye; he will be ridiculed; he will spoil his image of the "mild and cultured guy"; not to mention his great fear that he will mess with authorities like police and judges.

But what's more revealing of his care for his social image is that he will try to find a very nice way to yield; being so intellectual he is so good at it; he may even come out on top regarding the impression projected to others! He will usually, say: "I am out of here! I don't want to lower the level of this discussion!", "I thought that we were civilized people…", "OK, my friend, if you think that you are right, then you are right! It's OK with me! You have the

right to your opinion and I have the right to mine; Time will show who's actually right. I am leaving now; I have more important things to do!"

He may also say: "Forget it! Let's put it aside! It doesn't worth the trouble to spoil our relation and hearts over such little matters", "Let's drop it; if I said something that has offended you, then I am willing to apologize and say sorry… but you must admit that your behavior was also, not the proper one!"

All the above are nothing but the masking of his cowardice through "civilized" secondary behaviors; he is the cultured and refined man; the gentle, mild, calm and polite person; the generous, noble and high-minded man! He declares democratic, liberal, peaceful, against any kind of violence, rational, reasonable and fan of pluralism so as to avoid being beaten. Many times, when others fight he may play the role of the peacemaker. However, he does this only if he is sure that he will not be beaten. In all fields of his life, he plays it safe: in controversies, in loans, in economic matters and business, in personal relations, in everything!

On the other hand, don't be surprised when I tell you that, where ever he has full control, either to his yielding wife or to his children, then his behavior changes dramatically: he grumbles, he is very critical, he preaches and even shouts! A person who knows him outside of his family, for example, a colleague, if found in such family scenes, he will be surprised! He has such a different image in his mind about him! Such a dominant behavior is not at all his usual one at work.

Such a behavior may happen if he is highly educated and very successful professionally and then he is married to a much younger and less educated low class woman who is just a housewife. It may also happen towards his small children before puberty comes and with it comes rebellion! However, as we will say later on, most often, *his wife or mother or others* are the dominant ones and *he* is the victim.

We have talked about his fear regarding physical controversy. Nevertheless, that doesn't mean that he will yield in an intellectual controversy as long as it is carried out in civilized terms. Being so intellectual and educated, he feels that this is his field, his domain. He is very good in arguments, in discussion, in speech, in knowledge and in flexibility. On the other hand whenever he is going to speak in public, even on a matter that he knows very well, he will have enough stress and stage fright; yet, only for the first couple of minutes; then he goes over it entirely and he is very fluent and successful.

This cowardice, is also present at his work; he is so afraid to get involved in

controversies and conflicts with his colleagues and especially with his superiors; he is afraid of losing his job and very insecure in making a new start in a new environment. He even, avoids controversies with his inferiors or with his employees. He hesitates to give straight orders to them; he feels so uncomfortable in behaving like a boss.

Usually, he will do most of the job trying to be a good example to his employees and he will try to inspire them to work more, in a “democratic” way. He will try to create a team spirit, to be friends with them, to motivate them with bonus or praises, to use diplomacy, etc. Sometimes, he may even prefer to do some of the job of his employees, himself, so as not to be in the embarrassing position to shout at them for neglecting something.

This cowardice characterizes him in many other fields. He is very much afraid anything that has to do with authority, like police, judges, state, tax officers, etc. He is also afraid of loans and any kind of financial mess. He is so helpless against any possibility of public ridicule. He is so much embarrassed in such situations and so much afraid that his good social image, for which he so much cares, will be spoiled. He cares so much about “What will others say?” When we say “others” we don’t just mean society, but also job, neighborhood, family and even wife.

His cowardice makes him indecisive. Shall I do this or that? Should I take this decision or that? Should I get married or not? Should I change job or not? Should I get a divorce or not? He examines one option a lot and he seems to reach a decision but then when examining the opposite option then he finds also very strong arguments in favor of it. You see, he is so intellectual! His indecision makes him postpone important matters, especially when it comes to divorce or changing job.

6.10 Psoric Lust

His relation with the other sex is also defined by his cowardice, yet, it does have another very strong characteristic: psoric lust! He has much desire for sex, but not so much as sycotic individuals like Medorrhinum or Phosphorus. His desire is not so much physical; it is mostly intellectual; it comes from his head, from his mind and especially from one particular Sense, i.e. vision.

He cannot help looking women, even if he is married and happy with his marriage; any kind of women; young, old, friends, relatives, anyone, anywhere! His eyes and brain are so active; the eye looks and the brain imagines, creating horny stories. He is mostly stimulated by semi-nude instead of nude or by

thinking instead of touching; you see, he is an intellectual guy; his sexual intercourse starts from the brain downwards!

Nevertheless, despite his strong lust, his cowardice blocks him a lot. He is so afraid of “getting the mitten”, of “getting a cold shower”! He is so afraid of public ridicule! Yet, he can’t help it; he can’t stop flirting. His flirt is psoric, intellectual, indirect, civilized and charming; it’s not sycotic and straight.

However, when it’s time to make the decisive move, then he hesitates. In fact, most of the times, he is waiting for his companion to make the final move and then “go for it”; this is not accidental! To emphasize, nothing is accidental in Universe; all things have their causes but whenever we don’t know it we tend to name things as accidental: a typical human, egoistic behavior.

Why doesn’t he “go for it” straight to the end? Because he is afraid of getting the mitten and furthermore he doesn’t want to be accused of sexual harassment. If he is a teenager, most of the times he prefers masturbation instead of risking a cold shower. This cowardice invades his whole sexual life. He has such a great stress “to satisfy” his companion sexually and not to “fail”, that he often suffers from early ejaculation or loose erection. If such a thing happens then he tries hard to help his mate come to an orgasm. Many times, in order to avoid early ejaculation he tries to postpone his orgasm until his companion comes first. Nevertheless, the sexual function is an autonomic function and whenever you try to control things then you may make a mess out of it. He can’t relax and enjoy it and what should have been a mutual joy becomes a stressful task for him.

Thus, after the first sexual enthusiasm in a relation, he tends to lose interest. He may compromise by focusing his interest to the family and kids or to his job. Still, his lust won’t leave him in peace; he is flirting with other women and, most of the times, not the proper ones and in the end he has troubles with his wife or with his mistress. Sex and affairs are the weak point of Lycopodium and the cause of his greatest troubles. Most of the times, it’s a dead end: on the one hand he has a great lust and on the other hand he hasn’t got the ability to satisfy it.

Quite often, he is greatly attracted by dominant syphilitic women like Valerians; it’s a syphilitic individual that is not easy to detect; she may seem psoric or a bit sycotic, but not syphilitic. Valerian tends to project a false image: she pretends to be dynamic, liberal, modern and cultured although behind this mask there is an insecure, usually spoiled, ambitious and egoistic woman. This false image of Valerian seems to be the ideal woman for him; so, he enters this affair and not after long, his problems begin. It’s so amazing to be able, through the knowledge of constitutional pictures, to understand the essence of any relation and its

tendencies; to realize the hidden masks, the secondary behaviors and to know the primary behavior. It's even more amazing to foresee the possible end of such relations. You see, we, human beings are so predictable! So not free! This predictability has to do with the great influence that constitutions have on our body and mind; they affect, from upwards down, our will and understanding, our thinking, feeling, behavior, vital energy and body.

6.11 Neat and introvert due to his care for his public image

He is usually neat and tidy but not as much as Nux Vomica. He is not fastidious. The reason he wants to be tidy is that he doesn't want others to criticize him or to make comments; he doesn't want to spoil his good public image; these two reasons make him diligent, hard-working and punctual to his appointments; he may even go half an hour earlier to his appointments so as not to risk getting late. For the same reason he tries hard to pay his bills and debts on time.

He likes talking about several subjects and enjoys company although he is at a certain, moderate degree, introvert. He tries to preserve a good public image so if he starts talking about his very personal matters he may spoil things. However, his tendency for flirting may drive him to talk about his personal matters with women she likes. Nevertheless, it's just a way of flirting although he seems to be very extrovert and sincere talking about the troubles he had with his past affairs.

Once again, we come across his theatrical behavior; he presents himself as "sensitive and troubled" but still "cultured and worthy" man. This way he can move a woman emotionally and have sex with her without being mistaken for a vulgar, lustful, womanizer. Quite often, he makes a pass to women that are in distress, that is, after a divorce, a love disappointment or a misfortune; he likes to imagine that he is the sensitive man that will save this poor woman from those vulgar husbands/boyfriends/parents of her.

Don't even think for a minute that this is a syphilitic, intentional and conscious behavior. He is not fooling others. In fact, he is only fooling himself and indeed, he is so capable in doing it! He enters a role that, in the process, becomes his way of living! That is the reason why old homeopaths used to characterize Lycopodium as "the rat of the couples"!

6.12 Physical Characteristics

He is aggravated by the heat, but not as much as Sulphur, who is one of the hottest individuals. He has also, other characteristics that make us think of

Sulphur, but not as intense as Sulphur: he sweats easily, his sweat may be offensive, his skin is oily and has much gases.

Sulphur has sensitive intestines while Lycopodium usually has a sensitive stomach; Lycopodium has retching, stomach burning, weak and slowed down digestion. If he eats late at night, he just can't digest the food, especially if it's a heavy meal. His digestion seems to be slowed down late at night; he will wake up at night with heavy stomach, nausea and even vomiting. On the other hand, if he eats the same food at midday he is OK. However, most of the times, he can't go to bed hungry. Despite his dyspepsia he likes food and tends, like Sulphur, to overeat.

A great characteristic of his is that he almost always eats very hastily, even if he has all the time in front of him, even if he is having fun at a restaurant. He practically eats without much chewing. When his dyspepsia gets worse he may be hungry but after two or three spoonful's he feels distention and satiety.

6.13 A Lycopodium woman

As already mentioned, Lycopodium is mainly a male. A woman Lycopodium can be found in two versions. The first version is the psoric one; she is mild and introvert, but of course, not as much as a Natrum Muriaticum; she is very fond of Nature, quite romantic and makes romantic, psoric dreams about her future; she wants to live in the country away from noisy towns, wants to create a happy family and deal with art or social matters without great ambitions.

The second version reminds us of a mild Platina; she considers herself a modern cultured and refined woman; she takes very good care of her look, has quite an idea for herself and is flattered by male interest. She dreams of the one and only great love affair, one that will not be dominated by sex but by tenderness, dialogue, understanding and friendly communication. Contrary to Platina she is not a dominant person, she hardly expresses her anger and she is not aggressive; that is, she has the typical cowardice of Lycopodium, as is not the case with Platina.

6.14 The Constitutional Diagram of Lycopodium

Raw Material:

The plant Lycopodium Clavatum

Miasms:

Psoric intentions, psoric mental content and psoric expression

Basic Passions:

Psoric Vanity in the form of the tendency for a good public image; he feels unique regarding psychological culture; attachment to psoric ideologies; sexual lust, especially regarding vision.

Essence, Main Idea:

Coward, diplomatic, indirect, “civilized”, ambitious, intellectual, psoric person

Thinking:

a. Evolutionary Level:

Being an intensely intellectual person he has a great relation with the Intellectual Soul and a minor relation with the Sensual Soul. Often, due to his psoric vanity, he deludes himself and does not listen to his Conscience Soul. His Individual Will is influenced very little by his External Will that has to do with material things and the Material World and very much influenced by his External Will that has to do with the sexual urge and with the Psychological World.

His happiness has to do mainly with his good public fame. He has a natural curiosity about physical and psychological phenomena and about knowledge in general and this helps him come in touch with inner knowledge, Truth and God. But most of the times, he is full of theory and “culture” and has the *fame* of the “spiritual” man and not the *essence* of it.

b. Influences:

Psoric morality, that is, attachment to ideologies; psoric cowardice

c. Stressful Factors:

Negative fame; public ridicule; rejection; when he gets the mitten; great responsibilities; unsettled matters; the possibility of a conflict, controversy, fighting or beating; underestimation; lack of appreciation; commitments or even the sensation that he is denied of his rights or of his freedom; dominant women; vulgar people; violence. He is very much affected by Verbal and Mnemonic Thinking Stimuli.

d. General Characteristics of his Intellectual Functions:

Systematic and well organized thinking with great imagination and originality; very capable of understanding or creating new, original ideas but due to his cowardice he finds great difficulties in applying these ideas in practice.

e. Intellectual Patterns:

Psoric Intellectual Patterns that concern the public image of the mild, good and cultured person. He may not think that he is the first one, but he thinks that he is something unique regarding quality, depth and originality of thinking; ability to adopt new intellectual patterns and change his intellectual content but without necessarily changes in his constitutional attachments. He thinks he is a moral person and most of the times he is, but it is not a rare thing to violate his principles due to his sexual lust or ambition; even then, he tends to cover his immoral actions with excuses; he has a great ability to blind himself. First he does what he wants and then he finds excuses for himself through well-organized theoretical arguments. Theatrical extroversion while he is in fact, introvert; he hides his personal inabilities so as to project to others, even to his very close ones, a good public image.

Frequency:

Very frequent to men and especially to intellectual and yielding men; rare in females

Emotions:

Being a very intellectual person, his emotional charge is usually low; he doesn't experience deep emotions although he masks that with the secondary behavior of the sensitive and cultured man, especially towards women; he does this, because he knows that most women tend to appreciate sensitive and emotional men. We could say that he appears to have certain emotions because he thinks that *it's the proper time to feel* these emotions.

For example, he has learned that sunset is a nice time for emotions especially if you are with a woman and so he convinces automatically himself to express such emotions and may declare that he "loves" her. It's as if he has seen many movies and he is acting according to "what one should do" in several occasions if he were the good, emotional, cultured guy.

Extremely sensible and rationalist although towards women he projects an emotional, sensitive and romantic image because he knows that's what they want. Being intensely intellectual it's not easy for him to feel Conscience Emotions towards other people. Nevertheless, towards Nature, Universal Laws

and God he can easily feel such Conscience Emotions like a universal feeling and serenity. His Intellectual Emotions are shallow, controlled highly by his intellect, psoric and idealized. He often, feels opposite intellectual emotions of low self-confidence due to his cowardice, as well as vanity due to his psoric vanity.

Behavior:

He very much adopts Secondary Behaviors and especially the one that has to do with the “calm, good, sensitive and cultured person”. It’s not a syphilitic behavior but simply a psoric vain behavior because of his desire for a good public image. Intense attachment to good manners and to socially accepted roles. He is so much affected by the public opinion. Intensely psoric behavior: controlled, shy, with intense psoric ideals and tendency for a moral alibi for all his actions; psoric ambitiousness and tendency for socially accepted behavior.

He adopts idealized roles for the purpose of a good public image like: “the moral person”, “the liberal idealist”, “the cultured, civilized individual”, “the humble fan of esoteric philosophy”, “the romantic idealist artist”, “the sensitive, emotional male”, “the democratic pluralist”, “the active good citizen”, “the thinker”, “the philosopher” and “the humanitarian”.

Also: “the liberal feminist male”, “the hard working and industrious person”, “the person who is against consumerism”, “the spiritual person that is against materialism”, “the idealistic ecologist”, “the fan of rationalism and scientific thinking”, “the good, obedient kid”, “the excellent student” and “the liberal, democratic father”.

Body:

<u>Appearance, Look:</u> (Non-Verbal Characteristics)

He takes care of his appearance; it can be either classic or sportive, yet, always taken care. Sophisticated speech: uses rare, complicated words or phrases, wits from public wit or great thinkers/philosophers, tendency for preciseness in expression and tendency for definitions of terms. His aim is to show off as the cultured, educated and refined person.

<u>Usual Physical Predispositions:</u>

Dyspepsia, Gastritis, Colitis, Hemorrhoids, Balanitis, Inguinal hernia, Cyst of coccyx, Kidney Stones and Kidney Colics

<u>Usual Psychological Predispositions:</u>

Affair problems, Early Ejaculation, Loose Erection, Anxiety, Homosexual Tendency, Cowardice, Emasculation, Phobic neurosis

Relative Constitutional Pictures:

Psoric Sulphur, Gelsemium, Psorinum

B. LECTURE

During our first three lectures, we have described the three most representative constitutional pictures of the three miasms; Natrum Muriaticum for the Psoric Miasm, Medorrhinum for the Sycotic Miasm and Lachesis for the Syphilitic Miasm. Today we will analyze a very frequent, nowadays, male constitutional picture with psoric psychological characteristics and expression.

6.15 Weak Thermoregulation System

The Lycopodium constitutional picture corresponds to the homeopathic medicine Lycopodium Clavatum which is prepared from the homonymous plant. Its name comes from the Greek word “Lyco-podion” which means “wolf’s foot”, because its flower resembles the toes of a wolf.

Lycopodium has a peculiar relation with temperature; often he resembles Sulphur; he is hot, sweating and offensive but not as much as Sulphur. In quite enough other cases he will definitely say that he is mostly cold than hot. Many times he, himself, cannot decide if he is cold or hot.

You will justify his confusion if you let me tell you what’s his real problem; he has a weak Thermoregulation System and it takes him some time to adjust in new temperature conditions and has some difficulty to keep up for long a steady temperature. Thus, in a hot environment he easily becomes hot and after a while can’t stand heat and wants air condition; accordingly in a cold environment he easily becomes cold and after not long he can’t stand cold and wants clothing. If you see such a thing to a man think of Lycopodium although it’s not one of his strong characteristics.

6.16 Gastric Sensitivity

He’s got a sensitive Peptic System and especially a sensitive stomach. Other such “peptic” individuals are Phosphor, Nux Vomica, Sulphur (intestines), Argentum Nitricum (intestines) and many more. A great peptic characteristic of

his, is that, as a rule, he eats very hastily; he practically eats without even chewing; in three to five minutes, the most, he has emptied his dish; this happens independently if he likes the food or if he is hungry or not. Be careful! He does this even when he has plenty of time and has no rush, for example, eating relaxed in a restaurant with friends.

He will tend to eat quite some quantity; his tendency is to eat up to distention and since he is eating so hastily he will definitely eat more than needed. Sulphur has that too, i.e. to eat up to satiety, although most of the times he eats slowly. Lycopodium may tell you that, sometimes, although he is very hungry he may eat two or three spoonful's and feel distended and then, he can eat no more; this has to do with his hastiness and the fact that he doesn't chew his food. It also has to do with his weak digestion that is getting worse as years go by.

Usually after eating, especially if he eats a lot, which he often does, he becomes very sleepy; food knocks him down, especially after lunch; if he sleeps, even not for long, then he is so refreshed. Sulphur, also, becomes sleepy after food.

Many times, if he eats late at night he just can't digest; he will have some difficulty to become asleep or he may sleep easily but he will have a disturbed sleep; he may wake up feeling his stomach heavy, distended or painful; he may even feel nauseous or vomit to relief himself; he often wakes up next morning feeling lousy. If he eats the same food during lunch he will have no problem to digest it; it seems that his digestion is very weak after 11p.m and has a difficulty to digest rich food and especially pepper or spices.

You may not see this in a young Lycopodium person before his thirty because his peptic system is still strong and functioning well. Later on, and especially after his forties or fifties he begins to have weak digestion. He often has much gases, usually offensive ones and is very relieved by farting; although he likes beans, as years pass, he has some difficulty to digest it and it causes him a lot of gases.

He likes food and enjoys it; it's not easy for him to wait when he is hungry; he wants to eat here and now; he will stop working in order to eat; he may eat anything he finds handy not being able to wait for a proper meal; at restaurants he may become full from appetizers and have difficulty to eat the main dish. Let me take you by the hand and show you how a basic constitutional characteristic can run through all the existence of a person, i.e. through all levels. Lycopodium, as we will say later on, is a very intellectual person. So, when it comes to eating, although he is greedy and tends to eat hastily, if his brain decides that he must eat healthy, then he will try to control himself; or if "savoir vivre" says that he

must eat in a certain refined way he will do it no matter what his body says to him; accordingly he may decide that he must eat frequently a certain food that has a bad taste only because it's "good for his health"; when time passes he may even start liking its taste.

Although he likes the taste of raw onions, they often cause him indigestion; if he eats a lot of cooked onions he may also have indigestion and many gases. Oysters and shells often cause a great deal of indigestion.

After his forties, many times milk causes indigestion although he likes its taste and wants to drink it; he may also have the same problem with yoghurt. There are two other individuals that have a much more serious problem with milk: Natrum Carbonicum and Silica. They don't only have indigestion problems after drinking milk i.e. diarrhea, distention or nausea but they also have a great aversion for its taste; I always refer, of course, to fresh milk; if you give to a Silica or to a Natrum Carbonicum child, milk with cocoa or chocolate they may drink it, simply because its taste is covered, but still they will have problems digesting it.

Individualization is a rule, not to say a medical law, for Homeopathic Medicine; you just can't give the same consultation to all patients even if they suffer from the same disease. If you force a Silica child to drink a lot of milk every day, then you keep causing indigestion to it "for his own good". There are, of course, cases of Silica that don't have so many problems with milk, but as a rule, they do have.

We shouldn't forget two things about milk: first, it is supposed to be a specific and exclusive food for young cows and not for human babies and second, it's not a food for adults, either adult cows or adult human beings. A baby has the enzymes to digest his mother's milk but an adult doesn't have it, therefore, many times, he has difficulty to digest it.

6.17 Intellectual and curious: wants to know how all things work

Now, let's proceed to his psychology; the field of the main action of this constitution is the Intellectual Soul, i.e. the mind, the intellect, the logic. He is the cultured, educated, refined, philosopher; he is coward but still has a high idea about himself. He is a fanatic book reader because he loves to learn new things. Why so? For two reasons: first, he has a natural curiosity to learn how all things work and second he wants to be educated and cultured so as to psorically show off to others or flirt women.

There comes a Lycopodium patient to your office; before coming, usually he has already read some books about Homeopathy and may have surfed the Net. He will not come to you just because somebody else told him to; he wants to be informed before he decides to go. Despite his previous search, he will often ask the doctor to tell him about Homeopathy, even before the examination. His usual questions are: “What’s Homeopathy? What are the differences from the academic Medicine? How does it work? Where its drugs come from? What is the scientific explanation about the drugs action mechanism? Are there any scientific data about all these? Can it help my case and at what percentage, as statistics say? Why many other doctors don’t accept it as scientific?”

Sulphur also has a natural curiosity and wants to know about various things; but he is the “dirty, rugged, superficial philosopher”. A student Lycopodium will study systematically and in depth; he will read all the text, even the small letters or references, may make a diagram of what he has read so as to understand it, will take detailed notes and he may even ask himself questions about the chapter he has read so as to be sure he has understood it; sometimes he will try to make an imaginative lecture to others about it so as to help himself learn it in depth.

On the other hand, Sulphur will be very superficial; he just wants to read the main points or those things that are possible questions at the exams; but he is usually smart and if not bored by the subject he will find it easy to get the meaning and pass the exams even with good grades; Sulphur is very good at mathematics, physics and technology. Lycopodium is very good at philosophy, literature, biology and theoretical knowledge. Lycopodium wants to read something that will give him concrete knowledge; he won’t spoil his time in reading novels or sentimental stuff unless he wants to show off to others and especially women, that he is “in” regarding well known writers. He will wit from what he has read and go as far as to give a short lecture about a theme he has read, so as to show off to others; but still, it’s a psoric show off, an indirect one, while Sulphur, especially the sycotic one, has a more sycotic showing off. He will say: “I know what I tell you! I am sure about it! I have read so much about aliens and someday all these will be revealed”.

Knowledge and refinement is for Lycopodium, most of the times, a cultured way of flirting; a psoric, shy flirting. Medorrhinum flirts with his robust manly body and look, with his hot car and accessories and with his wide boy style. Lycopodium flirts with his culture and refinement, with his mind.

6.18 The cultured, refined, philosopher

He is the most fanatic attendant of lectures! You will always find many Lycopodium individuals in any kind of lecture. He is very much interested in Psychology, Philosophy, Politics, Economics and self-improvement techniques; also History, Ancient Civilizations, Computers, Religions, Nature, Ecology and Science.

If he has dealt with a certain religion, he will be the educated and informed believer. He will read all sacred books, even learn to wit phrases or whole sentences; can refer to many stories or parables of these religious books. He will also read theological books and fathom the meaning of delicate theological matters like, for example, the mystery of the Holy Trinity, etc. If he is fond of Ancient Greek Civilization he will have read all the Classic Authors, master the language and will always wit phrases, sentences, wise sayings, etc.

Nevertheless, you may find a Lycopodium that is an atheist; but it's going to be the case of the cultured, idealist atheist; he will have many scientific arguments about the non-existence of God and will base his opinion on other scientists, on books, on researches and articles. The important thing is not the content of his beliefs but the research that he has done to reach to such conclusions and the many serious arguments that he has so as to support it.

On the contrary, Sulphur is more superficial to what he believes; he hasn't done much research although he will superficially refer to many sources; he will be less willing to carry a serious conversation about his beliefs because he "knows"; because he "has searched" it and he is so definite and absolute even if he doesn't have strong arguments. Sulphur likes to deal with the peculiar, with mysterious matters, with strange phenomena like, for example, the Bermuda Triangle, the Ancient Pyramids, Alien Civilizations, International Conspiracies, the Black Holes of the Universe, etc.

6.19 Gifted Teacher and Writer

Being very intellectual and wanting to show off, he has such a great tendency to speak, write or lecture about his knowledge. So many authors, poets, lecturers and academic professors are Lycopodium people! He can write essays, serious researches, studies, historical treatises, historical novels, metaphysical novels, ethical or religious essays, theatrical plays, movie scripts, etc.

Bibliography, research, lectures, writing and experiments are essential contents of his earthly intellectual Eden! His dream is to become a famous writer, poet or theatrical writer or even a simple school teacher. He is crazy about teaching and lecturing; he is so happy! He may be paid only the basic, but he is so happy that

he has an audience at his disposal! Moreover, if his audience has beautiful women then he is not just happy, he is in Eden! (laughs) Like Sulphur, he is also crazy about any kind of research.

Wherever you see teachers that have written a few books or poems and have paid out of their pockets for their publication and belong to a small cultural society, fond of getting together discussing their “works”, then think first of Lycopodium and then of Sulphur! The same stands bold for small groups of believers or philosophers that come together to discuss religious or philosophical matters. Be careful not to be dogmatic or prejudiced. What I have said is just a possibility and never a certainty; even if it is a great possibility, almost a rule, there are always exceptions to the rule.

6.20 Self-improvement, culture

Being psoric, he sincerely believes in ideologies that he is taught and for which he is convinced; he is a very good student and wants also to become a very good teacher or an academic so as to pass this knowledge to others. If his career involves techniques like yoga, praying, meditation, etc, then he practices systematically and hard and may spend his whole life in self-improvement and in serving a certain cause.

He sincerely wants to evolve psychologically and become as better as possible; if he is a believer he dreams of enlightenment, of becoming a saint and coming closer to God. If he is in Politics he will be a sincere idealist, always reading political books and fighting for his cause. If he is engaged in scientific fields he wants to be a prominent scientist and help humanity progress to a better future.

He always wants to know how something works. Being very intellectual, whenever he buys a machine or even the simplest electrical device, he will first read thoroughly the manual and follow strictly the instructions given. You can see this intellectual tendency even in a manual worker, for example in a plumber; he may not have finished high school due to family conditions, but, still, he will read newspapers and magazines, watch the news or documentaries on TV and read all kinds of books.

What are his favor movies? He has an aversion on low cultured movies like some dam American ones; he prefers cultured European movies; he is fan of cultured famous directors like Kusturitsa, Bergman, Woody Allen, etc. Not to mention that most of these directors are usually Lycopodium or Sulphur individuals, no wonder why he feels so much close to them. He will not go to the movies just to pass his time pleasantly; he wants to learn something from them

or to face dilemmas or to put himself in the place of the actors and wonder what he would have done in such cases; he wants the director to set several issues: moral, philosophical, social, political, etc. He doesn't like those fast and shallow American movies that have to do only with action, sex and laughing. He wants to learn things or think about issues and then discuss it with his friends, partly because he likes thinking and talking and partly to show off in a psoric, cultured way.

If a sycotic Medorrhinum goes to such "cultured" movies he will, either leave after five minutes or get bored or have a good sleep! Sulphur, also likes intellectual movies, but not always as cultured as Lycopodium; Sulphur likes mystery movies, adventure movies and scientific fiction movies like "Space Odyssey" or "The secret of the lost Arc"; he likes adventures and action but not violence and blood shedding.

Sulphur adores Agatha Kristi, police movies, metaphysical movies; it's not a matter of thinking about ethical or other issues; he likes to use his imagination, he likes to be kept curious or else he is easily bored; he loves comedies so as to laugh and relax. When Lycopodium gets older and is tired from his job and everyday life, he may also want to see movies like the above, because he doesn't want to tire any more his intellect.

What kind of books does Lycopodium read or write? Let me give you an example: "Metaphysics, as an analytic tool for the definition of the structure of human being; an essay about randomness versus destiny"! (laughs) He will definitely read Heidegger, Nietzsche, Paolo Coelho, Freud, Darwin, Herman Hessen, Yalom, etc. He so much likes sophisticated issues and sophisticated language: long complicated sentences, cultured words and expressions not spoken by plain people, insertions, digressions, subtitles, footnotes and long bibliographies; he comments on several other great thinkers or writers or wits from great minds or public wit. Let me give you an example of a Lycopodium medical essay presented in a conference: "The critical importance of kindness in every day, modern homeopathic therapeutics" is the title and the subtitle is: "an attempt for an exposition according to Christian philosophy and tradition". (laughs) Ten pages for the lecture, twenty pages for footnotes and thirty pages for bibliography! (more laughs) Moreover, he will show slides, diagrams, statistics, etc.

6.21 Thinks a lot of himself regarding culture and refinement

He thinks a lot of himself regarding culture and refinement because he has

indeed done a lot of work on the field; he was very intellectual since child; due to cowardice and shyness with girls he couldn't be much of a womanizer or a wide boy; instead it was so easy for him to use his brain and be the good student. Therefore, he became the cultured, refined, civilized person that can talk almost about anything and have a unique opinion about anything; so, why not think a lot of himself? Why not consider himself, above average?

If, as doctor, you ask him about his I.Q., most of the times he will tell you that he considers himself, a little above the average; he doesn't refer so much to his smartness but to his cultural level and refinement. Often, he will say that he has an average I.Q. but don't believe his declaration; he either don't want to be mistaken as vain or pretends to be humble. You will be able to tell the truth because most of the times after his first response he will say "but, I have read many books and I have a good ability to understand things". Lycopodium is not a syphilitic Platina; he will not project himself in a confident, straight and even vain or pompous, syphilitic way; you see, he is psoric; he is dying for recognition and fame but he so much wants others to do it for him. He is not like the sycotic Sulphur that may be such "a babbler", although he has done nothing great; he is not like the syphilitic, vain Platina who says: "Who the hell are you to dispute me? How dare you!"

His expression is psoric: he "wears" that "humble", "refined", "gentle" or "democratic" look; not the hypocritical, syphilitic of a Lachesis. He doesn't want to rule over others by manipulating them; he just wants to have fame and recognition; he loves to be "the teacher" and have "students" and especially female students, for profound reasons.

6.22 Cowardice regarding controversy or fight

Nevertheless, he is a coward person. What's his cowardice about? He is afraid of controversy; not any kind of controversy; he is not afraid of verbal, civilized controversy; in fact he is very good at it due to his intellectual nature, culture, fluency and flexibility. If he is not in danger, that is, if he is not facing an aggressive, tough guy, he will kick the butt out of him verbally. He doesn't want to rule over him or make him ridicule to others. He will, simply, take the opportunity to project himself and show how educated and refined he is; how unique he is.

However, if he has a sycotic, aggressive, manly Medorrhinum facing him and, therefore, if he is afraid that he may be punched then he will play it safe and gentle and will retreat in a refined manner because "he is such a civilized

person”.

For example, a Medorrhinum driver does something wrong while driving and a Lycopodium is put to danger. Lycopodium may even curse but he takes care not to be heard loudly; if he is in fact, heard and sees the raging face of his opponent coming towards him, then he hits the gas to go away as soon as possible! But, let’s say that he is trapped and that he can’t hit the road. The following dialogue may take place:

-What’s the matter with you? You nearly killed us!

The Medorrhinum guy looks at him angrily and says:

-Big deal! No harm done!

-Big deal! Are you crazy? If I hadn’t turned right we would have crushed seriously

-Are *you* calling *me* crazy? Maybe you need a punch to you ugly face!

Medorrhinum steps out of the car going towards him. Lycopodium immediately changes his tone of voice and says:

-Come on, man, OK, I said something that I shouldn’t but, believe me, I got so scared that we would crash; let’s forget it; let’s be civilized; no harm done!”

-No harm done! Nobody calls *me* crazy!

-For God sake, are we going to argue about such little things? I may have said something but we are only human… I apologize! Let’s go on with our lives; we are all so stressed and busy. Good day to you! (laughs)

You see how flexible he can be because he is so intellectual and at the same time so coward as to fights.

-There is something that I don’t understand. Why do you call “cowardice” this kind of behavior? What did you want him to do? Fight?

-Lycopodium, usually, doesn’t admit to others or even to himself that he is coward regarding fights; he will not accept it even when the doctor asks him. If you ask him, “If you can handle physically the other guy, will you insist arguing?” then he may say that he will. But, it’s such a rare thing for him to get engaged in a street fight. Why? Because he is afraid that the other guy will beat the sheet out of him or may punch him in the eye. How on Earth, is he going to face others with a black punched eye? What will others and society say?

Goodbye good public image! Goodbye manhood! Good buy culture and refinement!

He may also find some good excuses for his cowardice and tell you: “I don’t engage in fights because I am afraid that I may lose control and hurt others badly; apart from feeling guilt, I am going to have so much trouble with the Law”. Sometimes he may also say: “Oh doctor, nowadays, life has become so cheap; anyone can draw a gun or a knife and kill you just like that!”

6.23 Preaching and rebuke

You see, he says to himself: “I am not the muscle guy; if I get in a fight they will beat the sheet out of me; but I am so good at words so I will fight verbally”. Don’t think that these are fully conscious situations; It’s more semi-conscious states or automatic responses; this is usually the case with the constitutional characteristics.

-If he fights with a young man will he raise a hand?

-Rarely! He will beat the sheet out of him with words, with verbal violence. He will say to him: “What’s the matter with you, young man? Who taught you to drive like that? For God sake! You’ll kill someone! You are a menace to the society!” (laughs) He will keep saying things again and again; preaching, rebuking, reproaching and grumbling like he does to his poor wife if she’s a yielding person.

Does he express his anger? Rarely to strangers; but if he is in a dominant position or to his yielding close ones then he does. For example, if he is a prominent university professor with money and status and he is married to a low class, much younger woman, then he will be so oppressive! He will never hit her but he will preach, grumble and be very critical.

6.24 The coward employer or director

If he is the boss he will manage things with his employees or inferiors making use of his authority and position. But if his employee is a sycotic Medorrhinum who doesn’t give a dime about anything, then he will be in such a difficult position. He will try to convince his inferiors to do their jobs by his good hard working example, by bonuses, several other motives and gentle manner.

He just, can’t face controversies; he isn’t good in giving straight orders; he isn’t convincing because of his gentle cultured manners. Sometimes he may do the

job of his inferiors so as not to engage himself in a controversy; he may also refuse or avoid a promotion so as not to face the difficulty of directing others.

6.25 He tends to delude himself

Being a very intellectual person, he is very good at deluding himself and finding excuses for his negative characteristics or negative actions. He is so trying hard to have a good image, even to his close ones, that finally he deludes himself also. He will not admit to himself or others that he is a coward; he will say that he is a cultured, civilized person. Or he may say: "I follow my principles; I am a civilized person and I am against violence" or he may say: "It's a foolish thing to be killed by someone crazy just for little things". Be careful! Never take for granted anything that a patient says to you. It's not so important to us if what he says makes sense or if he is "right". If we want to diagnose his constitutional picture we must always see behind the mask; we must unveil the curtain of his illusion.

Our aim is not so much the secondary behavior that he adopts but his primary behavior; his real intentions that are beneath his behavior. We don't care so much about his declarations for culture and civilization; we *do* care, about his cowardice! That and only that, will give us the correct diagnosis, the correct medicine and the successful cure.

6.26 "The good kid"

What's a Lycopodium kid like? He is "the good kid", "the obedient kid" and "the excellent student". He is the one who will keep helping his poor mother at home who is so tired caring of all the family and working at the same time. If his mother is a syphilitic person and especially a Lachesis person, she can do with him anything she wants to. He is her helpless victim just because he is "a good kid" and in fact a coward or yielding one that believes her moral and love declarations.

He will try not to spend much money or buy expensive toys or clothes, just to relieve his parents financially. He wants his parents to be proud of him to the society, therefore, he acts as a "good boy" should; he is obedient, God-fearing, gentle, respectful to his parents, teachers and priests, always doing "the right thing", hardworking and with the ambition to become a good citizen always ready to offer to the society. His cowardice, intellectuality and psoric ambition drive him to adopt these ideals and this secondary behavior. He will avoid other

sycotic or syphilitic kids that fight all the time, do risky things or are not good and obedient students.

Instead, he will be among the first ones to participate to scientific projects, theatrical plays, cultural events, essays, etc. He likes reciting poems or a text to the school feast or participating to ecological activities. He will avoid all those "boys' stuff" that tend to reveal who is the most strong physically, the most risky, the most womanizer or the manliest. If he goes to a Karate school his intention is not to beat other kids or show off like a Medorrhinum; he wants to learn how to defend himself against aggressive children, keep his body fit and is fond of the philosophy that a true martial art represents.

6.27 Never beyond usual borders!

You can also see his cowardice when it comes to loans, expenses or financial risks. He is so afraid of loans; so afraid that he may find himself in the "disgraceful" position not to be able to meet his obligations. He will try to limit his expenses so as to meet his income. He is so ashamed and embarrassed if he is forced to ask for money from his parents, relatives or friends.

He avoids businesses that have a financial risk; he prefers to be a civil servant with a steady income even if it is not much, as long as it is steady. He is so afraid of being fired; he feels so embarrassed when searching for a new job.

He is afraid of all kinds of Authorities: Police, Justice, Tax Office, etc. He wants to have nothing to do with these authorities. He may even prefer to be the victim of an injustice or lose money, as long as he has no troubles with the authorities or other citizens. He prefers to present himself as a "victim" or as a "big hearted" man instead of going to trials and controversies; he may say that "God" or "Life" will eventually show who is wrong and who is right. If he is a lawyer he will have the tendency to lead his clients to "fair" agreements instead of going to court and trials.

6.28 "Intellectual" sexuality

Another field where his cowardice is profound is sexuality and affairs. There is a great and distinct difference between being "a sex machine" like Medorrhinum and being a person who has intellectual lust like Lycopodium. His libido and sexual ability cannot be compared to Medorrhinum or other sycotic, energetic individuals. On the other hand, he is very active when it comes to lust; when intellectually dealing with sex and women.

He has a tremendous “intellectual” sexuality; a certain kind of brain lust; he gets so horny when thinking of “unusual” sexual conditions. His imagination flies to the extremes because he is so intellectual. He is fixed sexually more by his brain and imagination than by his body and senses. He gets so horny thinking of a lesbian scene; he so much enjoys seeing things and that’s the reason he tends to be a great peeper or a great reader of porn magazines or a great watcher or porn videos. He imagines sex with much younger females, nuns or even close relatives; many men that suffer from “Oedipus complex” are Lycopodium individuals.

He is so fixed thinking of having sex with his female friends although they are married or engaged even to close friends of his, especially if they have problems in their marriage; he tends to flirt all “mistreated” by their companion, females. That’s the reason why homeopathic doctors in the past, have named Lycopodium as “the rat of the couples”. He likes to sneak in, in every problematic relation; not like a Medorrhinum, just “to get laid”.

He wants to participate intellectually to the whole thing. He will have an affair with a married woman and then possibly marry her and even be a new “father” to her children. He may be rich and famous, nevertheless he is fixed by marrying “a poor innocent troubled woman” and be her “savior”; he dreams of creating a happy family; he will be the one that will offer her anything, as long as she appreciates him and loves him; he will be the good husband, the feminist, the democratic and, of course, the “savior”.

6.29 The best victim of the syphilitic women!

Therefore, he tends to be the best victim of the syphilitic women especially when they are influenced by the Valerian or secondly by Lachesis constitution. Valerian will manipulate him so wonderfully that not only he, himself won’t realize it, but also many others around them. On top, he will feel proud that he is the “savior” of this “troubled” human being who has been so “mistreated” by other “bad” males or by her “cruel” parents. If she is divorced and has kids, he will love them as his own and spent time and money to raise them because he so much likes to have “the perfect happy family”. She will even let him think that he is the “head” of the family and the “savior” as long as she does all things her own way; he is the “yes” man but he believes that all things are done after “discussion and concession”.

There is a very good joke that suits perfectly a Lycopodium husband: Two married men discuss about their marriages:

-What can I say! I keep fighting with my wife all the time because we both want to be the one to take decisions about anything in the family; there seems to be no solution. How are you going on?

-Thank God, we have no problems at all because we have reached to an agreement; we have shared all fields.

-No sheet! What do you mean?

-My wife decides about things that concern our family: financial, food, house, furniture, children, where to go on vacations…

-Wait a minute! Wait a minute! What's left for you?

-It's a fair deal! I decide about our views, as a family, regarding political and philosophical matters… (laughs)

You see, my male friends, that's a Lycopodium person! Some of you may laugh just because they recognize their selves in the above joke! (more laughs)

6.30 The fear of getting the mitten!

Another great field of his cowardice is women; he likes flirting so much! He is flirting in a psoric, mild, polite and cultured way; perhaps too mild! Because, when it comes to the final move, that is, to propose for a relation or lay a hand on her, then he is so afraid; he keeps postponing it and postponing it.

He is so afraid that he will get the mitten! What if the woman denies his proposal? What if she tells others about it and he will be ridiculed? What if she gets offended, ironical and cruel to him? What if she spoils the good public image he has been building for years?

Therefore, quite often, he keeps postponing the final move and the woman finally gets bored and then things come to an end; they stay friends! He so much hopes that she will make the first move and save him from a possible humiliation! Many times, it's the sycotic lover that sets in and being risky and spontaneous he gets the girl to his great disappointment!

6.31 Early ejaculation

If he is such a coward regarding affairs why not be coward, very sensitive and anxious, regarding sex? Most of the times, he suffers from early ejaculation and, secondarily, from loose erection or no erection at all. Why early ejaculation?

Because he is so stressed when it comes to sex, especially with a new mate. He is so afraid of failing to function as a man should! So afraid of becoming a ridicule! Therefore, he is extremely anxious to please his sexual partner at any cost.

However, sex is an autonomic function and does not obey to the orders of the brain; it needs relaxation and no orders! His brain, his “upper” head, gets involved to the function of the lower “head” and thus he messes up! (laughs) Sorry, to speak like that, but I have to use expressions that are commonly used by men at their private discussions, so as to be clearly understood.

On the contrary, Medorrhinum, a clearly “physical” guy and not an intellectual one, will grasp the woman and take her to bed to get laid here and now! His “upper” head has nothing to do with the procedure; his lower “head” has full control! At that time he doesn’t care at all if his mate is pleased or not. If his mate is a sycotic one that needs not much emotional participation, then she is also going to be pleased. On the other hand, if she is a psoric one that needs love and romance to function then a Medorrhinum partner is scarcely the ideal one.

Lycopodium is so afraid of early ejaculation and has read so much about “simultaneous orgasm”, that he tends to delay his orgasm so as to please his partner first or until they both come. So he tries to postpone his orgasm by taking care of the woman.

There are three possibilities: The first one is that he deals so much with his partner that he delays his orgasm a lot; the woman comes to an orgasm and then he deals with himself and comes too. Nevertheless, it’s more an intellectual and mechanical erection and orgasm; he manages to have an ejaculation with a rather loose erection and it’s not as satisfying as it should be if he let Nature do her work, her way.

However, he is so good at deluding himself so he doesn’t pay so much attention to his physical satisfaction; his brain is pleased and his fame is saved since he has pleased his partner; he is a man, a male and has proven it in the battle field, once more! (laughs)

The second possibility is that by delaying his orgasm, his original hard erection becomes a loose one; he has lost timing! She waits for him to come into her with a hard erection but he is so loose that he can’t even get in, not to mention inability for ejaculation. It’s a disaster for him! He can’t delude himself or her about it. He is so ashamed! So embarrassed! He tries to make it up to her by caressing her and trying to help her come. At least if he manages that, then he doesn’t care about him.

If he has to do with an understanding psoric woman that loves him, then no big deal! But, if he has to do with a sycotic demanding or syphilitic woman, then things are not good at all. If she is negative or ironical then it's so difficult for him to have sex with her again. She has totally "castrated" him! Things get worse if she is syphilitic and uses this incident so as to dominate to their relation. Then he is helpless. She has found his weak point and makes use of it.

The third possibility is early ejaculation. This happens if he tries to delay his orgasm at a certain late point, that is, when his orgasmic curve is close to the peak, close to the orgasm. At that point, you are dealing with a one way road; if you try to return back then you spoil the natural procedure and you have early ejaculation with low satisfaction both for him and for her. This is also a disaster for him.

-Is this something that stands only for a Lycopodium man or is it something general?

-It's a general mechanism; it stands for all men. But it happens mostly to Lycopodium individuals because they have this tendency for intellectual interference, this anxiety to satisfy the woman and so they mess things up. Often, if his wife loves him and is a psoric and understanding one, then, given time and patience, he has no problem during sex; but if he goes with another woman and he is anxious to please her, then it's very possible that he will have such problems at least at first.

If such a thing happens to him once – a normal thing for all men at times – he has a black out! He becomes so worried that it may happen again next time, therefore, quite often, in the end, it happens again and again; a vicious circle has been established. Then he starts rushing to sexologists, doctors and healers to find a solution to the problem that upsets his whole existence.

Often, since he finds no solution, he tries to "solve" his problem by deluding himself and his partner; he gives an end to his relation projecting some other excuse that has nothing to do with sex. Now, freed from this relation he thinks that he will not face this problem again and is now ready to start fresh with another partner. He may also stay in this relation and since he gets no satisfaction from sex he gets it by masturbating systematically.

A Lycopodium homeopathic remedy can cure him from these sex problems. However, be careful! We don't cure early ejaculation by Lycopodium; we can only cure a Lycopodium person that suffers from early ejaculation that has the Lycopodium characteristics! When it comes to Homeopathy, we follow Homeopathic Laws that origin from Universal Laws. *We always cure the*

patients as a whole and not the diseases! This means that we don't cure all patients with early ejaculation, nor do we cure all Lycopodium patients with early ejaculation.

There are many more in a man than diseases. There's his psychology, the state of his Vital Force, his age, his family and social relations, his miasmatic and constitutional burdens, his chronic predispositions and many more. Never forget that you are always dealing with an individual multilevel human being that is a part of a human society and a part of the Universe. An individual that has a past, a present and a future. An individual soul that has a certain mission during this earthly life. And, above all, a being that has the gift of free will that can be used against your therapeutic efforts or in favor of them. It's not only up to you (the doctor), it's mostly up to him!

6.32 Tendency for systematic masturbation

From his early youth he has the tendency to masturbate systematically. This is a constitutional tendency, yet, most of the times, things get worse due to social factors. If the sexuality of a boy wakes up at the age of twelve or thirteen and he has his first masturbation and then, in order to have a real systematic sexual life he has to wait for years and years, then the easiest thing to do is to masturbate systematically. If on top of that, he is a shy and coward with women Lycopodium guy, then what's left to him? Systematic masturbation! Masturbation is a natural premature sexuality; all things at their time; but if it is done systematically for years and if it is continued while it's time for the mature sexuality to set in, then it becomes a pathological situation. Masturbation seems so easy and so handy compared to difficult love affairs; you don't need any one else; you are on your own with your familiar loving self! (laughs) You don't have to face all those women around you that may turn to be bitches and after you fail functioning to ridicule you! (more laughs)

You see how things work in real life? First you have the constitutional and miasmatic tendencies; then come the social factors of real life and things take their usual predicted cause, that is, Lycopodium individuals tend to masturbate systematically or have early ejaculation! Isn't Homeopathy a wonderful Science! Isn't it a splendid combination of Universal Laws, scientific knowledge and real everyday human life!

Even Lycopodium grownups tend to masturbate systematically and watch porn videos. They may be married, but if their relation is not good or if they have lost sexual interest to their wife then they masturbate systematically or go to a horn

house or cheat on their wives.

6.33 The “brain lover”

I have already mentioned that he may lose interest in his wife; this is a usual thing for Lycopodium; he may even love his wife, yet, soon after their relation or marriage, he tends to lose sexual interest in her or he may gain interest in other women. He has this tendency to get very excited on a new relation and then after a while he loses interest; monogamy isn’t his field, but on the other hand he isn’t a Medorrhinum guy that is capable of polygamy on the physical aspect. It’s a dead end!

His mind is so excited with polygamy and sex but his body is not very capable on this field; he is not “a sex machine” like Medorrhinum for example; he is rather “a brain machine”, an intellectual guy with vivid and horny imagination.

So he may not get divorced but he masturbates systematically or he cheats on his wife; he may even think of having sex with all the women of the planet while doing it with his wife or while masturbating. He is “the brain lover”, that is, his sexuality starts from his eyes and brain; he sees a low necked dress or sees a sexy picture on a magazine and gets horny; he starts imagining several sexual stories, complicated ones, sophisticated ones like his intellect; so he masturbates or he starts flirting around enslaved to his horny imagination.

Now he wants this woman and then the next one, even his wife’s best female friend; today he wants the daughter and next day the mother; he fancies that he has sex with the wife of his best friend; he fancies that he has incest sex although he has enough guilt about it. He fancies that he has an affair with a much younger or much older woman. He has such a vivid, horny imagination. That’s the reason why he tends to be a fan of polygamy communes or “hippie” states.

6.34 The image of “the calm, mild person”

Lycopodium does not easily get angry; not, is he, the nervous person; most of the times he also tends to be slow to talk and slow to move, except, of course, of his fast eating; you see, he is a psoric person. He often adopts that “Buddha” look and philosophy about calmness and he is proud to declare calm, mild and peaceful.

That doesn’t mean that he isn’t annoyed by many things or that he doesn’t get angry; it means that he tends to adopt this image, this secondary behavior

because it suits his psoric intellectual nature and his cowardice. He tends to be the “cultured”, “civilized” person.

Irony makes him angry. Why? Because this means that they underestimate him. Injustice also makes him angry, especially if he is the victim. He also gets angry when someone spoils his cultured image or disputes him; he doesn’t have any problem to discuss with arguments with anyone and about anything because he is so good at it; but when he faces those vulgar sycotic comments or those ironical syphilitic comments then he is so annoyed.

6.35 Indecision

Another characteristic of his is his indecision when it comes to critical matters. For example, he may be experiencing an awful relation for years and years before he finally decides to give an end to it; so many times he has thought to do this or that; so many times he has examined the negatives and positives, the pros and cons of each option but at the end he is not sure what’s right for him; so he keeps postponing his decision. Even when he knows what’s best for him, even when he has reached to a decision, many times he hasn’t got the courage to face the consequences of a critical move.

His indecision has to do with his cowardice, with his care for his social image and with his intellectuality that may produce opposing thoughts. His indecision in breaking a relation is not defined by his emotions but by his cowardice that prevents him from making the decisive step. Sometimes he has indecision even about little things, for example, about what clothes to wear or not, but, usually, this has to do with big decisions like affairs, job, etc. In the case of affairs it may take him long to break it but when he does it, then he is done for good; rarely, he will go back.

6.36 Predominance of the Intellectual Emotions

There is a predominance of the Intellectual Emotions, that is, emotions that are very much defined by his thinking and beliefs. He is the intellectual guy and not the emotional; his field is the brain and not the “heart”. He is rational than sentimental. That’s the reason why sometimes he feels as if he has no emotions. This is the result of his great rationality. He has the ability to change his emotions easily according to his thinking and beliefs. If he changes his beliefs he will automatically change his emotions too. For example, if he reads about a new religious or philosophical system and adopts it as his ideology, then he starts

seeing people, even close to him, from a new angle. He may decide that his girlfriend does not match his new ideas and his emotions change according to his new way of thinking and may stop loving her. You see how intellectual he is!

That does not mean that he has no emotions at all or that he is insensitive, indifferent or cruel; it simply means that his heart feels what his head tells her! Nevertheless, you may see him very touched or even shedding tears while watching family, social or sentimental movies; he is also very touched and even filled with tears when somebody thanks him or when meeting a friend after many years. When touched, he feels so good and alive because he feels his emotions overwhelming him and this is a happy change compared to a mind always having control on his emotions.

6.37 Seemingly extrovert due to image

He enjoys a small company consisting of a few good friends; if it has interesting women the better; he doesn't like crowdie places and very loud music because his field is discussion and so he wants quiet little places where he can talk, flirt and show off his culture. If he is with one or two close friends, he may even talk about his personal matters although usually he keeps it for himself so as not to spoil his good public image.

However, if he is with a woman that he likes, he may use a special kind of flirting; he may start talking about his personals only because he wants to project a certain image; the image of the sensitive guy that has been troubled by life and especially by a mean woman; the image of the cultured man, the idealist, the fighter for his ideals, the good father, the good teacher, the sensitive artist, the refined cultured man, etc. The "concept" is: I am a sensitive male; you have nothing to fear of me; let's fall in love; let's have sex!

Is he tidy or messy? He is tidy but he isn't fastidious like Nux Vomica; he wants things to be tidy, especially at work, so as to do his job and not have any negative remarks from his superiors; furthermore he is tidy for reasons of good functioning.

6.38 Intellectual fears and mistrustfulness

He may be a little frightened about his health but not as much as Phosphor, Arsenicum or Argentum Nitricum. His fear is more an intellectual function than an emotion, since he is an intellectual guy.

What do I mean by that? Let me give you an example: He did a blood test and his cholesterol is at the borders of normal; he surfs the Net and reads medical books so as to cross check if he has a problem. After being informed he goes to one or even two doctors and asks: “Is my cholesterol normal? What is your opinion? I have read that there are two opinions on the subject. What is your opinion? Should I follow a diet or is it better to take medicines? What medicines are the best? What side effects should I expect? What’s the prognosis in my case? How long will it take?” You see, he is already informed, he has his opinion but expects from the doctor to be very well informed, having a firm opinion and supporting it by strong arguments. If the doctor seems to him a good and informed scientist then he is convinced and will follow anything he tells him. He is not a stubborn, egoistic, mistrustful person; he is mistrustful until you have convinced him with arguments, statistics, researches and “scientific” image. He is mistrustful until you fill his brain “boxes” with the proper information and arguments; until you give him a satisfying mode of operation.

Moreover, he may be mistrustful because he, himself, projects a certain image, a secondary behavior; therefore, it’s expected to think that others also do the same. Nevertheless, most of the times, if the other person projects scientific and rational arguments or a fascinating well-grounded ideology he may even be so easy to believe and become a fan.

That’s the reason why he easily becomes the victim of syphilitic persons. The syphilitic person projects to him what he wants in order to persuade him and he bites the bait and is hooked for good. You see, being so intellectual, he tends to believe more to theories, ideologies and arguments instead of judging others by their actions and by their real life example.

A Lycopodium woman is also very intellectual and cultured; she loves Nature and wants to learn about things and physical phenomena. But she has a milder picture than the one that we have described about male Lycopodium.

-I have some difficulty in capturing the picture of Lycopodium…

-It’s not easy to do such a thing right away most of the times. It’s easier when you sit by me at my office and see a lot of constitutional pictures passing by. Then you will identify all constitutional pictures because you will have real images to match with the theoretical images of a lecture or a book. Something else that will help you identify constitutional pictures is if you already know a close person that has this theoretical image described; for example, if you, yourself, are a Lycopodium subject; or if your brother, father or a friend is influenced by this certain constitution.

6.39 Neat, clean and cultured look

What’s a Lycopodium look? What are the things that will make you start thinking of a Lycopodium individual? He will be neat, clean and cultured as to his look. He will either be well shaved or have that well oriented beard, the cultured one, the one that covers only the area of the moustache and the chin. If his beard covers the whole usual area then it will always be well oriented, well cut and even well combed. It will not be a sloppy Sulphur’s beard!

But he may also have a “cultured” horse-tail or long hairs like some artists or poets have, nevertheless, he will be freshly hair washed and not dirty and oily like Sulphur. He gives much attention in choosing his clothing although they are never extreme or kitsch; not very expensive, not sloppy, not very modern, not very conservative; somewhere in the average and with some shade of culture! His manners are more distinctive of his constitutional picture than his clothing. He is gentle, polite, kind, talkative and a bit shy at least at the beginning. His language is always a sophisticated one and uses expressions that not ordinary people use. He will bring to you his medical file full of tests and information but not as full and as strictly organized as in a Nux Vomica individual.

These are some basic characteristics of Lycopodium so as to have a first basic glance at this constitutional picture, especially regarding his psychological profile. As we go on describing other relative or different constitutional pictures you will get more information about Lycopodium by comparative references. The final and complete identification of this or of any other constitutional picture is always accomplished at clinical practice after years of successful course as a homeopathic doctor. Thank you and goodnight!

CHAPTER 7

SULPHUR

A. HIERARCHICAL DESCRIPTION

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7.19 The psoric “Buddha” or the sycotic gale!

7.20 Introvert; living in his own world

7.21 Shallow philosopher

7.22 Crude practical joker

7.23 Neglectful as to his health and indifferent as to little everyday matters

7.24 The superficial bibliomaniac of the strange and mystery books

A. HIERARCHICAL DESCRIPTION

7.1 The Psoric and the Sycotic Sulphur

The Sulphur constitution corresponds materially to the homonymous element of the Periodic Table of Elements. It's a widely spread element in the Mineral World just as many other materials that are the material basis of fundamental chronic constitutions like Silica (Silicon), Natrum Muriaticum (Sodium Chlorate, cooking salt), Phosphor, Calcarea Carbonica (Calcium Carbonate), etc.

We have already described Lycopodium, a relative to Sulphur constitutional picture. They both belong to the Intellectual Constitutional Family. Therefore, it's expected to find that they have many similarities and, of course, some differences too. The two most important similarities are intellectuality and psoric vanity.

There are two versions of Sulphur; the psoric version that resembles Lycopodium and the sycotic version that resembles Medorrhinum. The prevailing miasm for Sulphur is always the psoric, yet, if we also have a secondary yet strong sycotic miasm, we talk about the sycotic version of Sulphur or Sycotic Sulphur.

7.2 The pessimist, superficial, unconventional philosopher

Sulphur is a very intellectual individual; he thinks a lot. His thinking is much more intense and wide than his emotions. He thinks a lot of himself; he is full of himself. Not in a syphilitic way like Platina but in a psoric way. The Psoric Sulphur is intensely introverted, as much introverted as Natrum Muriaticum.

The above characteristics explain the fact that Sulphur lives in the world of his own, especially the psoric version of Sulphur. Both Sulphur and Lycopodium tend to philosophize a lot, yet, Sulphur is more pessimistic and superficial while Lycopodium is deeper and better organized in thought.

The Psoric Sulphur has that great ability to produce many thoughts, especially original and new ideas. However, his thinking isn't as organized and systematic as Lycopodium's; his thinking is shallower. Many absent-minded/scatter-brained geniuses have been Sulphur individuals.

Thales of Miletus, one of the seven wise men of Ancient Greece, a great mathematician and astronomer of his times, must have been a Sulphur individual. One night he was walking with his head turned up to the stars absorbed in his scientific and philosophical thoughts. An old female assistant accompanied him. Suddenly he fell into a hole, was hurt and started moaning.

His nagging old assistant, that must have been a Lachesis woman, told him: “You don’t know what’s right in front of you; how on earth, do you want to know what’s up in the sky?”

Diogenes, the cynical Ancient Greek philosopher, was famous for his unconventional philosophy and non-conformist way of living. He was dirty, slovenly and typically scruffy. He used a large clay storage jar as his house. He used to be very ironical towards his nouveau riche Athenian fellow citizens that lived a conventional and full of comforts life.

Einstein, that great mathematical genius of modern times has been described as slovenly, uncombed, unorganized and very absent minded. In high school he was considered a mediocre. Nevertheless, he managed to conceive the Relativity Theory, one of the most difficult to comprehend theories of Physics and Mathematics. He was so indifferent of his appearance that he bought a dozen of similar in color and form costumes in order not to spend time in choosing what to wear!

All the above and a great many other geniuses have the typical traits of Sulphur: slovenly, sometimes even dirty, very intellectual, having a natural tendency and ability for scientific and especially mathematical thinking, unconventional behavior, critical tendency towards others and society, absent-mindedness, tendency to philosophize, living in the world of their own.

7.3 Comparison between the psoric Sulphur and Lycopodium

Sulphur thinks a lot of him; is full of him; even more than Lycopodium although he doesn’t have the latter’s accomplishments. What do I mean by that? Let me give you an example: The Lycopodium student is very diligent, attentive, hard-working and industrious. He is prone to systematic reading, keeps detailed notes, listens carefully to his teachers, organizes his notes and thoughts, compares and even creates charts, tables, lists, diagrams and graphics. He is the typical “good” student, the typical diligent, shy and obedient student.

On the contrary, the Sulphur student is slovenly, unorganized and anything but systematic. He is lazy and easily bored about common things but he can be very passionate about anything that interests him, like for example, Mathematics and Computers. He may neglect himself as to clothes, food, company and even recreation only to be absorbed in TV, computer games, surfing the internet, solving a mathematical equation or inventing strange and, most of the times, useless things.

Even then he won't be systematic and organized. His room will be chaotic, his lab chaotic, his notes chaotic. If he is an excellent student it will be a result of his genius and not due to hard working.

Moreover, he is never the "good" kid. Not that he will be a bad boy but he is a natural when it comes to unconventional behavior, sarcastic humor, being critical, playing practical jokes to others - but not mean ones -, philosophizing and against any authority and strict system of ideals. He may even declare himself as the rebellion guy or the theoretical mind of revolution. A sycotic Sulphur is usually very social although introverted while a psoric Sulphur will be very reserved, living in the world of his own, in his own philosophical world.

Sulphur is the typical fan of Diogenes' cynical philosophy while Lycopodium is the typical fan of Aristotle's Logic. The latter is very systematic and organized and that's the reason why Aristotle has written so many bulgy books about all things. His logic has the disadvantages of any strict, not dialectical, thinking; it raises unsurpassable boundaries among ideas and cannot be used to understand the unity of opposites.

Sulphur, on the contrary, is the fan of unconventional logic and thinking. He tends to create new original ideas and theories that overcome the established although he doesn't care if these theories have any strong logical or scientific foundation. His thinking tends to be global, universal and very philosophical.

He is very fond of subjects like: the creation of the Universe, the laws of the Universe, God, the mystery of life, the meaning of life, social laws, the existence of human being and its origin, existential inquiries, life and death, psychological phenomena, etc. Anything that involves mystery is a real attraction to him: metaphysical matters, paranormal matters, the mysteries of the Universe, alien civilizations, the mysterious Ancient civilizations, mysteries of the human body, the "black holes" of the Universe, the Relativity Theory, the Theory of Chaos, black magic, meditation, Alternative Medicine, the mysteries of the Pyramids of Egypt, parapsychology, etc.

Lycopodium is usually interested in Classical Psychology or Freudian Analysis while Sulphur is usually fond of Parapsychology. Lycopodium is usually interested in Aristotle's Philosophy while Sulphur on Diogenes or Schopenhauer's philosophy. Lycopodium will usually be fan of the Democratic Socialism while Sulphur usually loves the anarchist Bakunin or the liberal Trotsky.

7.4 The effect of Constitutions on Secondary Behavior

I’ve mentioned all the above as examples of the effect of constitutions on Secondary Behavior. Yet, things do become a lot diverse and cannot be dealt in an absolute way. For example, we should never match in an absolute manner a certain constitution with a certain field of knowledge, profession or ideology. A Sulphur individual could be a fanatic believer or an atheist, fan of the law and order or anarchist, fan of Science or fan of parapsychology, etc.

Never forget that all these are but Secondary Behaviors, mental patterns, acquired behaviors, “labels”. Secondary Behaviors are defined not only from the person’s constitution but also from the family he was raised, the education he received, the local culture and past experiences. That’s the reason why two persons influenced by the same constitution tend to have the same Primary Behavior but may end up in different or even opposite Secondary Behaviors. What really counts for us, homeopaths, is what lies beneath the patient’s Secondary Behavior. Someone could wonder: “How can a Sulphur individual be fan of Science and another one be fan of Parapsychology? How can this be possible?”

You see, what’s common in both cases is the superficial philosophical tendency. Although Science isn’t a superficial field, nevertheless, Sulphur will find the way to practice it in a superficial way by dealing not with strict laws but with theories, for example the Relativity Theory or the Theory of Chaos, matter and antimatter, etc. He will not be the hardworking and systematical student and lover of Science; he will rather be the one who claims to know scientific things and likes to refer to impressive scientific terms, strange natural phenomena and peculiar scientific theories.

He will deal with the same shallow way with Parapsychology. He won’t be the systematical, organized, diligent student. He won’t be the believer that will do regular meditation. He will learn many impressive terms, develop his own strange theories and will be absolute about his own ideas. Therefore, regarding Sulphur, the common thing in these different fields, Science and Parapsychology, is the superficial philosophical tendency.

7.5 Superficial erudition

Both Sulphur and Lycopodium tend to read many books. But if you come across Lycopodium’s library you will clearly face a very neat and organized library; clean and tidy; well preserved books; notes and underlining that show that he has really not only read but also studied them thoroughly. Sulphur’s library will be full of dust, chaotic, torn pages and half-read books. There will be all kinds of

books, weird and scientific, plane and sophisticated, comics and philosophical ones, cooking and psychology, cheap novels and Tolstoy, science fiction and science reviews, etc.

The Psoric Sulphur and Lycopodium are fond of documentaries about Nature and animals, strange scientific discoveries, politics, history and social matters. They may also like those sophisticated existential pseudo-intellectual movies with sophisticated titles, slow filming, full of symbolisms and weird end. On the contrary, the sycotic Sulphur will resemble Medorrhinum: fan of football, basketball, silly superficial comedies, thrillers, adventure movies, action movies and light movies in general.

7.6 Superficial, pessimistic philosophical tendency

As mentioned, Sulphur thinks a lot of himself; he is full of himself. He thinks that his I.Q., his cleverness, is above the average; that his philosophical thinking is original; that he is an expert in some or many fields; that “he knows”. Even if he hasn’t read about a certain matter systematically, yet, he feels that he has understood it, that he has grasped its main idea, its core, its essence.

Quite often, the psoric Sulphur when alone, when driving or when doing some physical work is absent-minded; he is absorbed in his philosophical thoughts. “Where are we heading as human society? Why do we live? Who are we? Why is society the way it is? What’s the meaning of life?” Quite often, he goes further than that giving his own original solutions to social problems and human burdens. He builds in his mind the ideal society according to his own philosophy. On the other hand, the Sycotic Sulphur may wonder about the same things but in a more shallow way. In addition, he usually expresses his thoughts to others around him. What’s characteristic is *the way* he expresses himself; he tends to be emphatic and often absolute because “he knows”. He will say: “Oh, come on! Give me a break! It’s a fucking damn life! What’s the point? We live like beasts; we are born, wear off ourselves working from dusk to dawn, we all hurt one another and in the end we all die and become food for worms! What’s the point in living?”

This is, of course, the way a low class Sycotic Sulphur will express himself. Let me point out the way a sophisticated psoric Sulphur will express his philosophy: “All is vanity! All are futile! Vanity is the core of existence. Death and loss of existence are inevitable! From this pointless existence arise human suffering and pain…”

The above two ways of expression differ a lot regarding language usage, terms and sophistication. In addition, the first is clearly a sycotic expression while the second is definitely a psoric expression. Nevertheless, both of them are characterized by the same superficial and pessimistic philosophical disposition and that's what makes both correspond to the Sulphur constitutional picture.

7.7 Psoric introversion and isolation

Let's see some more aspects of the psoric Sulphur. He is very introverted; even as much as Natrum Muriaticum but in a different way. He isn't introverted out of extreme tendency for dignity or because he is easily offended like Natrum Muriaticum. If you ask him why he is introverted he simply doesn't know and he will sincerely answer to you that he doesn't know. He will probably say: "I don't know! I haven't given it much thought. I've always been like that!"

His introversion isn't a conscious choice; it isn't deliberate; it isn't the result of a logical conscious procedure. It has to do with his absent-mindedness; with him being absorbed to philosophical and existential thoughts. He simply lives in the world of his own; a philosophical world. Since he considers himself very clever and since he is mostly a pessimist, why discuss his personal problems with others? What's the point? If he can't solve it himself then nobody else can do that, so what's the point of expressing it? Moreover, he is strongly convinced that problems and unhappiness are innate things; they come along with life itself!

This is the kind of introversion that characterizes Sulphur. He doesn't hide his personal matters, his deep felt matters from other people. Yet, he doesn't discuss it because he thinks that there's no point in discussing it. Nothing will come out from such an action. Either because they are unsolvable by nature or because others just can't help him solve them.

Yet, there is another way of dealing with his problems: not to deal with them by dealing with other things! Thus, according to his cultural level, he may employ one of the following attitudes: sit alone and think about irrelevant things all the time; pottering about at odd jobs or in the garden; playing computer games, surfing or watching TV for hours and hours; sleeping all the time; playing chess or backgammon all day long; employing himself on philosophical discussions, political discussions or discussions about art or religion all day long.

7.8 Laziness and boredom

The Psoric Sulphur often prefers solitude or a small company made up of only few close friends. Even then, that doesn't mean that he will easily talk about his deep felt matters. His wife may ask him: "What's the matter with you?" He will probably say: "Nothing. There's nothing wrong with me… I am just a little tired". Natrum Muriaticum avoids answering to such questions so as not to speak about her personal matters while Sulphur does not answer because he is not in the mood to talk about it.

Besides, boredom, is indeed a very strong trait of Sulphur. Sulphur students are so easily bored when they have to read most of their lessons. Sulphur is so bored when he has to take a bath, change clothes or put things in order. He may even be so bored so as to avoid going out with close friends. He may just sit and watch TV for hours and hours.

But whenever he occupies himself with things that he is fond of then nobody can drag him away from it. He is so absorbed and passionate when solving mathematical equations, playing computer games, surfing the internet or dealing with peculiar inventions! He doesn't sleep, he doesn't drink, he doesn't eat and he even avoids going to the toilette!

The Sulphur low class manual worker comes home from work, tired. He doesn't even change his dirty clothes. He takes a beer in one hand, the remote control in the other and is absorbed watching TV all the time. It's not that he is absorbed in that specific movie; he may be doing zapping all the time absorbed in his thoughts or being in a thoughtless state. A sophisticated Sulphur individual spends many hours reading, writing or thinking. He forgets to eat, talk to his wife or communicate with his children. He is all the time in a world of his own.

7.9 The Sycotic Sulphur

What about the sycotic Sulphur? He doesn't talk about his personal problems too, but not because he wants to hide things like Natrum Muriaticum. He resembles the psoric Sulphur up to a point. You see, he sees no point in talking about something that can't be solved or talking to others about something that is, indeed, his own problem.

Furthermore, he also has the attitude of Medorrhinum regarding this field. Medorrhinum thinks that he hasn't got any problems; not that he doesn't have, but because he *doesn't consider* most problems as *real* problems. He is mostly interested in enjoying life and is indifferent in most family matters, social matters or job matters.

He will say to his nagging wife: “Back off woman! Don’t bust my balls! Bring some food on the table and a cold beer and let me watch the game in peace! Now, go… go…” Or he may say to his friends whenever they are engaged in political or social discussions: “Why don’t you stop dealing with crabs/sheet and silly/boring staff? Let’s go out to eat, drink and get laid! That’s what life is about!”

Not that he has any problem to talk about his personal matters. Nevertheless, he won’t deal with it deeply and for long. The only thing that may disturb him is if he doesn’t have enough money to be able to enjoy his life.

The Sycotic Sulphur is not a loner like the psoric Sulphur. Nor is he so absent-minded and living in a world of his own. In fact, he is very social; he may be the life and the soul of the party; he is so plethoric! He will be the one telling jokes all the time, even dirty ones or vulgar ones. He is the one that plays practical jokes to others. He may talk a lot or just wait for the right moment to pop up a joke or a philosophical idea.

He tends to talk about all things and in addition, he thinks he is an expert about everything although his knowledge is usually superficial. He is such a jabberer; such a babbler; a real boaster. Baron Munchausen must have been a typical sycotic Sulphur individual! Many typical boasting fishermen or hunters are but sycotic Sulphur subjects.

The Sycotic Sulphur has firm opinions about all things. He judges everybody about everything! That doesn’t mean that he wants to be engaged in a productive and democratic discussion. He is so absolute and definite in whatever he says! You just can’t argue with him because “he knows”! He will probably say: “Oh please, give me a break, will you! All politicians are thieves and crooks! The only thing they care about is money and power!” He is so fond of practical jokes! Not that he does it so as to depreciate others; his intentions aren’t bad. He wants the company to have fun and he will be the one to lead the party! Nevertheless, his jokes aren’t sophisticated at all; in fact his manners and jokes may be rude and crude. His humor may be vulgar, cynical, sarcastic, indiscreet or even silly. On the contrary, a psoric Sulphur has a very good sense of humor.

The Sycotic Sulphur wants to be the life and the soul of the party either in the tavern or at the cafeteria. He likes eating and drinking, backgammon and poker, watching football games at TV with his pals, playing practical jokes to others, talking about politics, fishing, hunting and boasting about broads.

7.10 Hot, greasy, dirty and slovenly

A great many physical characteristics of the sycotic Sulphur are intensely sycotic, intensely “yang”. He is one of the hottest individuals! He is so hot, so damn hot as if boiling all the time. He is hot even in winter! You may see him walking around in freezing weather wearing only a blouse or shirt or thin jacket, yet, most of the times, unbuttoned.

During the winter he uses only one blanket, which is as a rule, a thin one. Even if his bedroom is cold he may get his feet out of the blanket because he feels them hot and burning. Or he may change place for his feet all the time in order to find a cooler spot. His head is so hot; his neck is so hot; he is hot all over from head to toes. No way is he going to put the sheet all over his head even if it’s freezing cold around him. Any part of his body coming in touch with the mattress and pillow becomes hot and sweating. Often, he wakes up at night changing side or pillow because he is overheated and sweating.

Pulsatilla and Argentum Nitricum are also hot but not as hot as Sulphur. They feel very uncomfortable in a hot room especially when the windows are closed. They feel chocking. They feel better in the open air, especially if it’s fresh and cool. Lachesis is very hot during menopause due to flashes of heat. She may have been cold in the past but during menopause she becomes hot in general and suffering from intense and frequent flashes of heat.

Winter is the best time for the sycotic Sulphur while summer is hell. Not only because he is hot but also because he is sweating at grade 3; he is soaked from sweat; he may even be dribbling from sweat especially from the face. His head is full of sweat; his neck, his armpits, his genitals, his belly and back, his chest, his hands and feet are full of sweat. At times, in the summer when he is very hot and sweating especially after physical exertion you may see vapors of sweat coming out of his blouse towards his neck! He may even sweat during the winter after slight exertion.

His sweat, his urine, his stool and all of his secretions are offensive and acrid so they may irritate any part of the body they come in contact for long. His skin chafes easily, especially at the armpits, inguinal area and around the anus. This acrid sweat may even easily destroy his socks, shoes or blouses at the area of the armpits. You can consider the following fact as a reminder: the element Sulphur is acrid and irritating to the skin and mucous; many vineyard workers when spraying the vineyards with Sulphur dust have intense skin and mucous irritations from the sulfuric acid produced from mixing Sulphur with water.

As said before, all his secretions are offensive; extremely offensive. His sweat may smell bad even after hours or even minutes after he had a bath. His stool

and urine smell bad; his gases smell very bad. There are two strange things when it comes to offensiveness of his secretions. First, he may not be annoyed from his offensive secretions or even may not realize that they are offensive! Second, he may be very annoyed even from slightly offensive secretions of others around him!

On top of all the above his skin and hair are very greasy, very oily. He takes a bath today and by tomorrow his hair is already greasy. That's one possible reason why many Sulphur individuals develop hair falling and become bold even from early age. If you have a Sulphur young man with greasy hair he has two choices most of the times. Being very lazy he doesn't bathe frequently so his hair is oily for too long. All the pollutants from the atmosphere and dust are diluted into his greasy hair. Moreover his acrid sweat stays on his skin and hair for too long. All the above affect chemically the roots of his hair. In addition, the breathing of the skin of his hair is obstructed. Too many reasons in favor of hair falling!

A second choice is frequent bathing with shampoo for greasy hair. Although Sulphur is usually lazy, a young Sulphur man interested in his appearance so as to make good impression to the opposite sex isn't a rare case. You see, motive makes the world go round! So, a Sulphur young man, being aware of his tendency for greasy hair, bathes very frequently using strong shampoos that cause dryness to the skin of his head. The skin reacts to dryness and increases secretion of sebum. This prolonged hyper secretion weakens sebaceous glands that nourish the roots of hair and again the result of this vicious circle is hair falling and baldness!

Now, let's put all the discussed characteristics together to complete his external appearance. He is very hot, his face, lips and ears often are red and burning, he often wears light clothing, he is covered all over with sweat, his hair are greasy, his skin is oily and very often he is dirty and slovenly. He hates washing himself most of the times. His is so bored when it comes to his appearance and styling so he puts on whatever is casual and ready to be worn or even worse his taste is kitsch. Put all these together and you have the typical look of a Sulphur individual! Isn't it pretty!

You must, of course, take in consideration that this is the typical picture of a typical low class dirty Sulphur individual. I mean this is the case where primary behavior and secondary behavior are in match. Nowadays, culture, education, the media and fashion tend to affect everybody, even lazy Sulphur individuals. Therefore, it's not rare to find Sulphur individuals that tend to take a good care of their external appearance. Profession also may play a significant role to the

latter especially if he happens to be a police or army officer. But, even then, beneath that “perfect” and “neat” look you will be able to discover that characteristic Sulphur stroke of slovenliness: his tie may not be straight or may be kirsch regarding color, his shirt’s end may bulge over his pants and on top of that he wears two different kinds of socks! Tidiness and Sulphur are two opposite things! He is so unorganized and slovenly! His room looks as if bombed and his mother is in constant despair! Pell-mell, higgledy-piggledy, a real mess! There is no pattern of any classification regarding his things. Nevertheless, in the midst of this chaotic state, most of the times, it’s easy for him to find where his things are. Therefore, whenever his mother puts his things in an order he just can’t find anything! A Sulphur young man is most likely to be very slovenly while adults at work are forced to become a little bit tidier.

Most movements of a sycotic Sulphur individual are sycotic and clumsy. While eating he will easily get dirty or scatter crumbs all around his seat. While walking he stumbles at all furniture or hurts himself on every corner of any furniture! Most of the persons that keep having little accidents all the time are Sulphur subjects! Accordingly, the behavior of a sycotic Sulphur subject will be as clumsy and rough as his movements. Again we must take in consideration the influence of culture and society that smoothens the edges of such a rough behavior.

He is also sycotic when it comes to his choice of tastes and appetite. Quite often, he is hungry and eating all the time. He wants quantity but not quality. He likes strong tastes and variety of tastes. He likes greasy food, fat, butter and oil. When it comes to meat he prefers those parts that are rich to fat. He chooses those parts of meat that are full of fat, skin, bones and cartilages. That’s the reason why he chooses pork instead of beef and chicken leg instead of chicken breast!

He likes fat grade 3; that is, he even enjoys boiled fatty food and not only roasted; he even likes boiled skin instead of grilled. He thinks that any part of meat that hasn’t enough juicy fat on it isn’t tasty. Being sycotic, he also likes other strong tastes like pepper, salt, spicy food, sauces, seasonings, sweet, etc. just like Medorrhinum does.

The skin and the peptic system are the two main fields that cause a lot of suffering to him. He often has skin problems like eczema, psoriasis, itching, acne, boils, seborrheal dermatitis and several kinds of rushes. He is usually bloated and full of gases and has enough retching and gargling. Anything he eats is turned into gases. You may find Sulphur being dyspeptic or he may tell you “I can digest anything!” He is so greedy! Food is one of his top enjoyments. He lives so as to eat! He definitely doesn’t eat so as to live!

7.11 The constitutional diagram of Sulphur

Raw Material:

The element Sulphur of the Periodic Table of Elements

Miasms:

The Psoric Sulphur is very psoric as to ideas and expression. His physical characteristics and symptoms are also psoric. The Sycotic Sulphur tends to be introvert and psoric as to ideas but his expression and his physical characteristics and symptoms are intensely sycotic.

Basic Passions:

Psoric Vanity: he thinks a lot of himself and considers himself as versed in many fields, although he usually has superficial knowledge of things. He strongly believes that he has understood the “essence” of all things and how all things in Universe function. His philosophical ideas are usually superficial, pessimistic and unconventional.

Essence:

The dirty, rugged, slovenly, psoric/sycotic, introvert, bubbler, pessimistic and superficial philosopher

Thinking

a. Psychological Evolution:

Being a very intellectual person he is greatly related to the Intellectual Soul. His Individual Will is greatly influenced by his External Will especially the one that has to do with Ideological Systems. His intense philosophical tendency and his great curiosity tend to lead him towards Universal Laws and Truth but still his knowledge tends to be superficial and egoistic. His psoric vanity and his attachment to ideological systems keep him away from true knowledge and true psychological evolution most of the times.

b. Influences:

Psoric vanity, introversion and pessimism; he is very much influenced by Intellectual Thinking Stimuli like abstract and philosophical ideas.

c. Stressful Conditions:

Whenever he is forced to deal with things that make him feel bored; when they force him to get over his boredom and laziness; heat and hunger; too much tidiness and programming; a strict schedule; when others distract him from his "obsessions" like watching TV, surfing the internet, playing computer games, dealing with inventions, etc.

d. General Characteristics of his Mental Functions:

The Psoric Sulphur is characterized by slow thinking which is fixed to certain philosophical matters. He is usually a dreamer, all the time thinking how the World should be and ends up in living in a world of his own. The Sycotic Sulphur is characterized by superficial thinking and although shallow he tends to be stubborn and absolute as to his ideas.

e. Mental Patterns:

His mind is fixed on unconventional, strange and pessimistic fields of knowledge usually of a great variety and at times of opposite kind; for example Science-Metaphysics, fan of the State-Anarchy, etc. His usual themes are: the Relativity Theory, the "black holes" of the Universe, the meaning of life, the existence of God, why should there be boundaries among nations, how does the injection system of a car functions, etc. With whatever he deals he seems to be fanatical and stubborn but not because he is a fanatical believer but because of his psoric vanity. He is proud of himself that he knows so many things and often he shows off to others boasting about his genius mind.

Frequency

A very frequent constitutional picture especially among men although not rare among women; extremely frequent among low class and fringe individuals, dreamers, philosophers, unconventional artists, etc.

Emotions

The general mood of the psoric Sulphur is often melancholic and pessimistic; he often feels tired and bored. The Sycotic Sulphur is characterized by superficial joy in the sense that he is always joking, teasing others and tends to be the heart and soul of the party all the time wanting to have fun. Being very intellectual and shallow he isn't characterized by intense Intellectual Emotional Charge. Nevertheless, he tends to be more emotional than Lycopodium because he is less rational and less calculating/selfish.

Most of his emotions are Intellectual Emotions while the sycotic Sulphur tends

to have also a lot of Physical Sensations in the sense of physical urges and desires. The Intellectual Emotions of the psoric Sulphur are controlled, sincere and idealized while those of the sycotic Sulphur are shallow and changing all the time. The Psoric Sulphur often feels melancholy, pessimism and not easily expressed vanity. The Sycotic Sulphur often feels superficial fleeting joy, superficial anger and vanity that is expressed in the form of boasting.

Behavior

The Primary Behavior of the psoric Sulphur is controlled, sincere with attachment to mental patterns and tendency to become a Don Quixote. He is very introvert and often slightly shy. But what greatly characterizes him is that he is a dreamer living in a world of his own, i.e. a strange philosophical world. On the other hand, the Primary Behavior of the sycotic Sulphur is characterized by vulgar materialism, tendency for physical enjoyments and fun of a lower level; he tends to be boasting, vulgar and always teasing others. Both the psoric and the sycotic Sulphur tend to be unconventional and nonconformists rejecting the established behavior and opposing to it. So they both react to “good manners”, “descent clothing” and “refined manners”. They tend to adopt unconventional and even rough manners even feeling proud about it. They also tend to be sarcastic and critical towards the established social institutions, the established ideologies and towards conventional behavior in general.

Usual Adopted Behaviors:

“Religious or atheist after much philosophical thinking”, “fan of esotericism”, “pessimistic philosopher”, “the theoretical mind of an unconventional ideology”, “theoretical anarchist”, “fringe person”, “avant-garde unconventional artist”, “funny guy”, “practical joker”, “unconventional, nonconformist rebellion”, “the crazy but not villain scientist introducing strange ideas and peculiar and not always practical inventions”.

Also: “absent-minded philosopher”, “absent-minded scientist”, “politically aware citizen”, “the Don Quixote, alternative doctor, scientist, teacher or artist”, “theoretical fringe ecologist”, “lazy/easily bored student”, “slovenly guy”, “fan of superficial fun”, “fan of football boasting all the time of his knowledge on the theme”, “obsessive fan of computer games/TV/Internet”, “rag picker”, “the philosopher alcoholic”, “loner philosopher”, “boasting hunter/fisherman”, “bubbler”, etc.

Body

External Appearance:

Hot, with red face/ears, sweating all over, offensive, greasy hair, oily skin, slovenly, unkempt, clumsy, unconventional outfits, shy and reserved behavior (psoric Sulphur), rough and vulgar behavior (sycotic Sulphur). Tall, slim and stoop shouldered (Psoric Sulphur). Fat with yang body (Sycotic Sulphur).

Frequent Physical Predispositions:

Acne, asthma, morning diarrhea, eczema, psoriasis, gastritis, colitis, conjunctivitis, hemorrhoids, chronic headaches, allergies, obesity, boils, all kinds of rushes, itching

Frequent Psychological Predispositions:

Melancholy, Alcoholism, Hashish abuser

Relative Constitutions

Psoric Sulphur: Lycopodium, Natrum Muriaticum, Gelsemium, Graphites, Psorinum

Sycotic Sulphur: Medorrhinum, Phosphor

B. LECTURE ON SULPHUR

7.12 Hot and sweating

Sulphur is one of the most basic and frequent homeopathic constitutional pictures, more frequent in men than in woman. The Sulphur constitutional picture corresponds to the homonymous homeopathic remedy prepared from the element Sulphur of the Periodic Table of Elements. We will begin our analysis from his physical traits that are very characteristic and then continue with the analysis of his mental sphere which is the prevailing hierarchically.

Sulphur is one of the hottest individuals; he is hot grade 3; he is literary boiling! Have you ever seen those red hot sweating individuals with few clothes even in winter? There’s a great chance they are Sulphur individuals.

Sulphur is sweating especially at the area of face, neck and armpits. He is literary dripping with sweat. Wherever his body touches the mattress, the sheets or the pillow, the latter become soaked. No wonder he wakes up at night to change place on the mattress or turn his pillow upside down! Whenever doing physical work he can take off his blouse, squeeze it and let the sweat run down!

He also sweats a lot at the area of feet, genitals and anus. At times in the summer after physical exertion, vapor comes out of the upper part of his blouse! He is boiling and steaming! During the winter he will go out wearing only a blouse or a light jacket and his mother or wife will run after him shouting: “Oh God! You’ll catch a terrible cold! You’ll get pneumonia, for God’s sake!”

Even in winter, even if the heater is off and the bedroom is cold, still he needs only light coverings. He may even want to have his feet out of the blankets because they are hot and sweating. Sometimes he doesn’t get it out but still he changes place all the time in order to find cool areas inside the sheets. Needless to say that he hates putting his head under the blankets. Often, he is hotter at his extremities and less hot at the trunk area, so he may cover his trunk and expose his extremities.

When I say that “feet out of the blankets grade 3” is a strong trait of Sulphur this refers only to healthy individuals acting like that in a cold room in winter. I don’t mean in a hot bedroom in winter on in a hot bedroom in the summer. Nor do I refer to a person who is cold in general but his feet are burning due to phlebitis! It has to be a constitutional characteristic and not the symptom of a physical disease.

If we examine things superficially or don’t differentiate in Homeopathic Diagnosis, then we end up doing great mistakes. Let me give you another example. Lachesis may have an aversion for clothing and coverings because she can’t stand anything pressing her especially at the area of throat, chest and belly. She may also feel chocking in a room because she likes fresh air. She may also have intense flashes during menopause. All the above have nothing to do with Sulphur’s “hot 3” state.

Sulphur feels chocking in a hot room due to high temperature. His body’s “air condition system” is so weak that he can’t cope even with ordinary conditions, not to mention extreme ones. Heat disturbs him physically as well as mentally; he feels stupefied; his mind can’t work properly at high temperatures.

Pulsatilla, Argentum Nitricum and at times Lachesis also feel chocking in a hot room. Pulsatilla adores open air; it improves all her physical symptoms and even her psychology. During the winter she may wear heavy clothing or sleep well covered but still wants the windows open to breathe fresh cool air or else she is chocking. Sulphur feels terrible in a hot room but he is not so much crazy about fresh air like Pulsatilla or Argentum Nitricum.

7.13 Redness, acrid sweat, offensiveness

Sulphur, apart from being hot in general, has that natural redness of the face; this is, of course, very much increased if there's any inflammation of the skin of his face but you can also see that whenever he drinks alcohol. Don't forget that the Sulphur proving picture is created by Sulphur poisoning. Has any of you experienced inflammation of the skin and eye mucous from spraying Sulphur dust to vineyards? The main symptoms are extreme redness of the skin and mucous, congestion and burning sensation, all relieved from cold water or cold bath. Sulphur often has itching all over after bath, especially after a hot bath.

His sweat apart from being copious is also acrid and irritating to the skin thus, he can easily develop friction burnings especially at the armpits area or between thighs. Don't confuse this with the friction burnings between thighs that fat people develop due to friction of the skin. If he doesn't bathe for more than two or three days he may develop itching of the scalp or anus due to the acrid sweat or the acrid stool. The leucorrhea of a Sulphur woman is also acrid and may inflame the area of the external genitals.

His white underwear may turn into slightly yellow ones especially at the area of the armpits due to the acrid sweat in the summer. His socks and the inside of his shoes become easily dirty and are worn out quite quickly for the same reason. A male Sulphur person often develops white salty depositions at the hair of his armpits during the summer due to salty sweat and lack of frequent washing. Often, when his sweat dries up on a black blouse then white salty depositions are formed.

His offensive sweat can often be detected on entering the room especially if he neglects body sanitation. You can also feel that with Arsenicum, Psorinum and Graphites individuals. All secretions of Sulphur are copious, offensive and acrid, i.e. sweat, urine, stool, etc. A strange characteristic of his is that although his sweat is offensive quite often he doesn't realize it. In addition, any slightly offensive smell of others is easily detectable by him, annoying him greatly.

7.14 The "dirty, ragged, shallow philosopher"

If you put all the above characteristics together then you'll have the picture of the "dirty, rugged philosopher" as Kent called Sulphur. He will have an aversion to wash himself; he will buy and wear any kind of outfits irrelevant of fashion, even kitsch ones, because fashion isn't something important for him. Let me remind you of Einstein's look: always in need of a haircut, never combed and with a plethoric unkempt moustache. His biographers say that at times he bought a dozen similar costumes so as not to bother choose what to wear every day! He

just opened his closet and wore anything that was facing him. An army officer affected by the Sulphur constitution is forced to be neat and clean, nevertheless, a small detail will always reveal his primary tendency: a kitsch tie, a shirt that doesn't match his pants, socks of different color, greasy unwashed hair, etc. His hair is greasy and his skin oily. He has to wash his hair almost every day in order not to have that greasy look.

So let's build up that typical "sulphuric" picture: on entering the office an offensive odor permeates the room, hot and red face, sweating, greasy hair and face, light outfits, uncombed, unshaven, out of fashion, slovenly, usually fat, protruding belly, dirty and ragged… well that's a typical picture of the sycotic Sulphur!

But you have to be very careful because cultural factors and good manners may change this picture a lot. You still have the same genotype, the same primary behavior but the phenotype, i.e. the secondary behavior, may even be dramatically altered. For example, a Sulphur lawyer, doctor, army officer, businessman or politician can't afford being dirty and ragged.

He is aware of his offensive sweat and greasy skin and hair so if he wants to be socially accepted and successful he must wash himself every day, like it or not. Yet, most of the times it's going to be a quick sloppy shower and a quick unsophisticated outfit.

You must take in consideration that this typical appearance regards the most common type of sulphuric appearance, that is, the sycotic appearance. The Psoric Sulphur is less hot, even slightly cold at times, with dry skin, slender and sometimes slightly stooped. If you aren't aware of the miasmatic theory and not acquainted with the Miasmatic Constitutional Materia Medica, such things will seem as troubling inconsistencies to your mind. But, in reality, they aren't but versions of the same constitutional picture.

7.15 Slovenly

You may also come up with a Sulphur army officer who seems to be or is very tidy and you may confuse him for a Nux Vomica individual. But in such a case the motive plays the most important role and can clarify things. Nux Vomica is tidy per se; is tidy physically because she is tidy mentally; she is the typical tidy person as a whole. Sulphur may have become tidy forced by his job or for practical reasons; in order to do the job, in order to cope with plenty of work.

Under normal conditions Sulphur is very slovenly. He can turn a tidy room,

office or kitchen into a mess in a couple of minutes. Strangely enough when it's his chaotic room we are talking about, then he can find things quite easily. You see it's his own chaos and there seems to be an order of his own in it! (laughs)

If his mother, his wife or the maid turns this room from chaotic to a tidy one then he will be unable to find anything. She has spoiled his chaotic "tidiness". Nevertheless, at times, he has that rare "fits" of tidiness during which he will try to put all things in order but it's usually a short fit, a temporary one and in a couple of minutes or hours, things are back to "normal".

I have a friend who is a typical slovenly Sulphur person. If you are around when he is cooking you'll never forget Sulphur! He doesn't have any rubbish bin; instead, he hangs a plastic bag by the knob of the kitchen cupboard and puts there all garbage. Dirty fluids run down from the bottom of the bag. There are splashes of liquids on the external surface of the cupboard almost one meter around the bag.

He uses countless plates and kitchen tools all at the same time. He puts the spoon with which he tasted the food on the dirty kitchen bench making it dirtier. A towel is at the same time used to clean the oils from the kitchen bench and at the same time for the drying of his washed clean hands. Finally, anything that fells on the floor stays there for hours or days. There's water, oil and dirt all over the place!

He once told me that when a student he lived with a friend of his in a flat in Italy. The kitchen sink had a league and dirty fluids were running down to the floor of the cupboard and then to the floor of the kitchen. Every day this creek of filth was approaching the carpet of the living room and instead of cleaning up and fixing the sink they rolled the carpet more and more in order not to get dirty!

Another sulphuric friend of mine, when we were living at a student's residence hall used to take off his underwear every night before sleep, turned them inside out and next morning reversed it and wore it again as if clean. This procedure went on for days and days!

Many of the dirty, rugged, homeless people aren't dirty and rugged due to conditions only but also due to their sulphuric constitutional influence. It's a matter of attitude and philosophy. Many dirty, rugged monks are so because of their sulphuric constitutional influence and not because they "depreciate the body" or because they act "against the needs of the flesh". The majority of Bohemian poets, "naïve" painters and unconventional artists are Sulphur individuals.

Sulphur kids and even grownups, easily get dirty when eating anything; oil spills on their clothes, crumbs of food all around the table and on the floor all around them. They don't do it on purpose; they just can't help it. Even if they try to avoid it, still, end up getting dirty. Some of them, the low-class ones, may even find it very handy to mop their dirty hands, lips or running nose on their sleeves.

7.16 Boredom or over-activity

When it comes to pace of activity you will often come up with two opposite versions. The most common version is boredom and laziness. He won't even raise his hand to grasp something. He is so absorbed in TV/Computer games/Internet that he won't take off his jacket even if he is hot; he won't drink water even if he is thirsty; won't eat even if he is hungry; won't go to the toilette even if he is ready to burst. He will say: "Mum… brink me some water!" Often, when left without activity, Sulphur sinks into boredom or even into a state resembling stupefaction. He is usually a bright boy, a clever boy and most of the times he is a good student. Not because he reads a lot but because he can easily understand the essence and the general picture of things. Yet, his books and exercise books are in a mess; torn, folded, dirty, full of drawings, etc. He may put into his school bag the ham and tomato sandwich together with his books, all becoming pink from the tomato juice!

Nevertheless, although easily bored, whenever he deals with the few specific things that he is fond of, he is so active and absorbed and even productive. He may watch TV or surf the web for hours and hours; he may play computer games non-stop, again and again. He may grab his bicycle or motorbike and dismantle it to little pieces. Then full of grease, from head to toe, he will assemble it but still some screws will be left apart as if not needed!

If he likes gardening then he may dig and plant for hours and hours forgetting wife, kids and friends; even forgetting to eat or drink. If he likes fishing he will be sunburned sitting for hours even if he doesn't catch any fish.

He so much lives in a world of his own; he likes to think and to philosophize with himself; he hates dealing with every day little matters; they seem so worthless and so boring to him. Tidiness and program is definitely not his field! Give him philosophy, politics, discussions, cultural discussions, mysteries, etc. and he won't be bored at all; he will become enthusiastic and alive!

But then you may see a Sulphur individual being over active in general; never stopping for a minute, always doing something and always occupying himself. He may be a businessman working all day long. He may come home from work

and won’t sit still for a minute; will do gardening, cooking, handy jobs, etc. The Psoric Sulphur is usually lazy and easily bored while the sycotic Sulphur will often be overactive.

7.17 Stooped and slender or greedy fat

The Sycotic Sulphur is usually greedy and fat or at least with a round protruding belly. The Psoric Sulphur, on the other hand, is usually slender and stooped. Think of a fanatic believer monk, eating only enough to survive, always praying and reserved and pale, slender and stooped, bones clearly protruding from his body that has almost non existing muscles. This is the psoric Sulphur. On the other hand, think of a red faced, chubby monk, greasy, greedy, fan of wine and joking and fun. This is a sycotic Sulphur.

The Psoric Sulphur eats in order to live; The Sycotic Sulphur lives for the sake of eating! He is so pleased from eating; his best orgasms come from his tongue and his stomach! He wants strong tastes, fatty rich food and spicy food, plenty of food. He won’t stop eating unless food is up to his throat and his belly is distended.

He so much enjoys fat and fatty rich food! He not only enjoys roasted or fried meat or barbeque; he even likes boiled fatty food, for example the boiled skin of a chicken. “Nothing tastes good if it doesn’t have enough juicy fat in it” is his motto! He will definitely choose leg or wings instead of chicken breast. He will prefer anything that has fat, skin, tendons, cartilages and bones and will lick all bones living nothing for the dog except pure hard bone. So he craves fat grade 3.

But, please, be careful! If you have a Sulphur patient that is on strict diet due to a severe heart disease you may ask him about desire for fatty food and may say “No!” That doesn’t mean that he doesn’t like it; it means that he doesn’t eat it because he was forbidden to. Whenever we ask about any taste or food we should always make it clear for our patient that *we ask about his desire* and not about anything else.

Sulphur usually sleeps on his back and often with his hands stretched near his ears or behind his head and legs spread apart. It’s not an accidental position; most of the times, it has to do with his aversion towards heat. You see, this is the most cooling position helping his sweat vaporize and cool him and having no part of his body touching another. If a hot part touches another hot part then heat and sweat are multiplied! Sometimes the sycotic Sulphur individuals like to sleep on their abdomen just like the sycotic Medorrhinum.

He often enjoys cold water from the fridge even in winter and this is due to his sensitivity towards heat. The minute he drinks a glass of water, especially if it's ice-cold, he gets it out of his system in sweat. The same happens instantly if he drinks something hot or eats hot food. In the summertime he is desperate; he drinks cold water to cool his organism and then immediately he is soaking from sweat. If he is somewhere hot and with no wind and drink cold water then he may be refreshed for minutes or seconds and then again he is hot, again drinking cold water until his stomach is full of water complaining of distention.

Phosphor, on the other hand, enjoys drinking ice-cold water from the fridge even in winter because that's the only way he can quench his thirst. He just can't drink water with normal temperature. It's as if someone is drinking beer that wasn't in the fridge! A boy Phosphor "steels" ice cubes from the fridge to let it melt in his mouth. His mother is after him threatening him and shouting at him: "Stop it! You'll get sick!" If Phosphor lives at a cold place then during winter he may not drink water from the fridge. But, even then, he will leave the tab open until ice-cold water comes in from the pipes out of the house! Only then he will enjoy it and quench his thirst!

7.18 A Psoric "Buddha" or a sycotic gale!

There are also two versions of Sulphur regarding his irritability. He may be a psoric "Buddha" or a sycotic gale! The Psoric Sulphur will say that he is calm and he is, indeed. If his wife is a plethoric, irritable Lachesis then she will often tell you: "Holly Jesus, doctor! I try to make him angry and I get nothing! This man is a stupefied cow! He never gets angry! I say to him: be a man for a change! Let the beast get out of you and get angry at least once! Well, nothing happens! The other day our naughty boy sculptured his name on our precious dining room table. I told my husband: "Go and yell to him and punish him!" He said "Yes, yes…" and by the time he managed to get off the chair our boy was off to Australia!"

Don't think that Sulphur is really a "Buddha". He seems calm and most times he really is but only because of boredom. Or only because he considers all every day little matters as not important while most wives deal a lot on every day little matters. Whenever his wife puts forward any subject demanding solution, a Sulphur individual, may say: "*You* handle it my dear… I am so tired from work!" It's like the joke where any time a man wants to get laid his wife tells him: "Sorry dear, I've got a headache!" (laughs)

The Psoric Sulphur, as mentioned, lives in a world of his own, absent-minded

and absorbed in philosophical matters. He usually takes things as they come. All those things that a dominant, overprotective Lachesis housewife considers important matters, simply don't count for him. Yet, a psoric Sulphur may say at times that he does get angry. Nevertheless, what he really means is that he restrains his irritability lots of times and then there comes a rare time when he bursts intensely. But, that is a rare incident not characteristic of the person. You may also find a psoric Sulphur that easily gets angry but like a coward Lycopodium keeps his anger for himself never expressing it for fear of consequences.

On the contrary, the sycotic Sulphur resembles Medorrhinum as to his irritability. He may not get easily angry but when he does then he expresses himself intensely and furiously; but then after some minutes he is totally off, the anger is over and things get back to normal. There's also another version: he becomes easily angry and express it easily like a Phosphor but then he overcomes it very easily.

Apart from being slovenly, Sulphur is quite often very clumsy; he walks and stumbles all the time. Any chair or furniture found in front of him may be pushed or turned over. He is so careless that he breaks vases, glasses, plates, etc. He may be a moving disaster. While eating his clothes become dirty. His handy work is anything but perfect! If a painter or a sculptor, he will prefer modern art so as not to follow any strict forms that demand precision and accuracy.

7.19 Introvert; living in a world of his own

Both, the sycotic and the psoric Sulphur, are intensely introvert, especially the latter one; they are introvert grade 3 or at least grade 2. Natrum Muriaticum is introvert because she doesn't want others to know anything about her personal problems, about her deep felt matters. She wants to sustain a dignified image towards others and towards the society; it's a psoric egoism.

The Sycotic Sulphur on the other hand is introvert because he thinks that there is no point in talking about his personal matters since he considers them, most of the times, as not important. Furthermore, he is very optimistic. He will say: "Let it be! We have to accept all things and take things as they come; come, what may!" Even if he has a personal problem that he considers important, nevertheless, he thinks that there's no point in discussing it since only *he* can give solutions to his problems and not others.

The Psoric Sulphur is introvert because he is pessimistic. He believes that "all is

vanity". He keeps philosophizing saying to himself that nothing is really important in the process of a vain lifetime.

Psorinum is a really pessimistic individual; deeply psoric and deeply pessimistic. He is pessimism personified! He sees no light in anything. All are doomed; everything is black. His job is a failure; his personal life is hopeless; even his beloved ones don't give him any joy at all. He knows that he loves them but that is something strictly intellectual; his emotions are flat, zero, non-existing; his e-motions are not in any motion; they are still, flat!

Don't confuse this characteristic of Psorinum with Aurum. Aurum Metallicum is deeply hurt. Her emotions are in a turmoil. She isn't flat. She accuses herself of everything and feels guilty; she feels that she did all things wrong and being in despair she wants to commit suicide and often she really does! Yet she isn't flat as to her emotions while Psorinum's emotions are flat.

Therefore, the psoric Sulphur seems introvert and is introvert indeed. The Sycotic Sulphur seems to be extrovert because he is so expressive and talking and joking all the time and loves company and fuss but when it comes to his personal problems he simply doesn't open his mouth. He may even tell you: "Even if I speak about it, so what, doctor! Will anything change? So why talk about it?"

If his wife is an extrovert, plethoric individual, for example Pulsatilla, she may tell you: "Oh doctor, he is so introvert; he doesn't speak at all about himself. We are a loving couple, we have kids, we are a loving family, nevertheless, he never wants to talk about us, about our family; he never expresses his feelings; not a word comes out of his mouth as to his deep felt matters. When I push him to talk, he always says: "There's nothing to talk about; even if I talk, will anything change? I am tired; let's change subject!"

If his wife is a Lachesis woman interfering in all things and wanting to control everything she will say to you: "Oh doctor! You can't get anything out of him! He is a fish, a speechless cow! What kind of a creature is this?" If Sulphur is not educated then he may not want to talk about every day matters because he is afraid of becoming embarrassed and so he becomes reserved and unsocial.

7.20 Shallow philosopher

The Psoric Sulphur has a strange kind of pessimism; it's not an emotional pessimism; it's rather an intellectual and shallow philosophical pessimism. He may say: "Oh come on, everybody is sold for money; politicians, doctors,

everybody". Or he may say: "We are alive! So what? What's life other than a constant vain fight? We are born, work like animals and in the end we are eaten by worms and that's it! End of story!" If this was an emotional pessimism and the person who said that really felt it as an emotion he could have committed suicide like an Aurum Metallicum but Sulphur isn't that way. He is just philosophizing without much emotional participation. If he is a sycotic Sulphur person then his secondary behavior is usually optimistic. Nevertheless, be his secondary behavior pessimistic or optimistic the important thing is that they both have the same primary behavior. Both the psoric and the sycotic Sulphur have one common thing: their shallow philosophical disposition. This disposition originates from a natural curiosity about how all things work; about the mechanism involved. Thus, he is interested in how a toaster works up to how Universe and God work!

He will often ask you: "What's Homeopathy doctor? How does it work?" If he is a boy receiving a bicycle as a present he may ask himself the same thing: "How does this thing work?" Then he will take the screwdriver and dismantle it to satisfy his curiosity. So, every time something happens to him either regarding his family, his affair, his job or society he is always philosophizing about "how things work".

7.21 Crude practical joker

Sulphur, especially the sycotic Sulphur, is a teaser, a practical joker, a humorist. The Psoric Sulphur will be a normal teaser, a sarcastic one but still within boundaries and even rather shy. The Sycotic Sulphur is a crude practical joker, most times a good one but at times not.

Anacardium will do the mean, ironical, spiteful practical joke or humor that will embarrass his "victim" or humiliate it and he will enjoy it, proving to himself and others that he is the smartest of all! He will be the boy who stepped deliberately on the cat's tale only to listen to her scream and laugh at her. He will also be the boy who tripped up his grandpa and burst into laughter as the latter fell down breaking his leg. His mother will say: "Oh my God, the Devil got into him!"

But this is the "villain" version of Anacardium, the syphilitic version, the one that has almost no contact with his moral conscience. This version is a very extreme one; he will do something bad without remorse and guilt only to confirm to him that "he is the one", that "he is the smartest". The psoric version of Anacardium is pretty much tortured because he is squeezed between too wills,

the “villain” one (external will) and the “good” one (internal will/Conscience). That’s the reason why he feels as if having inside him an evil demon and an angel fighting all the time about who is going to prevail.

The Sycotic Sulphur may do quite crude practical jokes but then he hasn’t got any mean intention. He may become a bit vulgar or insensitive due to his crude disposition for fun. He may also sincerely apologize if he has hurt someone. He will say: “Sorry pal, I didn’t know that it would hurt you so much… but still you have to admit that it was funny… wasn’t it?”

A sycotic Sulphur kid may insert his finger in his nose, take out that green thick staff and place it on the blouse of the boy sitting on the desk in front of him “just for fun”! Or a grownup may come to your marriage and interrupt the ceremony only to ask his groom friend loudly in front of the audience: “Are you sure you don’t want to reconsider before saying “I do!”?”

He may also say crude dirty jokes to people that he first meets at social gatherings even if they are elderly or very conservative. I have a sycotic Sulphur patient that every time he comes into my office he will start with a crude, long, dirty joke although he was late at his appointment and people are impatiently waiting at the hall. Yet, he is lovable!

Phosphor is also very humorist and the heart and soul of any party or gathering. His humor is more refined and polite than Sulphur’s and his intention is very positive and sincere. He wants to make others feel better and really have fun.

Lycopodium is not a successful humorist, most of the times. His jokes are very sophisticated and intellectual and the way he says them is so psoric and shy that no laugh is produced. He will even try to explain his jokes immediately after saying them. It reminds me of the sophisticated intellectual “jokes” of Woody Allen! Medorrhinum’s jokes and practical jokes resemble the ones of the sycotic Sulphur but not as successful as the latter’s.

7.22 Neglectful as to his health and indifferent as to little everyday matters

Sulphur, especially the sycotic version, usually, isn’t afraid about his health. So does Medorrhinum. The latter feels so strong physically and so tough psychologically so why afraid of something bad? Sulphur, on the other hand, isn’t afraid about his health because he has done a lot of philosophizing about life and death. The Sycotic Sulphur and Medorrhinum are also neglectful as to their health. They must be forced by others or by their problems in order to consult a doctor. They are both very unwilling when it comes to tests, strict

diets, complex medications, etc.

On the contrary, a psoric Sulphur individual, because of the adoption of a certain kind of philosophy may deal with his health, employ healthy nutrition, meditation techniques, alternative treatments, herbs, acupuncture and such staff.

I have a patient around 45 years old. He imports Indian clothing, accessories and such things. He lives a bohemian life. When it's winter in Greece he goes to Thailand because it's summer over there. He lives in a shack, enjoys the sea and sun, practices yoga and meditation, is dirty and slovenly, eats healthy and philosophizes. Then when summer starts in Greece he comes back going from island to island selling Indian clothes and accessories again living in an unconventional way.

Sulphur, especially the sycotic Sulphur, isn't only neglectful as to his health; he is also neglectful as to his clothing, his diet, his car, his house and his belongings. You may see a carpenter who is good at his job to live in a house where his wooden furniture are a wreck. His wife keeps nagging: "For God's sake, you are a carpenter and the door of our house is ready to fall apart! What will people say about it?" "Ok, ok, I will do it tomorrow!" he replies. Yet, his wife knows that, that "tomorrow" will never come!

You may, of course, come up with a Sulphur individual that is very scared when he is told that he has a severe disease. But, most of the times, after a while he philosophizes and he overcomes fear. He will say: "What can a man do, doctor? We are all going to die after all! What now, what tomorrow!"

7.23 The superficial bibliomaniac of strange and mystery books

Quite often he likes reading books a lot. Yet, there are distinct differences between Sulphur and the other great bibliomaniac, i.e. Lycopodium. Lycopodium likes to read cultured and sophisticated books, essays, dissertations, thesis and scientific reviews. He will be the systematic and thorough reader. He wants to know many new things not so out of curiosity but because he wants to build his intellectual image towards others.

He is dying to lecture to others about what he knows displaying strong arguments, solid proofs, bibliography, results from scientific research, references, footnotes, quotations, etc. He is a fan of rational thinking, of logic and scientific methodology.

It doesn't matter what his subject is or if he really believes in it. He may be a fan

of Ancient Greek civilization, a Christian, a Buddhist or an atheist. What really matters is that he is a systematic and thorough reader and lecturer fond of detailed notes, diagrams, charts, graphics, displays, statistics, etc.

Sulphur, on the other hand, has no respect for methodology or books. He will spill food on any book while reading it, may damage its cover, read first the end and then the beginning and some scattered paragraphs. Then he is going to lecture you on what he has read without strong arguments or references but still with absoluteness as if he knows all things whether against or for the author.

If he is a student he may only read the most possible themes that can be included at a test and usually he does well because he is smart. He will never do systematic reading. He is too lazy for such a thing.

Still, he is very good at producing original, unconventional and liberal ideas; it may, of course, be impossible for him or others to apply them in everyday life but still, they are original. Many poor inventors that invent peculiar machines of worthless practical use are, in fact, Sulphur individuals.

He is so fond of mysteries! He will read about the “Bermuda Triangle”, the Egyptian Pyramids, aliens, “black holes” of the Universe, scientific discoveries, detective novels, science fiction, holly books, metaphysical books, etc. He also enjoys documentaries about strange animals and mysteries of Nature, adventures, comedies, satire and several light staff. Lycopodium, on the other hand, will prefer that cultured sophisticated European movies with slow filming done by that “cult” director or that “cult” underground non-commercial actor.

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SUMMARIES OF BOOKS

1. INTRODUCTION TO THE HOMEOPATHIC MEDICINE

Another boring medical book? Another lay out of boring, specialized, scientific information?

The author, deliberately, employs live lectures to the public, in order to introduce the reader, both to the Homeopathic Medicine and to the Holistic Thinking, in a fascinating way.

The main goal of this book is to stimulate the reader to develop the Holistic Thinking, himself, so as to give his own answers to crucial questions like: “Who, am I?” “Why, do I get ill?” “Why, I keep doing the same mistakes?” “Why, am I unhappy?” “How can I become healthy and happy?” “What Therapeutic System and what doctor, should I choose?”

Who, among us, hasn’t found himself in the awkward position of attending many medical experts of the same specialty or of different Therapeutic Systems, just to hear a dozen of opinions?

Must, one, become a medical doctor in order to treat his health problems? Must, one, leave aside all medical experts? No. One, can choose to develop the Holistic Thinking in order to be able, himself, to judge each and every treatment proposed by any doctor practicing any Therapeutic System. The author “doesn’t only give fish” to the reader. He “teaches him how to fish”!

2. HOMEOPATHIC MATERIA MEDICA

Imagine that a certain Science has managed to identify and describe, in details, all the existing human personalities, all the existing human types: mode of thinking, special emotions and mode of behavior; how, each personality, tends to behave in affairs, sexuality, family, politics, religion, profession, etc.; in addition, what kind of physical and psychological diseases, each personality, tends to develop.

Wouldn’t that be wonderful!

Moreover, imagine that this identification has been done in an objective and scientific way. That is, not only through clinical observation, but, on top of that, through the scientific methodology of the Double Blind Trial. To add, imagine that this Science has succeeded in finding a way to minimize the extreme features of each personality, therefore, contributing to the prevention, as well as, to the cure of the above mentioned physical and psychological diseases, in the most harmless and natural way.

Well, this isn't some kind of imagination! This is a reality! It's the reality of the everyday clinical practice of the Homeopathic Medicine and, especially, of the Classical Miasmatic Constitutional Homeopathy, developed by the author. In the volumes of this book, the writer describes in a scientific, yet fascinating and simple way, the Constitutional Pictures that affect all of us. Would you like to know, in the deepest way, yourself, your companion, children, parents and friends? Then, you, definitely, must read this book!

3. HOMEOPATHIC CLINICAL CASES

You have, probably, heart about Homeopathy. But, apart from theoretical information, what does "homeopathic treatment", really, stands for? The only way, for anyone, to experience this, is to visit a homeopathic doctor.

However, there's another way to do this, from the convenience of the couch of your living room! One can read this book that will place him, directly, into the office of the author during a homeopathic medical examination. He can have the chance to watch the full live conversation of the homeopathic doctor with several patients. In addition, he can have the chance to find himself into the amphitheater where the author trains medical doctors watching the live full analysis of each case, step by step.

It's an amazing thing to be able to see how the Classical Miasmatic Constitutional Homeopathy, developed by the author, can interpret the full language of the body and mind of the patient. Moreover, not only of the patient, but, also, of the individual, viewed as a separate, unique personality.

How does a patient sit, how does he talk, what does he choose to wear, his body type, his diseases, his personal opinions about affairs and family, his emotions towards others, what makes him angry, how does he react to misfortunes, all the above and many more, can be interpreted and explained in a fascinating and, at

the same time, scientific way by the experienced homeopathic doctor. This can be achieved only because Medicine is both a Science and an Art. Only because Homeopathic Medicine is a fascinating Science and Art!

4. DIAGNOSIS AND TREATMENT OF ACUTE ILLNESSES

During the last decades, the prevailing Allopathic Therapeutic System, has achieved spectacular cures in the field of Acute Illnesses by the employment of antibiotics, cortisone and other such powerful chemical drugs. Nevertheless, do we have to do with radical etiological cures or do we have to do with the temporary relief or suppression of the symptoms or of the disease, apart from the serious side effects that chemical drugs cause to the organism?

The three books that refer to the Acute Illnesses (“Diagnosis and Treatment”, “Repertory” and “Materia Medica”) show to the public, as well as, to the doctor, step by step, how the homeopathic doctor handles, diagnostically and therapeutically, all the usual Acute Illnesses of every day clinical practice.

The reader finds out that the homeopathic doctor can treat effectively, almost all Acute Illnesses. He, also finds out that, when needed, the homeopathic medical doctor, cooperates with all other colleagues, without any fanaticism and prejudice, for the welfare of his patient. The medical doctor-reader ascertains the strict, scientific methodology employed by the homeopathic doctor when handling Acute Illnesses, acting both as a medical doctor and as a homeopathic doctor.

The homeopathic doctor-reader is introduced to the new, easy to use and effective method of the Classical Miasmatic Constitutional Homeopathy and, especially, to its employment in Acute Illnesses. In addition, he acquires two very useful, diagnostic reference books: The Synoptic Modified Repertory of Acute Illnesses and the Synoptic Modified Materia Medica of Acute Illnesses.

One, will not have to memorize thousands of symptoms. Nor, will he depend on Computer Expert Systems. Within a few minutes, he can select, the most deep and similar to the patient, homeopathic remedy, therefore, achieving a quick and deep therapeutic result.

5. ORIGIN AND CAUSES OF ILLNESS

Have you ever wondered why do we get ill? Does it only have to do with

superficial causes (Provoking Factors), such as weather conditions, physical exertion, excesses, germs, unhealthy diet, etc.? Are, there, deeper Primary Causes?

Is it only a matter of Physical Heredity, i.e. a matter of DNA? Or is there such a thing as Psychological Heredity? And, what is more important? Heredity or the Environment? Is it a matter of Chance or is it a matter of Destiny?

Why one baby is born paralyzed or mentally retarded, in the midst of poverty and war, having bad parents, while another baby is born healthy and smart, in peaceful and prosperous times, having loving parents? How come, three children are born in the same family, experiencing the same, more or less, parental love, yet, in terms of body type and personality, they are quite different, even opposite?

Homeopathic Medicine has discovered the Original Causes of Illness, i.e. the Miasmatic and Constitutional Influences. What are Miasms? What are Constitutions? How do they cause disorder and illness to our Body and Soul? How do they affect our thoughts, emotions and behavior? What is the complete Etiological Chain of Illness?

In this book, the author, analyzes, systematically, step by step, all Original Causes of Illness, as well as, all Provoking Factors. He tries to give answers employing the Holistic Thinking and the Universal Laws. His answers aren't absolute; they are, but, food for thought, for anyone, both scientists and the general public.

No one can treat anyone, if he isn't deeply aware of the Primary Causes of Illness and of the real nature of Man. As the French philosopher Voltaire, well put it, "Doctors prescribe drugs, for which they know some things, to diseases they know very few things, to Man, for which they know nothing at all!"

6. HOMEOPATHIC MEDICINE AND THE MIASMATIC THEORY

Have you ever wondered why do we get ill? Does it only have to do with superficial causes (Provoking Factors), such as weather conditions, physical exertion, excesses, germs, unhealthy diet, etc.? Are, there, deeper Primary Causes?

Homeopathic Medicine has discovered the Original Causes of Illness, i.e. the

Miasmatic Influences. What are Miasms? Why, each person, is born with different Miasmatic Influences? Is it a matter of Chance or is it a matter of Destiny? How, do Miasms, cause disorder and Illness to our Body and Mind? How do they affect our thoughts, emotions and behavior?

The author describes, in details, the characteristics of the Psoric person (dominance of the Psoric Miasm), the Sycotic Person (dominance of the Sycotic Miasm) and the Syphilitic Person (dominance of the Syphilitic Miasm) as to thoughts, emotions and behavior in all fields of life.

It's more than certain, that while reading these descriptions, you'll discover psoric, sycotic and syphilitic characteristics of your companions, parents, children and all others around you. In addition, you'll be able to interpret, understand and even predict, their general behavior. And that is an amazing thing!

Moreover, you'll be able to become more conscious and aware of your own behavior. I won't, any more, appear to be inexplicable and controversial. And that is a magical thing! The doctor-reader, especially the homeopathic doctor, will acquire a deep and powerful knowledge that will help him proceed to the Miasmatic Diagnosis of his patient according to the Classical Miasmatic Constitutional Homeopathy, developed by the author. This will free him from the bonds of Mechanical Methods of homeopathic diagnosis, like, for example, Repertorising, Key-Note Prescribing and Computer Expert Systems. The above methods, compared to the Classical Miasmatic Constitutional Diagnosis are more superficial and less effective therapeutically.

7. CLASSICAL MIASMATIC CONSTITUTIONAL HOMEOPATHY

Are there many Schools in Homeopathy? Why? Which is the correct one? How can, one, judge, objectively and with validity, any Homeopathic School? How can he, also, judge, objectively and with validity, any Therapeutic System?

Suppression of symptoms or Etiological Treatment? Treatment of the local disease or treatment of the individual as a whole? Treatment only of the Acute Illnesses or treatment of the Chronic Predispositions of the individual? Treatment or Prevention?

What about all those contemporary Schools of Homeopathy? Is, Clinical Homeopathy (disease oriented), true Homeopathy? Is Complex Homeopathy,

true Homeopathy? What about Repertorising, Key-Note Prescribing and Computer Expert Systems? Why the author considers the previous three Mechanical Diagnostic Methods, as less effective? Why, they can't affect the Chronic Predispositions of the individual?

What innovations characterize the Classical Miasmatic Constitutional Homeopathy, developed by the author? Why, don't, most Proving Pictures, correspond to naturally existing Clinical Pictures/Homeopathic Remedies? What's Miasmatic Diagnosis? What's Constitutional Diagnosis? What's the difference between Primary and Secondary Behavior? What's Non-Verbal Information? What are the Pathology Phases?

The author supports that the Classical Miasmatic Constitutional Homeopathy is the most interesting, deep and effective method of diagnosis and treatment, because it's founded on the Holistic Thinking and on the Universal and Homeopathic Laws.

8. HOMEOPATHIC CASE TAKING

A patient enters the doctor's office. The homeopathic doctor proceeds to the Usual Medical Case Taking: "What are your present and past diseases?" "What diseases did your parents suffered, from?" Then, follows the clinical examination and the biochemical and paraclinical tests. In the end, he reaches to the diagnosis of the main current disease of the patient.

Nevertheless, this isn't enough. He goes on with the Homeopathic Case Taking which has to do, not only with the patient but, also, with the personality of the unique individual that he has in front of him. Is he introvert or extrovert? Does he easily get angry? Does he express his anger? What annoys him regarding affair, family and others? What fears does he have? What are his dreams and desires? How does he behave to his companion, to his family and to others? Is he hot or cold? What are his cravings and aversions as to food and tastes?

All these and many other, are of use to the homeopathic doctor, in order to decide about his patient's Constitutional Picture, i.e. about his personality, both physically and psychologically. Then he will prescribe that homeopathic remedy which is most similar to the patient's present Constitutional Picture.

In the Classical Miasmatic Constitutional Homeopathy, developed by the author, the doctor focuses more on the characteristics of the individual during the State

of Clinical Health and less on the symptoms during the State of Acute Illness, for the purpose of reaching full similarity. Moreover, he considers hierarchically more important the following: miasmatic characteristics, psychological characteristics, “essence”, non-verbal behavior, general physical characteristics.

9. A THOUSAND AND ONE MEDICAL ILLUSIONS

The French philosopher Voltaire, once, said: “Doctors prescribe drugs, for which they know some things, to diseases they know very few things, to Man, for which they know nothing at all!”

Unfortunately, nowadays, every single year, dozens of chemical drugs are withdrawn from the pharmacies, as being dangerous or ineffective, although they were considered not dangerous and effective, after years of laboratory and clinical research. What’s wrong? The author supports that the problem isn’t the Medical Science, per se. The real problem is the absolute prevalence of the Allopathic Therapeutic System as the only scientific, official and orthodox one and the identification of the Medical Science with the Chemical Treatment. Allopathy has imposed the Materialistic Thinking and the view of Man only as a material organism and not as a complex, multilevel psychosomatic whole.

Since many years, most other Sciences, like Physics, Chemistry and Mathematics have adopted the idea that the Universe is primarily of Energy nature and, therefore, are strictly founded on Natural Laws that govern both the Energy and the Material Level.

Unfortunately, the Allopathic Therapeutic System denies the existence of the Energy Level of Man and downgrades his Soul, viewing it only as “brain functions”. Allopathy has “chopped” Man into little, separated, irrelevant pieces. It has given the Spirit to priests, the Soul to psychologists and the Body to doctors. In addition, it has “chopped” the Body to organic systems rendering the skin to dermatologists, the heart to cardiologists, and so on. It focuses on the part, thus losing sight of the whole!

As if this wasn’t enough, Allopathy declared all other Therapeutic Systems as non-scientific and as unorthodox, banning them from Academic Medicine. No other Science, apart from Medicine, is divided into “official” and “unofficial”, “orthodox” and “unorthodox”, “ordinary” and “alternative”, “main” and “complementary”. According to the author, the contemporary “thousand and one

medical illusions” are, mostly, due to the fact that the prevailing Allopathic Therapeutic System is not founded on any Medical Laws originating from the Universal Laws, unlike other Sciences.

The author, making use of his long clinical experience, examines most diseases from all Organic Systems, revealing numerous medical illusions, based all the time on the Holistic Thinking and on the Universal Laws.

10. REPERTORY OF ACUTE ILLNESSES

During the last decades, the prevailing Allopathic Therapeutic System, has achieved spectacular cures in the field of Acute Illnesses by the employment of antibiotics, cortisone and other such powerful chemical drugs. Nevertheless, do we have to do with radical etiological cures or do we have to do with the temporary relief or suppression of the symptoms or of the disease, apart from the serious side effects that chemical drugs cause to the organism?

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One, will not have to memorize thousands of symptoms. Nor, will he depend on Computer Expert Systems. Within a few minutes, he can select, the most deep and similar to the patient, homeopathic remedy, therefore, achieving a quick and

deep therapeutic result.

11. MATERIA MEDICA OF ACUTE ILLNESSES

During the last decades, the prevailing Allopathic Therapeutic System, has achieved spectacular cures in the field of Acute Illnesses by the employment of antibiotics, cortisone and other such powerful chemical drugs. Nevertheless, do we have to do with radical etiological cures or do we have to do with the temporary relief or suppression of the symptoms or of the disease, apart from the serious side effects that chemical drugs cause to the organism?

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12. HOMEOPATHIC TREATMENT

Half of the cure in Homeopathy, is to choose, the each time, most similar to the patient, homeopathic remedy. The other half, is to follow closely the patient's course, interpret correctly his ups and downs, his, each time needs, and interfere,

when needed, in the most correct way.

In the same way that the Classical Miasmatic Constitutional Homeopathy, developed by the author, employs strict laws in order to reach a correct diagnosis, in the same way it employs strict laws in treatment. The Homeopathic Laws provide the doctor with the necessary strict criteria in order to judge, objectively, how the patient responded to the treatment (Follow up) and what he must now do (Second Prescription).

This book about the incidents during the homeopathic treatment, gives valuable answers to critical questions like the following: “What do I do when the patient is the same or worse after the first prescription?” “Are there any kind of side-effects in Homeopathy?” “What are the strict criteria in order to decide whether an aggravation of the patient’s condition is, indeed, a Therapeutic Aggravation?”

“What is a Pharmaceutical Proving? How can it take place and how must it be dealt with?” “How do I choose the correct potency of the homeopathic remedy?” “How do I deal with Acute Illnesses that appear during the course of a chronic homeopathic treatment?” “Can Homeopathy be combined with other treatments?” “When do I employ a Parallel Treatment?” “Why must, a homeopath, definitely, be a medical doctor?”

13. CLASSICAL HOMEOPATHY E-LEARNING

Is there, a complete E-Learning Course, able to take a medical doctor, dentist or veterinarian by the hand and lead him from zero knowledge to a deep introduction into the Classical Homeopathy?

The answer is “yes”! This E-Learning Course is the outcome of dozens of years of teaching and clinical practice of the author. It was designed according to the Holistic Thinking and according to the Universal Laws, both of which are the foundations of the Classical Miasmatic Constitutional Homeopathy, developed by the author.

What is the “essence” of this method? What makes it unique, functional and effective in therapeutic action? It’s the focus on the identification of the doctor, in his mind and heart, of the holistic Miasmatic and Constitutional Pictures!

Why is it possible for anyone to talk for hours, without any kind of notes, about his close ones, describing them in full details, even predicting of how they will

react in this or that situation? It’s because he has identified the picture of the beloved person inside his mind, not by memorizing hundreds of partial information, but by focusing on the “essence” and on the whole. It’s, also, because he hasn’t only used his mind, but instead he has used his heart and his whole existence.

Man, by nature, tends to function in a holistic way and so does his brain and heart. Mechanical, Materialistic Thinking employed by the usual Educational System, spoils this natural holistic way of learning and acting.

Well, since the Classical Miasmatic Constitutional Homeopathy employs the Holistic Thinking in clinical practice, it could not but employ it also in teaching. This revolutionary method refuses to focus on memorizing isolated symptoms, no matter how important they may be, like in the case of the Mechanical Methods of Repertorising, Key-Note Prescribing or Computer Expert System. The Classical Miasmatic Constitutional Materia Medica helps the doctor identify in his mind and heart the holistic Miasmatic and Constitutional Pictures of people, not only during the State of Acute Illness, but, mainly during the State of Clinical Health.

This E-Learning Course is based on 14 books of the author and on dozens of videotaped lessons. It includes Questions and Tasks for self-evaluation. The whole Course can be completed with indirect clinical practice by attending the Athens Four Seasons School or by watching the relevant uploaded videos. The latter consists of live case taking and case presentations.

This Course is also very useful to homeopathic doctors that practice the usual methods of homeopathic prescribing. It gives them, a complete, from scratch, new approach to Classical Homeopathy. An approach that leads not only to the treatment of Acute Illnesses but to the radical cure of the Chronic Predispositions of the patient. Without any need of bulgy Repertories, Computer Programs or “experts”, it transforms the doctor into an independent scientist and clinical doctor that has mastered the Holistic Thinking, therefore, able to handle any clinical situation, no matter how complex.